

MAM College organises guest lecture on Nasha Mukt J&K Abhiyan

STATE TIMES NEWS

JAMMU: NCC Wings (2 J&K Boys Bn NCC Jammu and 1 J&K Naval Unit NCC Srinagar) of Maulana Azad Memorial College on Tuesday organized an awareness rally and a guest lecture under the aegis of Nasha Mukt Jammu and Kashmir Abhiyan.

The rally was flagged off from the Science Block of the College by Dr. Sanjay Karlupia, Head of the Department of Geology.

More than 110 cadets of NCC and faculty members participated in the rally. Prof. Sanjay Karlupia, lauded the efforts and initiatives of the NCC units of the college and interacted with the cadets. He also appreciated the efforts of the NCC cadets of the college in maintaining the discipline in the college campus and for spreading the awareness against drug use among the society.

The key speaker for the guest lecture was Dr. Suraj Mohani Jamwal, Assistant Professor in the Department of Sociology, PPSPS GCW, Gandhinagar, Jammu. Dr. S. M. Jamwal is an active researcher in the area of drug use among the youths of Jammu and Kashmir. She



NCC cadets of MAM College taking out awareness rally.

shared first hand experience of her dealings with the addicts and the consequences of drug use. She said that the threat of drug usage among the youths is so high that the Government has to launch Nasha Mukt Abhiyan to eradicate illicit drugs from society.

In her talk, she presented the list of drug addicts in Jammu and Kashmir. Surprisingly, 35 per cent are the female addicts among the drug addicts of the age group 17-33. The slides of Dr. Jamwal's presentation also contained the ways to avoid drugs and deal with addicts.

She also interacted and answered several queries of the students related to drug use. Major Dr. Karan Singh (Associate NCC Officer) in his

address said that the youth are idealistic and want their lives to have greater meaning than just collecting money. Youth needs to leave their mark, to do something above average and unique. But, the prevalence of illicit drugs in the society is a serious challenge that our country is facing. He urged the students to be brand ambassadors of the awareness among the society against the illicit use of drugs.

Dr. Anil Singh (CTO) Naval Wing, in his address said that according to the WHO report there are about 27 crore people between the age group of 15-64 who had used drugs in the previous year and it is estimated that worldwide almost 1.1 crore people inject drugs, of whom 14

lakhs live with HIV and 56 lakhs with Hepatitis C.

Jammu and Kashmir has seen an increase in the number of drug users and therefore it is imperative on all the citizens to fight this menace altogether and save the youth from this vicious trap. He also presented the formal vote of thanks. The cadets of the Naval wing presented poems, posters and speeches in various languages highlighting the damage caused by the drugs to the addicts and their families.

Askit, highlighting the peer pressure as one of the causes for usage of drugs among students, was presented by the Cadets of Infantry wing. Other faculty members who graced the occasion were Dr. Koushal Kiran, PO NSS, Dr. Banpreet Kour, Prof. Rajesh Kotwal, Prof. Sanjay Sambyal, Dr. Ranjodh Singh Jamwal, Dr. Seema Jamwal, Dr. Anupama Gupta, Prof. Ajay Virdi, Prof. Meena Sharma, Prof. Vishal Sharma, Prof. Sonam Mehta, Dr. Namita Singh and Prof. Bhanu Priya. SCC Sunakshi Gupta and PO Cadet Dilksa Rani conducted the proceedings of the event.

Tata Motors sets new benchmark in pick-ups with Yodha 2.0, Intra V20 bi-fuel & Intra V50

STATE TIMES NEWS

JAMMU: Fairdeal Motors launched Yodha2.0, Intra V20 bi-fuel and Intra V50. These rugged and tough pickups come with bold new design and offer highest load carrying capacity, largest deck length, longest range and are equipped with the several modern features essential for a safe and comfortable drive. Launching the new range of pick-ups, Bhagwan Dass Gandotra, Executive Director, Fairdeal Motors along with Tata Motors team said, "Our Small commercial vehicles are renowned for

All India Devotional Song Competition inaugurated at Katra Navratri Fest

STATE TIMES NEWS

KATRA: Marking the grand start of the Annual Navratri Festival, the All India Devotional Song Competition was inaugurated on Tuesday evening at Yog Ashram Complex.

