

Silver medalist Indian Men's U-20 Volleyball Team meets Vice President Jagdeep Dhankar



Vice-President, Jagdeep Dhankar congratulating Captain of Indian Volleyball Team, Dushyant Singh Jakhar and posing for a group photograph with silver medal winner Volleyball team.

■ STATE TIMES NEWS

NEW DELHI: India's Men's Volleyball Under-20 team led by captain

Dushyant Singh Jakhar, which won Silver in recently concluded 21st Asian Men's U-20 Volleyball

Championship held at Riffa, Bahrain, on Wednesday met Vice President Jagdeep Dhankar here.

The Vice-President, Jagdeep Dhankar also congratulated the Captain of the Team, Dushyant Singh

Jakhar for having won the 'Best Blocker of Asia' award and also greeted the whole Indian Men's U-20 Volleyball

Team for their outstanding performance in the event.

The Vice-President honoured the Indian Men's U-20

Volleyball Team and extended his best wishes for the forthcoming FIVB Volleyball Men's U21 World Championship 2023 to be held next year.

He assured Indian team that he will extend all help to the budding players and Volleyball Federation of India for promoting and developing the volleyball game in India.

Anil Choudhary, Secretary General, Volleyball Federation of India also present along with team members who met the Vice-President of India.

Dhankar's office also shared photographs and a short video of the interaction.

Aneesa of Jammu in Indian Shooting camp

■ STATE TIMES NEWS

JAMMU: Aneesa Sharma, a shooter of Mission Olympics Shooting Academy (MOSAJ) has been invited for the India camp starting from tomorrow at New Delhi.

Aneesa got the call for the camp considering her performance at the National level with the average score of 622.8.

This young shooter trains under the guidance of Vishal Mehra and Aman Singh at the Mission Olympic Shooting Academy.

Meanwhile, J&K Rifle Association (JKRA) congratulated Aneesa for the achievement. The JKRA chairman, DGP J&P Police, Dilbag Singh; president, Kuldip Singh Jamwal; general secretary, Amjad Parvez Mirza and treasurer S S Sodhi as also Sharat Chander Singh wished her a success.

Soham creates history, becomes International Master



Members of Vivek Chess Academy honouring Soham Kamotra.

■ STATE TIMES NEWS

JAMMU: Vivek Chess Academy honoured Soham Kamotra for achieving International Master (IM) norm in recently concluded Abu Dhabi Chess Masters Chess Tournament at Abu Dhabi. Vivek Bharti the owner of Vivek Chess Academy presented a prize of Rs. 5000 and appreciated his achievement and wished him good luck for future endeavours. A number of other students of the Academy were also present. With this achievement, Soham Kamotra has become first player from J&K to earn the distinction of becoming IM. In fact, he defeated two GM's and one other player and drew with 4 IM's to achieve the IM Norm during the Dubai event. "Exceptionally talented Soham has got the first IM norm. In fact, three IM norms are required to become IM in Chess. The first is always difficult, so he has achieved it. The will be soon attain the next two to finally create history. We look forward to happen it soon," said President of All J&K Chess Association, Atul Kumar Gupta.

Budgam, Pulwama, Shopian Carrom meet from Sept 10

■ STATE TIMES NEWS

JAMMU: Jammu and Kashmir Carrom Association shall hold district championships at Budgam, Pulwama and Shopian under the banner of concerned district associations from September 10. To begin with district championship shall be held at Budgam on September 10 at Multipurpose Sports Hall, Budgam. It will be followed by two-day district Pulwama and Shopian Championships from September 13 at the same venue of Sports Hall, Raj Pora, Pulwama. The competition shall be held in Sub-Junior, Junior and Senior categories of both boys and girls, a handout issued by the Association informed. All the desired players, interested schools, institutions, clubs of concerned districts are advised to register their players on email jkcarrom@gmail.com in the format. For further information, players can contact secretary of the Association, Arif Sultan or General Secretary, Adil Shah (9070000093).

Every teacher must be an influencer, a learning maximizer: Principal JKPS Kunjwani



Principal JKPS Kunjwani, Rajesh Rathore addressing a training programme for teachers of the school.

