

Laghu Udyog Bharati praises LG Administration for pro-people policy on Gair Mumkin Khads

Gives suggestions for easy implementation; inducts Rohit Verma as New Member

STATE TIMES NEWS

JAMMU: In a recent meeting held at Kunjwani Industrial Estate, Laghu Udyog Bharati (LUB) expressed its deep appreciation for the Jammu and Kashmir (J&K) administration's decision to create a policy to delineate Gair Mumkin Khads. The organization lauded the efforts of the Modi government, Lieutenant Governor Manoj Sinha, Chief Secretary Atal Duloo, and Principal Secretary Dr. Mandeep Kumar Bhandari, for their roles in this crucial initiative. The meeting also marked the induction of Rohit Verma, a young entrepreneur in the service sector, as a new member of Laghu Udyog Bharati with the efforts of Ishant Gupta, National Member of Mass Communication, Laghu Udyog Bharati, and Vice President of LUB J&K.



Laghu Udyog Bharati members at a meeting.

The meeting was organized under the leadership of LUB J&K President Parveen Pargal and attended by Senior Member Ajay Pargal, Vice President Ishant Gupta, General Secretary Aagam Jain, and Shiven Pargal.

LUB President Parveen Pargal highlighted that the issue of Gair Mumkin Khads, which has caused significant distress to landowners in Jammu, Samba, and

Kathua, is now being effectively addressed.

He emphasized that the new policy will segregate Khads, identifying those that do not form watercourses and allowing for the development of these lands.

According to the policy, no land will be marked as Gair Mumkin Khad unless justified by a three-tier team under the Divisional Commissioner and Deputy

Commissioner.

Pargal proposed further suggestions to simplify the procedure for implementing the policy. He stated that Laghu Udyog Bharati is proposing a classification of these water bodies like Gair Mumkin Dariya for which compulsory hydraulic modeling is necessary.

For Gair Mumkin Chui and Gair Mumkin Talab, hydraulic modeling is not possible, and verification by a joint team is needed to make a decision. For Gair Mumkin khasra numbers away from any kind of water body but

classified as Gair Mumkin Khad, verification is necessary. Similarly, for Gair Mumkin Hak, Gair Mumkin Rod, Gair Mumkin Rait, and Gair Mumkin Kool, hydraulic modeling is not possible, and verification by a joint team is required.

Pargal suggested that the involvement of multiple government agencies such as NIH, Survey of India, and State Agencies Flood Control and Revenue makes coordination challenging and time-consuming. Therefore, it would be more efficient to delegate the authority to settle these issues to the District Commissioner or Divisional Commissioner, based on the category.

Laghu Udyog Bharati remains committed to supporting the administration in implementing this pro-people policy and ensuring the development of the region.

SMVDNS Hospital organizes Multi-Speciality Camp in association with Kotli Mahajan Biradari



SMVDNS Hospital doctors and Kotli Mahajan Biradari members at a camp.

STATE TIMES NEWS

JAMMU: Shri Mata Vaishno Devi Narayana Superspeciality (SMVDNS) Hospital, in association with Kotli Mahajan Biradari, successfully organized a multi-speciality medical camp at Kotli Bhawan in Rehari, Jammu. Over 100 patients benefitted from this initiative, receiving free consultations and treatments across various specialties.

Dr. Suhail Khuroo, a renowned Gastro surgeon, attended to 58 patients, providing expert consultations and treatments for gastro-related issues.

Dr. Imran Ganai, a specialist in orthopedics, saw 62 patients, offering valuable advice and treatments for orthopedic conditions. In addition to the camp, Shri Mata Vaishno Devi Narayana Superspeciality Hospital continues its commitment to the health and well-being of local people through its Jammu centre situated at 4C/C, Gandhi Nagar.

