

MOVIE REVIEW

Thalaivii



Director: A. L. Vijay
Cast: Kangana Ranaut, Arvind Swami, Bhagyashree Samuthirakani, Raj Arjun, Jissu Sengupta

STORY: The film chronicles the life of actor-turned-political Jayalalithaa (Kangana Ranaut), her relationship with the legendary M. G. Ramachandran (Arvind Swami) and her tumultuous rise to power as the former chief minister of Tamil Nadu.

REVIEW: While a lot of 'dialoguebaazi' and slowmo walks populate the stretchy political second half, the film's strong point lies in its heartachingly poignant love story. A former filmwali heroine rising to power doesn't go down too well with the men and that point is conveyed in a repetitive and theatrical manner. Shoddy editing and a loud background score is another issue.

Dialogues are painstakingly written and hit the right note. "Mahabharat ka dusra naam jaya hai" sums up Jaya's life perfectly. A scene where Jaya tells her ailing mother that people only remember you when they need you, her mother rightly argues, "Bina Matlab ke log bhagwaan ko bhi yaad nahi karte." From Conical bras of the 60s and 70s to the winged eye makeup and props, the recreation of a bygone era is done well.

Thalaivii pays a resounding ode to Jaya-MGR's poignant love story. The political portion feels reverential and lacks objectivity.

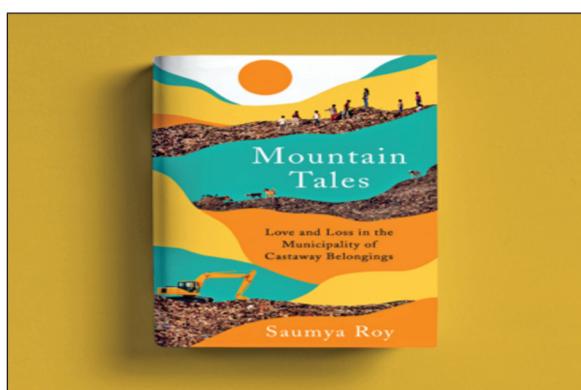
In-depth Analysis

Our overall critic's rating is not an average of the sub scores below.

Direction	3.5/5
Dialogues	3.5/5
Story	3.5/5
Music	3.5/5
Visual appeal	3.5/5

BOOK REVIEW

Mountain Tales



Title: Mountain Tales

Author: Saumya Roy

Genre: Non-fiction

Publisher: Profile Books

Pages: 304

Price: 699 INR

Review: Journal-activist Saumya Roy's debut book 'Mountain Tales: Love and Loss in the Municipality of Castaway Belongings' released in August 2021. In this book, Roy chronicles the lives of the often neglected waste-pickers living in the Deonar landfill of Mumbai, which is a world in itself.

Mumbai's Deonar landfill has been there for nearly 122 years and it houses millions of tonnes of waste spread over 314 acres of land. Shockingly, some of these garbage dumps are as high as 18-storeys! Yet so little is known about it or the people who live there. In her book 'Mountain Tales', Roy explores the lives of the people residing in these dumping grounds, who have made a livelihood out of recycling, reselling or reusing waste. In this book, Roy tells the story of a teenage rag-picker Farzana Shaikh, who lives in the Deonar landfill, and how over the years she finds discarded toys, clothes, food, friendships and love-all in these garbage mountains. While this is a story of the waste pickers of the Maximum City, it is through their lives that Roy highlights the impact of urbanisation, over-consumption, pollution and waste (mis)management on the poorest of the poor in our society.

Roy writes this piece of non-fiction with utmost care and empathy. This is not just a story of Deonar's history and its social and legal issues but it is also about the lives of the people living there who play an invisible yet important role in our lives. While the book focuses on the garbage mountains of Mumbai and the rag-pickers living there, it deals with a topic which is globally relevant in our times.

GADGET REVIEW

Realme 8i



Expected Price **Rs 10,999**

Display 6.59-inch

Processor MediaTek Helio G96

Front Camera 16MP

Rear Camera 50MP + 2MP + 2MP

Rear autofocus Yes

Rear flash Yes

RAM 4GB

Storage 128GB

Weight (g) 194.00

Battery Capacity 5000mAh

OS Android 11

Wi-Fi Yes

GPS Yes

Bluetooth Yes

USB Type-C Yes

Headphones 3.5mm

Fingerprint sensor Yes

Proximity sensor Yes

Accelerometer Yes

Ambient light sensor Yes

Pros

- * Bright and large 6.59-inch multi-touch capacitive FHD.
- * Massive 5000 mAh battery with 18W quick fast charging.
- * Latest Android 11 OS.
- * Good Speakers.

Cons

- * Wireless charging is not available.
- * No Gorilla glass protection.

