

Commemoration of Swami Vivekananda's Chicago address held at Ram Krishna Mission campus

■ STATE TIMES NEWS

JAMMU: Celebrating the historic speech delivered by Swami Vivekananda in the Parliament of Religions at Chicago USA on 19th September, 1893, Ram Krishna Mission invited the speakers of Eminence from Jammu and organized a programme on its campus.

Prof Manoj Kumar Dhar, former Vice Chancellor Jammu University was invited as the Chief Guest, whereas Rajesh Rathore, Principal, JK Public School Kunjwani & President Jammu Sahodaya graced the occasion as the Guest of Honour.

The programme started with the lighting of ceremonial lamp and the chanting of Vedic mantras. It was followed by an opening song presented by the students of RKM library. Next item was the recitation of Swadesh Mantra, composed by Swamiji himself to enlighten the masses to stay conscious



Secretary Ram Krishna Mission, Swami Yagnadharanand honouring Rajesh Rathore, Principal, JKPS Kunjwani and Prof M.K Dhar, former Vice Chancellor Jammu University at a programme in Jammu.

and perseverant in achieving the lofty ideals of life.

What a spectacular sight, when a youngman in saffron robes and turban, resembling with Swami Vivekananda, appeared on the stage and delivered the 11th September speech of Swamiji with the incredible beginning of the address to the audience "Sisters & brothers of America", which made them go gaga with joy and ecstasy. The presentation was applauded by one and all.

Since Swamiji has been an ardent music lover, both vocal and instrumental, so the students of Bhartiya Shiksha Kendra Higher Secondary School Jammu paid a rich tribute to the immortal yogi by highlighting his life story through a well-composed song.

The Guest of honour, Rajesh Rathore, Principal JKPS Kunjwani highlighted the relevance of the magnificent speech delivered by Swami Vivekananda on 11th

September 1893 at Chicago Parliament of Religions in the modern times.

He quoted several instances from the life of Swamiji, which portrayed the sublime persona of Swamiji, being a spiritual soldier; a multi-disciplinary scholar; a wandering monk & an orator par excellence.

"Curious multitudes, thronging the hall & galleries of the venue at Chicago got highly impressed by Swamiji, not only because of his in-depth

analysis of the world religions but also due to his saffron robes, turban and glowing appearance with purity, wisdom and celibacy. His profound knowledge, unsurpassed oratorical skills in English and composed countenance catapulted him to eminence and glory instantly. Innumerable scientists, poets, writers, philosophers and rich people wanted to have interaction with Swamiji, as they never heard anything so convincing, simple and inspiring",

he added.

Rathore also made reflections on the choicest 25 quotations of Swami Vivekananda ji, the time-tested jewels, store-house of wisdom and compendium of moral, ethical & spiritual values. Some of them were: "Don't look back, only look forward! With infinite energy, infinite enthusiasm, infinite daring & infinite patience can great deeds be accomplished!"

"Good motives, sincerity and infinite love can conquer the world. One single soul possessed of these virtues can destroy the dark designs of millions of hypocrites and brutes". "What I want is muscles of iron and nerves of steel inside which dwells the mind of the same material as that of which the thunderbolt is made".

Prof Manoj Dhar established the relevance of Swamiji's teachings in the contemporary times. Correlating the several aspects of the philosophy propounded by Swami ji, he cited various examples from the National Education Policy 2020.

He inspired the youth to have a sound knowledge base, acquire an extraordinary linguistic competence and a well-groomed character; not to be deviated by the allurements of the razzmatazz world.

He asked the youngsters to have some definite purpose in life, which must reflect their intense desire of contributing

to the society and the nation-building process.

Staff and students from the Institute of Music & Fine Arts, Poonch House, Jammu enthralled the audience with their recital of songs depicting nationalistic fervour as well as an instrumental jugalbandi with their vocalists.

The Secretary Ram Krishna Mission, Swami Yagnadharanand enlightened the audience by quoting several anecdotes from the illustrious life of Swami Vivekananda.

