

Jammu team to leave for 35th J&K UT Senior Volleyball Championship today



Officials of Jammu District Volleyball Association along with team and coach before departure.

STATE TIMES NEWS
JAMMU: Jammu District Senior Volleyball (Men) team is leaving tomorrow for competing in the 35th J&K UT Senior Volleyball Championship for men scheduled to be held at Maidan chougul Handwara District Kupwara from 28th Sept to 30th Sept. 2023 being organized by Volleyball Association of J&K under the aegis of J&K Sports Council.

The team is accompanied by Naresh Kumar as coach of the team. Team members are: Najar Singh (Capt), Mannat Choudhary, Vipin Kumar, Parvinder Singh, Abhishek Sharma, Aman Choudhary, NitinChib, Ankit Chandail, Surya Partap Singh and Dheeraj Sikka (Libro). Prior to proceeding for Championship, team underwent ten days long intensive coaching camp at M.A Stadium Jammu under the supervision of Rajeev Dogra Senior Volleyball Coach (SAI), and Naresh Kumar Volleyball

Coach. SAI Training Centre M.A Stadium Jammu provided foil support during the coaching camp. On the occasion, S. Manmeet Singh Amn President and S. Hardip Singh Gill Secretary of Jammu District Volleyball Association distributed sports kits to the players / official and also provided transport facility for the transportation of team upto the Venue of the Championship.

Secretary YSS chairs meeting of officers regarding National Youth Festival 2024

STATE TIMES NEWS
SRINAGAR: In prelude to the restructured National Youth Festival 2024 and preparations being made by Youth Services and Sports (YSS) Department thereof, Secretary YSS, Sarmad Hafeez, chaired a meeting of senior officers on Tuesday.

Secretary had detailed discussion on various activities to be undertaken with regard to forthcoming mega event. Highlighting the essence of National Youth Festival as an important platform for showcasing talent of youth, Secretary said that the extravaganza is being organised with many new additions this time and hoped that the J&K Youth would get ample opportunities to take part in the National Level event. Various components of the Festival included sporting events, cultural activities, debates, showcasing of handicrafts, cuisine, etc.

Sarmad Hafeez mentioned that J&K alongwith 6 other States/UTs have been allotted the theme "Ek Bharat Shreshtha Bharat" and

enjoined upon the officers to ensure that the rich culture, cuisines and crafts of the UT are properly showcased through the festival.

Secretary hoped that the Festival would provide ample opportunities to our youth to display their unique talent, exchange ideas and engage in various cultural, social and sports activities on a bigger platform. Yuva Kriti being an important component of the restructured National Youth Festival shall be providing a rare opportunity to the young participants to understand and appreciate the handicrafts, textiles and Agri products of different parts of the UT, he asserted. "We should explore some out of box ideas to contribute and make our UT stand out among other States/UTs in this annual event" he added.

While issuing directions to the officers of Youth Services and Sports Department, Sarmad Hafeez said that all the preparations pertaining to participation of J&K youth should be made well in time and participation of maximum number of

boys and girls in the event should be encouraged.

Secretary also directed the subordinate officers to explore all the possibilities of bringing maximum benefits to the youth through the 'Yuva Portal' launched by the Ministry of Youth Affairs and Sports, GOI.

Sarmad Hafeez highlighted the need of capacity building of stakeholders for creating know-how regarding the portal which would prove very helpful in making this platform a one stop portal for the youth related services and issues. The meeting was told that the Nation Wide Fit India Swachata Freedom Run shall start on the eve of Gandhi Jayanti and the Department of Youth Services & Sports should ensure that, Walkathons, Runs and Historical Walks should be organised for the youth in all the 20 districts of the UT.

The meeting was attended by Director, Youth Services and Sports Department, Special Secretaries, Additional Secretaries and Joint Directors of the Department.

2 JK NCC Girls Bn organises awareness camp in GCW Udhampur



NCC unit during the event at Udhampur.

STATE TIMES NEWS
UDHAMPUR: 2 JK NCC girls Bn has organized a creative activity to develop creative talent among students.