The event began with the lighting of the ceremonial lamp by Swami Yoganand Ji Maharaj in presence of General Manager J&K Bank Jammu Division Sunit Kumar and Deputy General Manager Gupta (Zonal head Udhampur zone), Chairman Devotional Song Committee & President Hotel Association Katra Rakesh Wazir, besides judges of the Competition, Gautam Sharma and Rama Khan Khajuria.

Speaking on the occasion, the DGM said that the devotional song competition has assumed a great significance as on one hand it provides a major platform to the budding singers and on the other hand offers a major attraction for the tourists.

On the first day of the preliminary round of the competition Sukhjinder Jamla from Amritsar bagged first



Participating singers along with officials at All India Devotional Song Competition in Katra.

position and Mahinder Soni from Jammu and Sandeep Singh from Reasi got 2nd and 3rd positions respectively.

Among the 8 auditioned participants, 2 participants were from outside and 6 were from within J&K. The winner and runners up were presented a cash award of Rs 10,000/-, Rs 5,000/- and Rs 3,000/- by the Chief Guest.

The Devotional Song Competition was adjudged by the panel of experts in music including Dr. Usha Bhagat, Ex. HOD Music; Dr. Surinder Sharma, Head of the department Govt Degree College, Sanjoli Dantkanti and co-sponsored by Monalisa, Lia Agarwal, J&K Bank, Mata Vaishno Devi Narayana Super Speciality Hospital, Nidish Builders Pvt. Ltd. Jammu, with active support of District Administration and the local host community.

Tapes Ltd, while the first runner up will get gold worth Rs 1 lakh and the third runner up gold worth Rs 50,000.

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for his famous songs Maiya ji taunu namaskar, Aao Ganpat Maharaj, Paghla Chal chalye etc. enthralled the audience with their melodious songs filling the environment of the venue with spiritual ambience.

The proceedings were conducted by Rakesh Wazir, the Chairman of the Competition Committee. Speaking on the occasion, he said that preliminary rounds of the competition will continue till October 1 and anyone can enroll by simply making a call on 9419915907. The live telecast of the event is available on PTC Punjabi Gold from 9 PM onwards daily.

The All India Devotional Song Competition is being organized by SMVD Shrine Board, Department of J&K Tourism, PTC Punjabi Gold in association with Patanjali Dantkanti and co-sponsored by Monalisa, Lia Agarwal, J&K Bank, Mata Vaishno Devi Narayana Super Speciality Hospital, Nidish Builders Pvt. Ltd. Jammu, with active support of District Administration and the local host community.

Billawaria visits Jawahar Nagar, listens to issues of Muslim community

STATE TIMES NEWS

JAMMU: Bharatiya Janata Party (BJP) senior leader Baldev Singh Billawaria on Tuesday listened to the issues of Muslim community during visit to Jawahar Nagar, Cantonment Board Jammu in Bahu assembly constituency here. While interacting with the people, Billawaria assured them that their grievances would be addressed and much improved basic services would be provided to them.

He thanked Lieutenant Governor Manoj Sinha and appealed to the people to avail the benefit from the Amnesty Scheme and pay their outstanding bills in installments.

He said that under the leadership of Prime Minister Narendra Modi the Central Government without dis-



mination, caste and religion launched many welfare schemes for all the section of society. He said that the country cannot progress without strengthening communal harmony and reconciliation. He said that every person is safe and people are fear-free under the leadership of Prime Minister Narendra Modi in

Jammu and Kashmir. Local residents and social activists expressed their gratitude to Billawaria for the development of the area and assured full support to the BJP in the upcoming assembly elections.

Mohammad Zafar, Ghulam Sarvar, Mohammad Sadiq, Jan Mohammad (Jamu) and others were also present.

AOI forms largest human chain to mark Prostate cancer awareness drive



Oncologist, Dr. Jagmohan Singh delivering lecture.

■ STATE TIMES NEWS

JAMMU: American Oncology Institute (AOI), one of the largest chain of cancer specialty hospitals, organised the formation of largest human chain to spread awareness about Prostate Cancer—the need for testing and early detection.