He quoted verbatim several excerpts from the original speeches of Swamiji in English, which left the audience spell-bound and awe-struck. His fluent flawless Hindi filled the audience with awe and wonder. He made a clarion call to the youngsters to read, internalize and reflect the teachings of Swamiji through their daily deeds. That will be the real tribute to the immortal Spiritual Monk of India.

Kyra Bali of Kidzee Skylark wins gold in J&K UT Qwan Ki Do C'ship

■ STATE TIMES NEWS

JAMMU: Kyra Bali, a student of Kidzee Skylark School Sidhra, brought laurels to the school and her parents by winning gold medal in the Open J&K UT Qwan ki do Championship 2022 held at Indoor Sports Complex, Bhagwati Nagar, here recently.

Principal of the school appreciated the efforts of the coach and also congratulated the winner and her parents.



Kyra Bali a student of Kidzee Skylark School Sidhra after receiving gold medal.

Ashite Karate-Do C'ship held



Medal winners posing for a photograph with dignitaries.

■ STATE TIMES NEWS

JAMMU: Jammu Division Ashite Karate-do Championship, organised by Ashite karate-do Association of J&K involving around 180 participants, concluded, here on Wednesday.

The event was officiated by the technical panel including Sensei Aaftab, Udhay Singh, Naresh Kumar, Vikas Charak, Rakesh Kumar, Dinesh Kumar, Pawan Choudhary, Bobby Kumar, Bhawna Sadhotra and Sneha.

Shihan Naresh Chander, president Traditional

Karate-do Association of J&K was the chief guest in the closing function. He distributed medals among the winners and appreciated the participants and congratulated the organizing committee for the successful event.

The vote of thanks presented by Shashi Janotra, General Secretary Ashite Karate-do Association of J&K.

Earlier, the event was inaugurated by Sunil Sharma, MD of Cradle to Colours School amidst encouragement of the organisers and the participants.

■ STATE TIMES NEWS

JAMMU: Embarking on the mission to maximise the reach of sports activities across J&K, several sports activities under the banner of special sports initiatives were held in Jammu and Kathua districts.

A grand gymnastic event was held in the gymnastics academy, New Indoor Sports Complex Jammu. Competitions in the categories of mini, sub-junior, junior, and senior for rhythmic, aerobic, and artistic events were held.

Deputy Commissioner Jammu, Avny Lavasa was the chief guest on the occasion, while ADC Jammu, Rakesh Dubey attended the function as the guest of honour. Ranjeet Kalra, a member of the Sports Council, Ashok Singh Sports Officer, and managers S.P Singh and Satish Gupta, besides other officials and coaches from J&K Sports Council also attended the event.

While interacting with the



DC Jammu, Avny Lavasa addressing budding Gymnasts at an event in Jammu.

gymnasts, the chief guest said that sports inculcate the values of cooperation and excellent teamwork besides developing a sense of punctuality and obedience.

Ashok Singh presented the welcome address, while vote of thanks was presented by Ranjeet Kalra.

The indoor sports complex was jam-packed with parents and family and other spectators present at the venue. More than 200 gymnasts are participating in the event which includes some well-known faces of J&K gymnastics.

Meanwhile, K.K Hakhu

Hockey Stadium remained abuzz with hockey activities and many matches were played throughout the day.

Rajeev Sharma, a member of the J&K Sports Council, inaugurated the event in which matches for both boys and girls are being held.

A large number of spectators were present at the venue when the event kick-started. Among the others present on the occasion included Sports Officer Jammu and Manager K.K Hakhu Stadium besides Priyanka Singh, Harman Singh, Ishan Sharma, Gurpreet Singh, Jaspreet

Singh, and Anjali Thakur the office bearers of the J&K Hockey Association.

Early in the morning, Bashir Ahmad Bhat, Joint Secretary, Sports Council convened a review meeting to speed up My Youth My Pride activities in the Jammu division.

