

Talent Corner

Poem — Oh My Teachers

Oh my Teachers, you always show your grace,
You are the great, no one can take your place.

When Times was tough you did not give up,
From morning to noon
You came from classroom to zoom.

When outside was danger, You were frontline worker,
You prove your nature, That you are the teacher.

In every field you never hesitate,
Oh my teacher you are the great.

When nation calls, you always be ready.
During this Pandemic you helps needy.

Your selfless service, Always be honoured.
Your work round the clock will never be ignored.
I salute you zeal and passion,
I always respect you and your profession.

Satish Chandel, Sr. Lecturer in Physics
Govt. HSS Jakhbar (Kathua)

Poem — The Creature Destination

Those in camouflage and dejection,
are your men, loved distraction.
My Lord! supper controller is you,
don't deflect for adornation.

I landed to govern,
Divinity caught me in worn.
The moments I got,
found your creature as wrought.

It seems time-departure approaching,

It seems the other world waiting.
Lord! You are the hope for those lorned,
You don't deject your men, abandoned.

We ride horses to different hoel,
Every race end at your settled goal.
We are your men, rinse bad deeds,
Shower blessings and beautify soul.

Shahid Mehboob,
Kashmir.

SUDOKU

	8	4		2	9	5		1
5	7				1		3	
6		2						
	3		5			9	6	
				3		1		4
2		6	9					
	5							
7					3			6
		1						

SOLUTION OF LAST WEEK SUDOKU								
4	8	2	6	7	9	5	1	3
6	3	1	4	2	5	9	7	8
9	5	7	1	8	3	2	4	6
8	9	4	5	1	7	6	3	2
1	2	5	8	3	6	4	9	7
3	7	6	9	4	2	8	5	1
2	6	3	7	9	4	1	8	5
7	1	9	2	5	8	3	6	4
5	4	8	3	6	1	7	2	9

MAZE



COMPLETE THE PICTURE



CAREER AID

Surgical Technology

Surgical Technology or Operation Theatre Technology is a specific technical profession in the field of health science. Those who are allied with this fast paced and challenging career are called Surgical Technologists (ST). Also known by the names Operating Theater Technicians (OTT), Surgical Scrubs and Operating Room Assistants, these technical medical professionals are an essential part of the operation unit team who work along with the surgeon, anesthesiologist and nurse in order to provide quality patient care before, during, and after surgery.

Surgical Technologist/ Operating Theater Technician ensure that every single procedure in the operation theatre is as safe and successful as possible. Their primary duty is to take care of all the work and management of the operation theatre which includes looking after all the surgical instruments, their sterilization, arrangement of operation theatre table, dressing table, instrument table as well as anesthesia table. They also look after the drugs required for surgery, anesthetic gases, drapes and all the linen and their sterilization. They assemble both sterile and non-sterile equipment and at the same time adjust them to make sure that all are working properly.

During a surgical procedure, along with the surgeon and nurse, Surgical Technologists also play a major role in the successful outcome of the surgery process with their level-headedness and alertness. These specialized staff handles the instruments, supplies, and equipment necessary during surgical procedures in the operation theatre. They anticipate the needs of the surgeon and react quickly to emergencies by providing appropriate instruments in the correct manner. This is a job with great responsibility as any careless approach by a Surgical Technologist can cause any significant operation to go wrong.

Academic Requirement :



Diploma in Operation Theatre Technician, BSc Surgical Technology and MSc Surgical Technology are the major courses in the field of OTT/ ST. The basic eligibility criteria for the 2 year Diploma and 3 year B.Sc. course is 10+2/ intermediate pass or its equivalent. The candidates should have a minimum of 50% marks for Physics, Chemistry, Biology and Mathematics for the 12th standard board examination. Some institutes offer 3 year diploma and 1 year certificate course for those who have passed 10th/ matriculation.

Course curriculum of Surgical technology comprises of a meticulous classroom training in subjects like Anatomy and Physiology, Biomedical Science, Pharmacology, Pathology, Microbiology, Obstetrics and Gynecology etc. Fundamentals of surgical procedures, equipment operation and handling skills are imparted during the course. The students are also provided hands-on clinical experience, seminars, computer-

aided learning and visits to industrial units.

Colleges and Institutes:
Martin Luther Christian University : Allied Health Science Department, Shillong
 Martin Luther Christian University,
 Dongkietie, Block -1, Nongrah ,
 Shillong (Khasi Hills Dist.) - 793006
 Meghalaya
Armed Forces Medical College (AFMC), Pune
 Wanowrie , Pune (Pune Dist.) - 411040
 Maharashtra
Om Sai Para Medical College, Saharanpur
 Near Railway Station , Saharanpur (Saharanpur Dist.)
 Uttar Pradesh
Tripura Institute of Paramedical Sciences (TIPS), Agartala
 Hapania, Amtali , Agartala (West Tripura Dist.) - 799014

Tripura
Delhi Paramedical and Management Institute (DPMI), Tikamgarh
 B-20, New Ashok Nagar ,
 Tikamgarh (Tikamgarh Dist.) - 110096
 Madhya Pradesh
Post Graduate Institute of Medical Education and Research : College of Nursing, Chandigarh
 Sector 12 , Chandigarh (Chandigarh) - 160012
 Chandigarh
Shridevi Institute of ParaMedical Sciences, Bangalore
 Sira Road, Tumkur, Bangalore,
 Karnataka , Bangalore (Bengaluru Dist.) - 572106
 Karnataka
S.I.T College , Ramanathapuram
 1901/1, Old check post,
 Ramanathapuram ,
 Ramanathapuram (Ramanathapuram Dist.) - 623503
 Tamil Nadu
Shri Dhanwantri P.G. Ayurvedic Medical College, Mathura
 Village Semri, Chhata, N.H-2 ,
 Mathura (Mathura Dist.) - 281006
 Uttar Pradesh
Glocal University : School of Paramedical Sciences, Saharanpur
 Delhi-Yamunotri Marg (State Highway 57),
 Mirzapur Pole , Saharanpur (Saharanpur Dist.) - 247121
 Uttar Pradesh.

If you have any ideas, poems, stories,
 paintings that you would like to share with us,
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 or send via email to statetimes1@gmail.com