VEHICLE REVIEW

Suzuki Burgman Street



Starting Price

Rs. 84,300 - 87,800*

Displacement 124 cc

Engine Type 4-Stroke, 1 Cylinder, Air Cooled

No. of Cylinders 1

Max Power 8.7 PS @ 6750 rpm

Max Torque 10 Nm @ 5500 rpm

Front Brake Disc

Rear Brake Drum

Fuel Capacity 5.5 L

Braking Type Combi Brake System

Charging Point Yes

Mobile Connectivity Bluetooth

Shutter Lock Yes

Clock Yes

LED Tail Light Digital

Speedometer Digital

Odometer Digital

Tripmeter Digital

Fuel gauge Yes

Drive Type Belt Drive

Starting Kick and Self Start

Pros

- * Modern and exclusive styling.
- * Adequate under-seat storage.
- * Air-cooled and high-capacity engine.

Cons

- * Very few safety features.
- * Could have done better with brakes.

Health and Lifestyle

5 exercises you need to get a complete upper body workout



ing dumbbells in each hand.

Step 2: Stretch your hands overhead, keeping your spine straight and neck neutral. It is your starting point.

Step 3: Move your hands sideways in a semi-circle to bring your hands down, perpendicular to the floor. At the same time squat down.

Step 4: Pause, stand up and take your hands overhead from sideways making a semi-circle pattern to complete one repetition.

Biceps curl to reverse shoulder press

Step 1: Stand straight with your feet hip-width apart. Hold a dumbbell in each hand and keep your arms straight.

Step 2: Keeping your upper arms stationary, curl the weights to bring them at your shoulder level while contracting your biceps.

Step 3: Bring the weights as high as possible without moving your elbows.

Step 4: Hold this position, and then slowly extend your arms back.

Step 5: Again bring them down to complete one repetition.

Dumbbell chest fly with pullover

Step 1: Lie down on your back with your knee bend and feet lying flat on the ground. Hold a dumbbell in both hands.

Step 2: Lift your feet to bring your shins parallel to the ground.

Step 3: Bring your hands above your chest and extend your arms upwards. Your palms should be facing each other.

Step 4: Slowly lower the weights to the sides to bring them in line with your chest.

Step 5: Pause, bring them back up above your chest, then stretch your hands over your head.

Step 6: Hold this position, and then slowly extend your arms back.

Step 7: Again bring them down to complete one repetition.

Superwoman/man

Step 1: Lie down on your stomach with your arms stretched above your head and legs extended behind you. (just like Superman)

Step 2: Engage your glutes and lower back to lift your arms, legs, and chest off the floor.

Step 3: Pause for 2-3 seconds and then go back to the starting position to complete one repetition.

Dumbbell bent over semi-circle

Step 1: Stand straight with your feet hip-width apart, holding dumbbells in each hand.

Step 2: Stretch your hands overhead, keeping your spine straight and neck neutral. It is your starting point.

Step 3: Move your hands sideways in a semi-circle to bring your hands down, perpendicular to the floor. At the same time squat down.

Step 4: Pause, stand up and take your hands overhead from sideways making a semi-circle pattern to complete one repetition.

Dumbbell bent over semi-circle

Step 1: Stand straight with your feet hip-width apart, holding

ASTROLOGY

WEEKLY PREDICTIONS 12TH—18TH SEPTEMBER 2021



ARIES

MAR 21 - APR 19

Virgo makes an inconjunct to Jupiter in Aquarius in your house of friendships. Every change you make can mean leaving your old life behind. This may not sit well with a particular friend. This person might be concerned that if you commence exercising, start a business, or take up guitar, that they will lose their connection with you.



LIBRA

SEP 23 - OCT 22

Finding balance means constant adjustments. Libra, your natural ability to pivot will be helpful this week. On Tuesday, September 14, the sun in Virgo, in the house ruling your inner life, makes an opposition to Neptune in Pisces. You may dream of moving to another part of the world, changing careers, or having different relationships.



TAURUS

APR 20 - MAY 20

The sun in Virgo, in your house of risk-taking, makes an opposition to Neptune in Pisces. Today, you may have some inspiration to create or feel motivated to take a chance. This could involve getting with a friend and playing music together, finding a tutor to help you paint pictures, or going through a tutorial on tailoring clothes. Today you can start to see your vision take shape.



GEMINI

MAY 21 - JUN 20

There will be some choices to make this week, but Gemini, you love options. The sun in Virgo, makes an opposition to Neptune in Pisces. Today, you could be dancing around the living room, enjoying the peaceful privacy of your bedroom, and cooking in your happy kitchen. Or you may be really dissatisfied with your current dwelling. Today you can get a vision of where you really want to live.



CANCER

JUN 21 - JUL 22

You may do a lot of juggling this week. Cancer, remember to keep your eye on the ball. The sun in Virgo, in your house of communications, makes an opposition to Neptune in Pisces. It's like you have a direct line to the Universe and your angels. Today doing prayer, meditation, or chanting can be very helpful. Let the Universe know your wishes, and then allow whatever happens to happen.



LEO

JUL 23 - AUG 22