While addressing the heads of the districts from the Jammu division, Bashir Ahmad asked all to work out the modalities to extend reach to the areas that have so far remained aloof from

JKRA to hold 25mts, 50mtrs events at SKPA today

■ STATE TIMES NEWS

JAMMU: Jammu and Kashmir Rifle Association (JKRA) will hold 25 mtrs and 50 mtrs events of the ongoing J&K UT Shooting Championship at Sher-e-Kashmir Police Academy (SKPA), Udhampur tomorrow.

Earlier, during the second day of the competition at twin venues of Aim10x Shooting Academy Talab Tillo and Mission Olympic Shooting Academy Jammu, Tajinderpal Singh of J&K Police scored 388/400 in Air Rifle Senior(NR) whereas Romijeet of Jammu district earned 79/400 in men NR(MQS).

Similarly, Adhiraj Singh scored 614.50 and Raveena



Shooters in action at an event.

Jangid scored 608.40 in ISSF Air Rifle Youth men and ISSF Sub Youth Women categories respectively and remained the top scorers.

Kuldeep Singh Jamwal, President JKRA and Sharat Chander Singh, Organising Secretary of the championship witnessed the competition at different venues

during the day today.

The competition conducted by Surjit Singh, Tarundeep Singh, both technical officials under the supervision of Rajesh Virndhy and Anu Sharma, official from NRFA.

Meanwhile, the 25mtrs and 50mtrs matches shall be conducted at SKPA Udhampur tomorrow.

JKPS Panjtirthi Coach Aman Gupta shines in 15th GFI National Grappling C'ship

■ STATE TIMES NEWS

JAMMU: Aman Gupta, Founder of Inara Welfare Trust and physical activity coach of JK Public School Panjtirthi won bronze medal in the 15th GFI National Grappling Championship 2022 at Sonipat, Haryana.

The championship was organized by United World Wrestling (UWW) Grappling Federation of India.

Principal of JKPS Panjtirthi, Suman Banbhab congratulated Aman Gupta and wished him best luck for his future endeavours.

She remarked, "A dream becomes a goal when action is taken towards its achievement. Do your best and come back with flying colours." She added, "Winners never quit, and



Principal JKPS Panjtirthi, Suman Banbhab honoring coach Aman Gupta.

the quitters never win."

Inter-school zonal level athletic meet begins at Akhnoor



Participants posing for a photograph with dignitaries at Akhnoor.

■ STATE TIMES NEWS

AKHNOOR: Inter-School Zonal Level Athletic Meet/Trials for boys and girls of all age groups commenced at GHSS, Narrari Bala here on Wednesday. The Athletic Meet has been organised by the Department of Youth Services and Sports, Zone Akhnoor under supervision by Zonal Physical Education Officer, Akhnoor Tarsem Singh on the direction of District Youth Services and Sports Officer Jammu, Sukhdev Raj Sharma in which boys' and girls' athletes of U-14, U-17 and U-19 years age groups drawn from different govt. and private institutions of Zone Akhnoor participated in Running, Jumping

and Throwing Events.

The matches were officiated by the trained officials of the department. The event was inaugurated by Dr. Ghara Devi, Principal GHSS, Narrari Bala as the Chief Guest. She advised the students to maintain team spirit, cooperation and coordination while participating in competitions. Prominent person present were Ramesh Chandar, Madan Lal, Darshana Devi, Chandar Prabha, Sujata Kumari, Sushma Devi, Rita Sharma, Manjeet Kour, Navneet Kour, Vijay Tangra, Vikram Jamwal, Jagdish Raj Sharma, Suram Singh, Rinku Kumar, Rahul Dev Singh, Shambu Dutt and Amit Singh (APS Akhnoor).

Nation Builders Awards 2022 conferred upon eight teachers of DPS Udhampur

■ STATE TIMES NEWS

UDHAMPUR: Eight teachers of Delhi Public School (DPS) Udhampur namely Rakhee Gupta PGT Pol Sci, Sunil Singh PGT Physics, Pooja Gupta TGT Science, Sonali Dadwal, TGT Hindi, Sakshi Verma, TGT Hindi, Sachan Kotwal PGT Economics and Rakesh Sharma, PGT Commerce are conferred the Nation builders Award 2022-23 by Rotary Club of Jammu Aastha for their immense and selfless contribution in the field



Rotary Club of Jammu Aastha honouring teachers of DPS Udhampur.

of education.