The centre provides free chemotherapy and dialysis treatments under the Ayushman Bharat scheme, ensuring accessible healthcare for those in need. Kamal Gupta, President of Kotli

Mahajan Biradari, expressed his gratitude towards the hospital and emphasized the ongoing collaboration.

"Shri Mata Vaishno Devi Narayana Superspeciality Hospital and Kotli Mahajan Biradari will plan more such camps in the Jammu area to extend our healthcare services to the community," he stated.

This initiative marks a significant step towards enhancing healthcare accessibility and quality for the residents of Jammu. The partnership aims to continue providing comprehensive medical services and support to the community in the future.

Retirees Police League District Jammu holds monthly meeting



Retirees Police League District Jammu members during a meeting on Sunday.

STATE TIMES NEWS

JAMMU: The Retirees Police League District Jammu held its monthly meeting on Sunday, chaired by Karanjit Singh, DSP (Retd), President of the League. The session began with a two-minute silence to honor the Defence Forces personnel who recently lost their lives defending the country. Discussions focused on several key issues: addressing discrepancies in salaries and pensions for police personnel of the same rank, ensuring proper tributes and Guards of Honour for deceased ex-police personnel, and advocating for job reservations for the wards

of retired police officers in various government roles, particularly within the police and defense forces. The League also emphasized the need for financial assistance for retirees during illness or death, including support for cremation expenses. Furthermore, there was a call to include all retired police personnel in new medical schemes, rather than restricting eligibility to those who retired on or after October 2019. Members expressed their appreciation for SSP Poonch's provision of a Guard of Honour for the late ASI Manohar Lal, following instructions from the current

DGP Swain, and urged similar practices across the board.

The meeting was well-attended by retired police officials, including SSPs Suresh Kumar and Prabhdyal Sharma; SPs Som Raj Datt and B. L. Kaul; DSPs Kuldip Raj, Kamal Sharma, Shamsheer Parihar, and J. S. Chib; Inspectors Mohd Sadiq, Parshotam Bali, Mohan Singh, Kr Yoginder Singh, and Jawahar Lal Dhar, among others.

The session concluded with a vegetarian lunch, and the League thanked the police administration for their logistical support in organizing the event.

Nari Shakti Manch organises workshop on 'Woman Narrative'

STATE TIMES NEWS

JAMMU: Nari Shakti Manch, Jammu Kashmir & Ladakh and Bharatiya Stree Shakti (the organizations committed to empowering women and promoting gender equality in India through various initiatives and events striving to create opportunities for women to thrive and contribute to the nation's development) proudly organized a highly impactful workshop on the crucial topic of "Woman Narrative."

The event witnessed an enthusiastic participation from the woman folk and esteemed guests, all coming together to celebrate and discuss the significant contributions of women in shaping the future of India.

The event started with the lamp lighting ceremony by Naina Sehstarabudhe



Naina Sehstarabudhe (Vice President Bhartiya Stree Shakti) and others at a meeting.

(Vice President Bhartiya Stree Shakti), Dr. Maneesha Kothekar (Organizing general secretary, Bhartiya Stree Shakti) and Mamta Singh (President Nari Shakti Manch, Jammu Kashmir & Ladakh).

Mamta Singh (President Nari Shakti Manch) highlighted the importance of recognizing and empowering women's roles in various sectors, she further highlighted the significance

of women's contribution to India's growth, emphasizing education, skill development, entrepreneurship and addressing gender bias.

This was followed by an inspiring and informative session by the eminent speaker and guest, Dr. Maneesha Kothekar (Organizing General Secretary Bhartiya Stree Shakti), who emphasized the need for increased opportunities and support

for women to fully realize their potential in contributing to the nation's development. She further focused on the exemplary works of the women in the development of traditional and modern era.

In her address Naina Sehstarabudhe (Vice President Bhartiya Stree Shakti) said that the role of women in developing India is multifaceted and crucial for the nation's progress.

As India continues to

evolve economically, socially, and politically, the contributions of women in various sectors are increasingly being recognized and celebrated.

