

Amandeep Hospital sets-up clinic in association with Alleviate Pain Clinic

STATE TIMES NEWS

JAMMU: Amandeep Group of Hospitals, a leading healthcare provider in the region organised a conference on 'Non-Surgical Solutions for Pain Management' on Wednesday. During the conference, the group announced its collaboration with the Alleviate Pain Clinic and the establishment of a Pain Management Clinic.

The clinic focuses on alleviating pain through Non-surgical procedures and is already offering Platelet-Rich Plasma (PRP) therapy to its patients.

Dr. Parampreet Singh (Consultant - Orthopaedics & Pain Management Specialist) and Dr. Swagatesh Bastia (Fellow in Trauma & Orthopaedics (UK) and Fellow in Pain Management) were the official speakers of the conference held at Amandeep Hospital's OPD Clinic at

RM Public School wins Debate competition



Winner student receiving award from dignitaries.

STATE TIMES NEWS

JAMMU: A debate competition on the topic "who is responsible for environment downfall in India people or Govts" was held at Shiksha Niketan Higher Secondary School, Jeevan Nagar here on Wednesday.

The debate was part of environmental awareness campaign dedicated to 75th Platinum Celebration of Independence to create awareness through the medium of education and academic activities as well as celebration of

Hindi Diwas organized by J&K Rural Sports Club (NGO) in collaboration with RM Public School and Shiksha Niketan Educational Group of Institutions assisted by J&K UT Urban Forestry Department Jammu.

DFO Headquarter Chief Conservator of Forest Jammu Range, Ravinder Singh was Chief Guest whereas Surinder Singh Jangral Range Officer

was Guest of Honour.

Earlier, 75 saplings were planted by School and participating students, guests, teachers and faculty members whereas more than 150 were distributed amongst the students with direction to keep their proper watch and ward to spread the message of environmental at grassroots level.

Rajeshwar Mengi, Principal cum Chairman of the institutions spoke on the occasion.

Narinder Singh President J&K Rural Sports Club gave away the prizes and plants to all the participants and teachers. First and second positions were bagged by RM Public School and Shiksha Niketan School respectively while third position was secured by Govt Girl Higher Secondary School Miran Sahib girls.

Ravjeet Singh, Organizing Secretary, Harish Sharma Headmaster and forest officials were also present.

Sikh delegation calls on DC Reasi, seeks removal of illegal possession over Gurdwara building at Ram Gali



Deputation of Sikh organizations led by Balvinder Singh, Vice President DGPC Jammu calling on DC Reasi.

STATE TIMES NEWS

REASI: A deputation of representatives of various Sikh organizations led by Balvinder Singh, Vice President DGPC Jammu and comprising Jagjeet Singh President, Janak Singh Secretary, Rajinder Singh Vice President, Karanjit Singh Treasurer DGPC Reasi, Harjeet Singh, Tejinder Singh, S S Rajinder Singh, Janak Singh and Sharanjit Singh called on Deputy Commissioner Reasi, Babla Rakwal and submitted a memorandum demanding immediate

removal of illegal occupation from Gurdwara building at Ram Gali Reasi.

Speaking on the occasion, the members of deputation stated that Gurdwara Sahib was burnt by some miscreants in 1984 and later on, someone occupied it illegally. They further stated that local Sikh population brought the matter to the notice of higher authorities time and again and especially in 2007 & 2015, after which the matter was investigated by the then Deputy Commissioners Reasi and the report by

Tehsildar Reasi & Patwari concerned confirmed illegal occupation of Gurdwara building. The members further stated that it is really sad that nothing was done by the administration to get the Gurdwara building vacated besides handing over the possession of same to Sikh community or elected Committee of DGPC Reasi. The deputation also highlighted another incident wherein where someone entered a room of Gurdwara Sahib Talwara by breaking wall as Sewadar was out. Later, Sewadar reported the matter to SSP Reasi, who further forwarded the complaint to concerned SHO.

The deputation urged DC Reasi that keeping in view the sensitivity of issue, the matter should be given top priority and taking immediate steps should be taken to get the building vacated and hand-over possession of same to DGPC Reasi.

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Division Bench is in total agreement with findings/observations made by the Writ Court after careful consideration of the matter and do not find any infirmity or illegality in the judgment/final order. DB further observed that the Single Judge, while parting with the judgment has observed that since the petitioner has made out a strong case for his



Dr. Parampreet Singh talking to reporters at Jammu.

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"PRP is a lifesaver for patients who are medically unfit to undergo surgery", said Dr. Swagatesh Bastia. He added, "It is safe, requires no precautions and is also beneficial for patients who have to delay surgery for some personal reasons."

According to the speakers, PRP is highly effective in mitigating pain linked with joints, cancer, the spine, and more.

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AIR News Unit Srinagar invites applications for various casual positions

STATE TIMES NEWS

SRINAGAR: Applications in prescribed format are invited from interested candidates aged between 21 years and 50 years, residing in J&K Union Territory for the empanelment of Casual Newsreader-cum-Translators (Kashmiri, Urdu, Gojri & Pahari) and News Editors on Casual Assignment basis (as and when requirement basis) in Regional News Unit, All India Radio (AIR) Srinagar.

The minimum qualification for Casual News Readers cum Translators must be graduation from a UGC-recognised university. Proficiency in reading, writing and translating English/Urdu into Kashmiri, Urdu, Gojri and Pahari language respectively and a voice of good quality suited to broadcasting is desired for News Readers.

For Editors, the minimum qualification must be Degree in Journalism or Graduation with Diploma in Journalism from a UGC-recognised

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