

Toddlers' World celebrates students' birthday



Parents and faculty members celebrating birthday of students of Toddlers' World-a unit of JK Public School Kunjwani.

■ STATE TIMES NEWS

JAMMU: School Birthday celebrations can be fun, academic beaming and leave your child with birthday blessings. These celebrations not only give the opportunity to kids to enjoy their special

day in an extravagant way but also to enhance their social skills. With this thought Toddlers' World celebrated birthdays of children born in the months of August and September. The moment

was very special and excited. The party hall was decorated beautifully with balloons and bunting. Children came along with parents in their best and favourite dresses. Their spirits were high and they

were unable to control their excitement after meeting their friends. The day started with melodious songs accompanied with rhythmic tunes that held everyone captured. To add more fun and colours to

the celebration, some games were planned for both kids and parents. As a part of celebration, cakes were cut and distributed. Birthday celebrations without a gift is boring, hence gifts were distributed

among the kids. Shivangani Pandotra (Coordinator Toddlers' World) in her address expressed her views by saying that the main motto behind the celebration is to inculcate birthday party etiquettes in the kids and to

enhance their social skills. Gatherings like this could bring out kids innate innovative and some crucial points on the drawbacks of the liberty given by parents to kids.

She stressed on spending quality time with them teaching them what is good and bad as it is their tender age and science says seven years is the best age where basic behaviour of a child can be developed forever.

DGP felicitates Shooters of UT C'ship

■ STATE TIMES NEWS

JAMMU: Director General J&K Police, Dilbag Singh on Tuesday felicitated the winners of 11th J&K UT Shooting Championship in a function which was organised by J&K Rifle Association (JKRA) at J&K Police's GO Mess, Gulshan Ground, here.

The Chief Guest of the prize distribution function, Dilbag Singh presented medals and gave away certificates to those winners of different age groups and events. The ADGP Jammu Zone, Mukesh Singh and member J&K Sports Council, Rajiv Sharma were special guests.

Others present on the occasion were Kuldeep Singh Jamwal



DGP, Dilbag Singh posing with other dignitaries and winners after distributing medals and certificates.

(president JKRA), Sohan Lal Sharma (vice president), Sharat Chander Singh (vice president, Surinder Singh Sodhi (treasurer), Anupam Sambyal, TS Tony, Manu Partap Singh (both executive members), VS Pathania and Samardev Singh Chakraborty (members Advisory Committee).

Kuldeep Singh Jamwal presented the detailed report of the event in his welcome address while Surinder Singh Sodhi read out a brief about the activities and achievements of JKRA. Sharat Chander Singh presented the vote of thanks.

Earlier, during the event, the competition officiated by the penal comprising Anu Sharma (ISSF official nominated by NRAI), Surjit Singh, Tarun Dev Singh, Vishal Mehra, Madhupal Singh, Vijay Kumar, Avinash Basotra, Pranav Sambyal and Sahil Sharma under the supervision of Rajesh Virdhy, chairman technical committee.

Gatka events in 6 districts from Sept 29

■ STATE TIMES NEWS

JAMMU: Gatka Association of Jammu and Kashmir shall hold competitions in six already identified districts of the Union Territory starting from September 29.

The Association has been allotted the events by the J&K Sports Council under its flagship programme 'My Youth My Pride'.

To gear up for the proposed events, the Association conducted a meeting of its Referee Council under the chairmanship of Dr Mammet Singh and attended by president, Ravinder Singh Bittu. The meeting was attended by



J&K Gatka Association members during a meeting in Jammu.

all the qualified referees of the Association so as to discuss and finalise the programme with regard to the technical aspect of the competition.

"Beginning with an event at MA Stadium, here on September 29, the competition

shall be held in Rajouri (October 08), Udhampur (October 10), Poonch (October 11), Kathua (October 14) and Reasi (October 15)," informed general secretary of the Association, Ravinder Singh OP.

Volleyball meet begins at Poonch



Participating teams posing for a photograph with dignitaries at Poonch.

■ STATE TIMES NEWS

POONCH: Second phase of the volleyball competition, under 'My Youth My Pride' started on Tuesday in both boys and girls sections at Sports Stadium, here.

The event, organised by the J&K Sports Council, declared open by Mohd Tariq, Chairman Shaheed DySP Manjit Singh Memorial Volleyball Club Poonch.

The Chief Guest asked the youth to take part in sports and games in a big way so as to stay strong mentally and physically.

He appreciated the Sports Council for engaging the youth in sports in a big way.

Others present on the occasion were Narjit Singh (Retd ZPEO), Balkrishan, Ramiz Tariq, Rajinder Singh, Neeraj Kumar and Sorab Sharma.

Rollball selection trials on Sept 30

■ STATE TIMES NEWS

JAMMU: Rollball Association of Jammu and Kashmir shall hold selection trials to name the Senior (men and women) teams for the Federation Cup to be held

at Pune in Maharashtra from October 7 to 9. The selection trials shall take place at Skating Rinks, M A Stadium, here on September 30 at 7:00 PM onwards, a handout issued by the Association

here on Tuesday informed. The eligible interested players may contact Akarshan Mangotra (987030778) regarding participating in the selection process, the handout added.