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■ STATE TIMES NEWS
JAMMU: Principal JKPS Kunjwani, Rajesh Rathore organized a training programme for the teachers of the school, wherein he shared the nuggets of wisdom & time-tested strategies to maximize the teaching-learning process in the classroom & to influence children for the lifelong learning.

Here are the brief reflections on the components touched during the workshop:

*Start your class with some warm up activity: Children love variety and routine causes monotony. He asked teachers to start every class with some warm up activity with active involvement of the teachers.

*Explore Collaborative learning, not Teaching in the class: He emphasized on the collaborative learning, as learning by doing in a group lasts longer and makes children learn group dynamics in a better way.

*Generate the wow experience in your class: He invoked teachers to create the wow factor in the class and only then children will feel the wow experience, which gets etched on the records of reminiscences.

*Create the culture of expression, not a culture of a right answer: He drew the attention of the teachers towards the originality of ideas. After good deliberations, teachers promised to accept creative answers from students through vari-

ety expressions, not just the expression from the textbook.

*Use mind maps to teach/revise the work done: Mind maps help children retain the information. They find it easier to recollect and express a mind map later on.

A well laid down Mind map calls for a conceptual clarity. A clear map gets impinged forever.

He appealed teachers to change their perception from conventional to unconventional. He asked them to form their own alphabetical series, like: A for Android, B for blackberry & C for Cloud

He also made a clarion call to teachers to make an appeal to the heart of their children before their brains. Connection with heart shall fetch them more lasting results. Emotional bonding is eternal, whereas professional bonding is ephemeral.

He appealed them to bring an element of theatrics in their teaching. He narrated a few stories to establish the

shade of zing & zest in the classroom. He asked them to share a story which should make them read the teacher's eye balls.

Giving students ownership & responsibility in the class can fetch rich dividends to a teacher, he narrated a few anecdotes to prove his point.

He deliberated upon making online blogs for students to comment on the day's feedback.

Teachers like the idea of sharing atleast one educational link of the day with students, he said.

Quoting some examples, he appealed teachers to appreciate every little improvement in the class, like, Hey, I'm excited being here in the class; All my students are the most adorable in the world; I want you guys to learn well in my subject.

Variety deliberations established the fact that we must respect the divergent views of the students in the class.

The Principal lauded teachers for their high

degree of patience and appreciated them to be the Zen Masters, not the Ring Masters.

He also praised the teachers for being warm & courteous towards their students, for putting their ego aside & for treating every child as a VIP.

He expressed his joy over the school tradition for singing the birthday song for the b'day students in the assembly. It works wonders.

He asked teachers to write the names of children from their respective class on a piece of paper. He appreciated all the teachers, who successfully and quickly wrote the names of children. He summed up saying: Be a Rockstar teacher by remembering the first name of all

your students.

To foster the bonding with students, he requested teachers to make a phone call to a few students after the school hours.

Teachers applauded the idea of setting a Milestone Chart for every student's success.

One of the best take aways of the Enrichment session proved to be idea: Winners 'make it happen' & losers 'let it happen'.

He requested teachers to bear the complete moral responsibility of the class. He wrote on the whiteboard: Accept 100% responsibility for your class/subject result.

Striking the emotional chord of every teacher's heart, he stated that never carry a grudge or a disliking

for any child ever.

Although the sense of humour is a God's gift and it's difficult to develop it artificially. He appealed them to cultivate the sense of humour, as it always helps.

God has been so kind and generous to have gifted every human with a smile. He took a promise from every teacher to adorn their charming faces with a broad smile always.

Summing up the marathon session, the Principal Rajesh Rathore said, "Love your students & make them feel that they are the most important people for you".

All the teachers expressed their heartfelt thanks to the Principal for enriching them with his pearls of wisdom.

KNIT Green Model Academy conducts plantation drive



Chief Guest, Nisha Natyal CO 2nd Bn SDRF Jammu posing with students and faculty members during plantation drive.