She further expressed her gratitude to all participants, speakers, and organizers for making the workshop a grand success.

She reiterated the organization's commitment to continuing its efforts in advocating for gender equality and empowering women to play a pivotal role in India's development. Earlier, special remarks were presented by Dr. Neetu Kumari.

The workshop concluded with a vote of thanks by Meena Kumari, who appreciated the collective efforts of everyone involved in making the event a memorable and enlightening experience.

Youths must register themselves as voters: Keshav

STATE TIMES NEWS

JAMMU: Keshav Chopra, Chairman of Samvedna Society, on Sunday submitted several forms for new voter enrollment, corrections in the voter list, and Aadhaar and mobile number updates to the respective Booth Level Officers (BLOs) at a camp organized by the Election Commission of India at Talab Tillo. During the camp, Keshav Chopra expressed his gratitude towards the Election Commission, JKUT Administration, and especially the Booth Level Officers for their tireless work and dedication in conducting voter awareness camps at various locations.

He emphasized that the motive of Samvedna Society is to reach out to as many voters as possible, particularly new voters who have



Chairman Samvedna Society, Keshav Chopra submitting several forms for new voter enrollment to BLOs.

reached the required age set by the Election Commission and will be casting their vote for the first time.

Keshav urged youths to register themselves as voters and encouraged people to help others who have not yet enrolled to visit their respective BLOs to ensure their names are included in the electoral list for the upcoming

elections. He also requested the Election Commission of India to continue organizing these voter awareness camps in the future to maximize their reach and benefit.

Anju, Ritesh Peer, Abhishek Gupta, Manoj, Sushil Gupta, Sourav, and others were also present at the event.

VKMI, Sarv Uthan Trust organizes Yoga class



VKMI and Sarv Uthan Trust members at a programme.

STATE TIMES NEWS

JAMMU: The Sunday Yoga class, organized by Vihar Kranti Manch International (VKMI) and Sarv Uthan Trust, continues to inspire participants with its focus on meditation and yoga. This week, the session featured S. Gurmohan Singh ji, a preceptor from Heartfulness, who led a meditation session.

The event began with a series of Yogasans practiced by Dr. Shreyansh Kumar Jain, State Yoga Commissioner, Chairman of

the Indian Yoga Association, and President of VKMI. The session included standing, sitting, and lying postures such as Tadasan, Ashwathanasan, Kati Chakrasan, Utkatasan, Vajrasan, Shalbhahan, Konasan, Ushtrasan, Bhujang, Shalbh, and Pawanmuktasan. Following the asanas, participants engaged in Pranayama exercises, including deep breathing, Chandranulom, and Anulom Vilom.

Ashok Gupta, Global Vice President of VKMI, State

Vice President of Bharat Vikas Parishad, and Managing Chairman of Sarv Uthan Trust, led a segment on Hasya Yoga, exploring its benefits and applications.

Dr. Jain introduced the concept of meditation as a means to unlock boundless creativity. He emphasized that creativity is as limitless as the sky and that meditation helps reconnect with our innate potential. Despite the distractions of modern life, meditation offers a way to embrace our

true selves and find inner peace. Gurmohan Singh was introduced and honored by active members including Yashpaul Sharma, Suresh Chand Gupta, Lavan Gulati, Narendra Vadhara, Ashok Gupta, Dr. Jain, and Anju Bansal. Singh discussed Heartfulness, an Indian-origin, non-profit organization with a global presence in over 160 countries and headquarters in Kanha Shanti Vanam, Hyderabad. The organization's mission is to promote love and brotherhood through meditation.

Singh demonstrated Heartfulness meditation, focusing on the divine light within the heart, which helps alleviate stress, anxiety, and disturbed sleep while enhancing wisdom and balance in life. Yash Paul Sharma, Director of Skill Development and Life Member of VKMI, concluded the session with a heartfelt vote of thanks.