The campaign is an extension and aligns this

initiative with AOI's main campaign #ProstateShy. The campaign kicked off on Tuesday morning with the formation of a human chain at Regional Office FCI, Bahu Plaza Jammu. Participants from AOI and FCI Retired Welfare Association, Jammu came out in large numbers with the message supporting the initiative.

Those present at the activity were H.S. Dhaliali (GM FCI), Lokanandham (DGM FCI), Ashish Mittal (DGM FCI), Rajinder Gupta (Chairman), Kanchan Singh (Gen. Secretary), V.K. Tandon (Advisor), K.K. Uppal (Add. Secretary), Bishan Dass (Treasurer), Chamail Singh (Vice President).

The initiative was also joined by Oncologist, Dr. Jagmohan Singh (Consultant Radiation Oncology, AOI Jammu), who delivered a awareness lecture on Prostate Cancer.

He also said that AOI Jammu is empanelled under Ayushman Bharat Scheme and is doing free of cost treatment regularly under this scheme in AOI Jammu.

providing livelihoods to millions of customers and enabling their success, they will discover an ideal match in our new range of pick-ups has been meticulously engineered to efficiently service a wide variety of uses across urban, semi-urban and rural areas. They come with bold new design and offer the highest payload capacity to carry heavier cargo; largest deck length to carry voluminous loads; highest power to weight ratio; longest range to traverse maximum distance; and modern safety and comfort features for stress free driving."

Official launching pick-up at Fairdeal Motors, Jammu.

VATS for pericardial disease conducted at SSH Jammu



Doctors with a patient after performing surgery at SSH Jammu.

■ STATE TIMES NEWS

JAMMU: A Video Assisted Thoracoscopic Surgery (VATS) was performed over a 61-year old patient, weighing 95 Kg, after getting admitted to Intensive care unit as a case of massive pericardial effusion in Super Specialty Hospital, Jammu. It was stated by Dr Shyam Singh in a press statement issued on Tuesday. "She had bilateral lower lobe Lung atelectasis with family history of Asthma. She had features of hypercarcemia with high urine acid level of 16 mg per deci litre. She had undergone two caesarean sections and one operation for Liver Surgery in the past. She underwent emergent key hole chest surgery (Video Assisted Thoracoscopic Surgery). Patient was up and moving just after surgery. The ICU and perioperative management of this critical, co-morbid patient was undertaken by Professor & Head, Deptt of

Cardiothoracic Anaesthesia, Dr Puja Vimesh and her team," he added. "In this key hole chest surgery three small cuts (ports) one of 1 centimetre and two of half centimetres are made in the chest and whole operation is performed through these holes with long handle instruments. Through 1 cm port camera is inserted and through 0.5 cm ports long instruments are put in to carry out the procedure. Such procedures are not only cosmetic but there is less pain and less need for blood requirement," he said.

ment, besides patient can be mobile after surgery and hospital stay is less. Patients can early resume their routine work," said Dr Shyam Singh. The procedure was performed by Dr Shyam Singh, Dr Vivek Gandotra with Charanjit Singh and Balvir Kaur while Dr I A Mir, Dr Arvind Kohli, Dr Mohit Arora, Dr Javed and Dr Rouf also helped in procedure. Dr Gurwinder Singh, Dr Gurnam, Dr Neha, Dr Nasir, Dr Harpreet Singh, Dr Asif and ICU Super-Specialty Hospital

team of dedicated nurses managed postoperative care. Principal Prof Dr Shashi Sudar congratulated the team and stressed that patients should take advantage of these minimally invasive cosmetic key hole surgical procedures under Ayushman Bharat Scheme launched by the Union Government.

Azad greets people at onset of Rabi ul Awal

STATE TIMES NEWS

JAMMU: Former Chief Minister, Ghulam Nabi Azad greeted people on the commencement of the Rabi ul Awal. Azad said, "The month of Rabi ul Awal marks the birth of Prophet Muhammad (PBUH), the greatest humanitarian that ever walked on earth". In his message Azad prayed that the month advances peace and prosperity in the nation. "The Prophet Muhammad's (PBUH) life is a continuous source of inspiration for the mankind. His detractors also referred to him as the Truthful and the Faithful" he said.