The awards were presented on the occasion on Teachers Day and awarded on Wednesday at a ceremony held

at DPS Udhampur.

The awards were presented by Madhu Goei Club President along with Charter President Rtn R S Goei, Secretary Rtn

Vishal Gujral and other Rotarians at a special ceremony.

Pro Vice Chairman of the School, Dr. J.C Gupta, appre-

ciated the goodwill gesture shown by Rotary Club of Jammu Aastha for felicitating the chosen teachers.

He congratulated all the awardees and urged them to make their classroom more innovative and research based.

MD of the School, Vivek Gupta and Director; Sucheta Gupta were also present. Principal, Dr. Kunal Anand thanked the entire team of Rotary Club of Jammu Aastha and congratulated the award-winning teachers.

32nd Poonch Table-Tennis Championship concludes

■ STATE TIMES NEWS

POONCH: Salil Raina bagged the men's singles title beating Sandeep Luthra a keenly contested final of the 32nd District Open Table tennis Championship which was organised by District Table Tennis Association at Indoor Hall, Sports Stadium, here.

Salil made it a straight close sets 11-09, 12-10, 11-09 win. Earlier, he defeated Gaganpreet Singh 11-9, 11-7, 9-11, 12-10 and Sandeep trounced Pranav 11-07, 11-



09,09-11,08-11,12-10 in the semifinals.

The veteran singles title went to Saleem Bandey, who

beat Dr Jasbir Singh 11-09, 11-04, 11-09. Semifinals: Saleem Bandey beat Riaz Ahmed 12-10, 11-07, 11-08; Dr Jasbir Singh beat Jagjit Singh 12-10, 12-10, 11-07.

In Junior Under-19 event, Zaffer beat Pranav 11-08, 11-08, 11-09 while women's title went to Vanushika, who outplayed Bhoomi 11-08, 11-09, 11-08.

In the Hope category, Yuvraj Luthra beat Mohd Mashook 11-09, 11-09, 11-08. Deputy Commissioner

Poonch, Inder Jeet was the chief guest while Education Officer 93 Infantry Brigade, Lt. Col Sanjay Yadav and Krishan Lal Sharma (Retd Divisional Sports Officer, Sports Council) were guests of honour.

The DDC Poonch Inder Jeet, said, "Poonch is hugely blessed with extraordinary talent across various sports disciplines and government is keen to develop sports infrastructure at the district level. I assure every possible sup-

port for table tennis association from the district administration."

Guest of Honour, Lt Col Sanjay Yadav said that Poonch has huge talent in sports and Army also has done a lot to give a proper platform to youth to show their talent. He also lauded the role of Association in promoting the game.

Earlier, President District Table Tennis Association Poonch, Ajeet Singh presented a detailed report of the

achievements of the Association. Speaking on the occasion, Saleem Bandey, general secretary said that Poonch Table Tennis Association has been regularly organizing the tournaments for the last 32 years.

Prominent among others present included Tariq Khan, Mohd Qasim (DYSSO); Mannohan Suri (TSO), Dr Khaliq Anjum, Bashir Ahmed (Manager Sports Stadium); Ravi Sharma, Sham Singh, Muneer Choudhary (XEN),

Joginder Singh (PEM), Sanjay Raina, Jagjeet Singh Nikka, Matinder Pal Singh, Prem Parkash Luthra(Retd DYSSO), Daleep Singh, Jagmeet Singh, Shoket Choudhary, Janak Singh Poet, Ravinder Bitta, Sunil Sharma Sarpanch, Rajinder Singh Toofan, Rajinder Singh, Parvez Afridi, Mohd Shabir Anjum (AAO), Nadeem Shah, Riaz Ahmed, Inran Shah, Sanjeev Gupta, Devinder Dabur and Hanief Choudhary.