■ STATE TIMES NEWS

JAMMU: A massive plantation programme was undertaken at the KNIT Green Model Academy, here on Wednesday.

The Chief Guest, Nisha Natyal CO 2nd Bn SDRF Jammu, spearheaded the plantation drive.

Bindiya Sambyal, Director of the School, along with stu-

dents and staff were also present on the occasion. Over 100 saplings were planted.

Speaking on the occasion, Nisha Natyal emphasized that plantation is very important for the community and this initiative will go a long way in inculcating awareness among the students about environment conservation.

These trees are an investment for the future generation that shall provide natural shade in open spaces and provide cleaner air to breathe by increasing green cover, she said and appealed to students to adopt trees for the 100 per cent survival and healthy growth of each sapling into a full-fledged tree.

Tawi Trekkers felicitates Nirmal, Monty



Tawi Trekkers members posing with Everester Nirmal Kumar and Kangchanjunga summiteer Monty Rajkhowa.

■ STATE TIMES NEWS

JAMMU: Everester Nirmal Kumar and Kangchanjunga summiteer Monty Rajkhowa of Tawi Trekkers J&K, who recently sealed Kang Yatse peak (20500ft) in Ladakh were felicitated by Tawi Trekkers J&K here today.

Ashwani Sharma, former Legislator felicitated the mountaineers in the presence of Ram Khajuria, president and Shawetaica Khajuria, general secretary of Tawi Trekkers J&K.

Prominent among present included patron of

the Club, Rahul Sharma, Suman Lata, Director Physical Education GCW Parade; Vivek Chauhan;

Narinder Singh Slathia, Sushil Singh, Shashi Kant Sharma, and Sunil Chakharia, senior members

of Tawi Trekkers besides Shivani Charak, an international sport climber; Vaibhav Sharma and Rohit

Khajuria.

It may be recalled that three mountaineers of Tawi Trekkers J&K had scaled Kang Yatse peak in Ladakh in the second week of August. While Nirmal Kumar, a Superintending Engineer and Rahul Jarangal, an Executive Engineer were part of the ONGC mountaineering expedition to Kang Yatse-II.

Monty Rajkhowa, also a Superintending Engineer in ONGC did it in her personal capacity as a member of Tawi Trekkers J&K.

The Club, Rahul Sharma, Suman Lata, Director Physical Education GCW Parade; Vivek Chauhan;

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Inter Zonal District level Tournament

Zone Kathua boys dominate second day



Dignitaries interacting with players at Kathua.

■ STATE TIMES NEWS

KATHUA: The Inter Zonal District level Tournament for under 19 year boys and Girls got underway at Trikuta Ground Dayala Chak, here.

The Tournament is being held under the overall supervision of District Youth Services and Sports

Officer Kathua Sunil Kumar. Others present were Activities Incharges Dharminder Singh PEM, Nasib Chand PEM, Parveen Singh PEM and Joginder Kumar PEM.

Final results BOYS: Kabaddi: Zone Kathua beat Zone Barnoti by 11 points. Badminton: Zone Kathua beat Zone

Lakhanpur by 2-0. Kho-Kho: Zone Bhaddu beat Zone Basoli by 14 points. Volleyball: Zone Hiranagar beat Zone Bhaddu by 2-0 sets.

Football: Zone Kathua beat Zone Sallan by 1-0. Cricket: Zone Billawar beat Zone Malhar by 9 wickets. Skipping: Rayneesh of Zone Malhar emerged winner.

"The event has been

allotted to be organised

jointly by the CABJK and Cricket Association for the Blind in Kerala (CABK) from October 6 to 11," informed General Secretary of the

CABJK, Ajay Kumar.

In this tournament five teams representing Kerala, Madhya Pradesh, Delhi, Haryana and J&K shall compete on Round Robin

basis.

Since the hosting of event involves lots of funds, the CABJK has decided to approach Jammu and Kashmir Sports Council (JKSC) and Jammu and Kashmir Police (JKP) for help in hosting the event.

"Both these organisations have got the resources and

help promote sports in J&K. So, the CABJK has decided to request them to help