The Prabhat Pheri was flagged off by Shiv Kumar Sharma president of J&K Indian Style Wrestling Association by cutting the red ribbon and breaking the green coconut in presence of Durga Dass Manager and Ritu Sharma Senior Artist of Central Bureau of

Communication.

Prabhat Pheri started from Bus Stand Katra passing through Ban Ganga Road reached at Darshani Deodi and then came back via main bazaar to Bus Stand Katra where it got culminated.

The procession was comprised of artists from Rajasthan, Orissa, Haryana and Jammu & Kashmir led by Ram Lal and Virender Kumar, NCC cadets, senior citizens, local people and a large numbers of Maa Vaishno Devi devotees.

Children from Amba Kid

School participated in the Jhankis.

The holy town got reverberated with the Bhajans of artists all along the route.

On the way at Darshani Deodi the procession was welcomed by CRPF personnel under the instructions of CRPF Commandant Yaad Ram Bunker and they served the participants with tea and refreshment.

Raj Kumar Padha, President of Jammu and Kashmir Association of Prabhat Pheri, thanked all the people who participated



Devotees participating in Prabhat Pheri in Katra on second Navrata.

STATE TIMES NEWS

KATRA: Jammu and Kashmir Association of Prabhat Pheri on Tuesday took out first Prabhat Pheri in its sixth year on 2nd Navratri which is a part of Navratri Festival Katra and which is being organized jointly by J&K Tourism Deptt and Shri Mata Vaishno Devi Shrine Board Katra in association with district administration.

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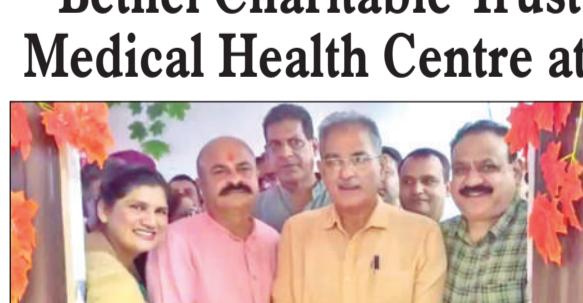
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Senior BJP leader, Kavinder Gupta inaugurating new health centre of Bethel Charitable Trust.

STATE TIMES NEWS

JAMMU: Senior BJP leader and former Deputy CM J&K, Kavinder Gupta on Tuesday inaugurated new health centre of the Bethel Charitable Trust at the Qasim Nagar, Bahu Fort, here to provide a free medical aid to the 500 students and families of the Bethel Living Word School (a charitable school running under its banner) and

also to the general public. Speaking on the occasion, Kavinder Gupta said that the Bethel Charitable Trust is doing an excellent job by providing free education and health service to the people belonging to the weaker section of the society.

John Roques Bhatti Chairman of The Bethel Charitable Trust, highlighted

the works and the projects run by the Trust.

He further added that BCT is a charitable organisation based in Jammu, running since 2007 for the sole purpose of uplifting and empowering the society by running projects.

Yudhvir Sethi Vice president BJP, Vinay Gupta Distt. President BJP Jammu, Jai Dev Rajwal Incharge SC Samaj, Amit Sotra BJP worker, Dr. Sanjogita Soodan Dy. Superintendent Super Speciality Hospital Jammu, Sharda Kumari Corporator Ward 47, Sunil Prajapati State Gen Secretary BJP OBC State Moreha Jammu, Arun Nayan Enforcement officer JMC and Shoukat Peter President All Joint Churches Fellowship J&K were the Guests of Honour.

PSPS Govt PG College for Women Gandhi Nagar organises rally on 'Cyber Security Awareness'



Students and faculty members at an awareness rally.

■ STATE TIMES NEWS

JAMMU: Department of Computer Applications Padma Shri Padma Sachdev Govt. P.G. College for Women Gandhi Nagar, in collaboration with IQAC & NSS, on Tuesday organized a rally on "Cyber Security Awareness" under the aegis of Cyber Jaagrookta (Awareness) Campaign.

The program was held under the patronage of the College Principal, Prof. Minu Mahajan, who inaugurated the rally in which about 97 NSS volunteers participated.

The rally passed through all the departments of the college. The students raised slogans about cybercrime