DYSS conducts Athletics Meet 2022-23 at Bishnah Zone

■ STATE TIMES NEWS

BISHNAH: The Department of Youth Services & Sports, Zone Bishnah conducted Athletics Meet 2022-23 in the different events for all age group boys for Inter school Zonal Level at GHS Chak Murar.

The Meet was held under the guidance of Sukhdev Raj Sharma, District Youth Services & Sports



Participants posing for a photograph with dignitaries at Bishnah.

Officer Jammu and overall

supervision of Surbjeet Kour, Zonal Physical

Ramban wins Inter-Zonal District level Cricket tournament

■ STATE TIMES NEWS

RAMBAN: Team of Zone Ramban clinched Inter-Zonal District Level LG's Rolling Trophy title in the discipline of Cricket by beating the Zone Batote by five wickets in the final match here on Tuesday at DPL ground Ramban. Assistant Commissioner of Panchayat, Swran Singh was the chief guest on the occasion. The LG's Rolling Trophy was organized by the Department of youth services and sports Ramban under the patronage of Director Youth Services & Sports UT J&K, Subash Chander

Chibber & Joint Director Youth Services & Sports Jammu Sh. Atul Kumar JKAS. The teams from all 06 Zones of the district participated in the tournament which was organized by District Youth Services and Sports Officer, Ramban, Dharamvir Singh, and coordinated by the PET Arun Sharma. Rafiqat Bhat was adjudged man of the match, Sanjay Verma man of the tournament, Sanjay Verma, best bowler of the tournament, and Pardeep Sumbria, best batsman of the tournament.

Govt Ayurvedic Hospital organises medical camp at Heritage School



Doctors from Govt. Ayurvedic Hospital along with faculty members of Heritage School at a camp.

■ STATE TIMES NEWS

JAMMU: Free Medical Aid Camp was organized at Heritage School under the outreach programme of Govt. Ayurvedic Hospital, Jammu on Tuesday.

The team of doctors from the Govt. Ayurvedic Hospital included Dr. Arun Medical Officer (Camp Incharge), Dr. Amardeep Medical Officer, Dr. Pooja Medical Officer accompanied by Sudhir Singh (Sup Pharmacist), Anil (UT Pharmacist) and Neelam (Yoga Therapist).

The team of doctors provided the staff and students with valuable insights, facts and information on Ayurvedic medicine.

They informed the students that Ayurveda, that is a traditional medicine system of India, focuses on promoting wellness of body, mind and spirit.

The holistic approach combines lifestyle changes, diet and exercise. A yoga session was also organized for the benefit of staff and students.

The school infirmary was presented with Ayurvedic medicines by the team.

Principal Heritage School, Akash Pradhan on behalf of staff and students extended his gratitude to the team from Govt. Ayurvedic Hospital for this initiative and wellness drive.

Education Officer Bishnah.

During the competition, a total of 239 boys from different institutions of Bishnah zone participated.

The chief guest present during the competition was Naseem Bano Headmistress GHS Chak Murar. ZPEO Bishnah appreciated the staff members for their efforts and also motivated the participants.

All the field staff members of Zone Bishnah officiated the selection trials. All the SOP's of Covid-19 Pandemic were followed during this selection trials.

Abhinav of Jindrah Club wins gold in TSP Marathon

■ STATE TIMES NEWS

JAMMU: The skaters and members of the Roller Athlete Skating Club Jindrah participated in the TSP India Jammu Marathon under the leadership of International Roller Hockey player Gagan Singh Jamwal and the marathon was organized by The Seasons Play. Abhinav Bakshi won gold in the 3 km run.

Rekha Jamwal, Nidhi Gupta Kohli, Aditya Dev Singh Chib, Surinder Pal Singh also participated. The members of the club congratulate all the members especially Abhinav for clinching the gold.



Abhinav Bakshi

District Shopian Volleyball Championship begins

■ STATE TIMES NEWS

SHOPIAN: District Shopian Volleyball Championship being organised by District Shopian Volleyball Association under the aegis of Volleyball Association of Jammu and Kashmir, here on Tuesday.

The championship in which a total 16 teams including 12 boys and 4 girls are participating being sponsored by Jammu and Kashmir Sports Council.



Participating teams posing for a photograph with dignitaries at Shopian.

Earlier, the championship was declared open by the Chief Guest, Manzoor Ahmad, ADDC Shopian in presence of Prof. Bashir Ahmad,

Principal IM GDC Shopian and Niofer Habib Secretary Volleyball Association Kulgam. Other prominent personalities present were Prof. Tariq Ahmad Mir, Prof. Umar and Syed Latif PTI GDC Shopian.

Today's results
BOYS: Valley Spikers Woyen beat Attack Line Wachawalan by 2-1; Nagbal Volleyball Club beat Red Line Mogalpora by 2-0; Royal Club Aglar beat Hard Hitters Nowgam by 2-1.