Lt. Dr. Kamal deep Kaur ANO 2JK Bn of GCW Udhampur disclosed that in order to create an eco-friendly activity for students by using waste materials is a great way to promote environmental awareness and teamwork. 2 JK NCC Girls Bn in collaboration with NCORD cell conducted a "Create from Waste" activity programme for the students in this regard main objective of this activity was to encourage creativity, teamwork, and environmental consciousness by transforming waste materials into useful or artistic items. Students used materials like assorted waste, plastic bottles, cardboard, old newspapers, aluminum cans, crafting supplies, paints, brushes, and markers (non-toxic), protective gear (gloves, masks) for handling the waste materials. Dr. Kamal said activity on "Create from Waste" was not only to promote environmental awareness, foster teamwork, creativity, and problem-solving skills among students, but also to bring a positive change in the life's of those who are misled in their youth and choose the wrong path towards drug addiction. It's a hands-on way to make a positive impact on the environment while also nurturing important life skills. She added.

Kuldeep Gupta leaves for Asian Games, China

STATE TIMES NEWS
JAMMU: Kuldeep Kumar Gupta, Technical Delegate in Kabaddi discipline left today for the 19th Asian Games being held at Hangzhou in China.

The Kabaddi discipline will be conducted during the Asian Games started from September 23 to October 8 at Hangzhou, China. Kuldeep Kumar Gupta as Technical Delegate in 19th Asian Games has been appointed by Asian Kabaddi Federation, Secretary General Muhammad Sarwar Rana. Earlier, Kuldeep has

attended "Technical Delegate Conference" at Hangzhou, China in the month of July 2023 and was also technical delegate in "Kabaddi Test matches" held at Hangzhou, China in the month of June. Kuldeep has already per-



formed as Technical official in 14th Asian games held at Busan (Korea) in 2002, 16th Asian Games at Guangzhou (China) in 2010 and a number of times in National games held in India. Gupta is the first sportsperson among the Cooperative Banks in all over India who has been assigned such prestigious assignment as Technical Delegate in 19th Asian games at Hangzhou, China. Presently, Kuldeep Kumar Gupta is working as Chief Manager with The Citizens' Cooperative Bank Ltd. Jammu (J&K).

Udhampur Handball Club wins Martyr's Cup Handball tourney

STATE TIMES NEWS
JAMMU: A two day Martyr Cup Handball tournament was held at Brahmishi Bawra Shanti Vidya Peeth Udhampur in the memory of Martyrs and to commemorate the birth anniversary of Pandit Deendayal Upadhyay from September 25 to 26.

The final match was played between Kargil Martyr's Club and Udhampur Handball Club. The Udhampur Handball club was crowned champion of the tournament after defeating Kargil Martyr's Club by 36 - 34 goals. This event was organised by LAKSHIYA "The Aim" NGO with an aim to pro-



Organisers along with winner team and other dignitaries.

motivate the spirit of sports and physical fitness among the students. On the second auspicious day, the event started with an inspirational words by SSP Udhampur Dr Vinod Kumar who praised Lakshya Efforts and also

aware the youth to say no to Drugs. Raveesh Mengi, President of Lakshya, in his welcome address said that it is the actual time for the youth to form and give shape to their ideas for the economic development of society and

contribute towards making Bharat Vishwa Guru. Guest of Honour Pradyot Gupta Assistant Labour Commissioner also lauds the efforts of Lakshya. Special Guest of Honour Ashwani Kumar Raina, Executive Member of

Handball Association of India appraised the gathering that the J&K State Team made us proud by winning Medal after 20 years and in near future J&K Team will return every stone to bring more laurel to the UT of J&K.

Jodhamal Juniors celebrate 'Grandparents' Day

STATE TIMES NEWS
JAMMU: Jodhamal Public School celebrated Grandparents' Day with remarkable zest to show the love, affection and gratitude towards their elders.

School had put up a wonderful show where the little ones surprised each and every one by putting up scintillating performances for their beloved grandparents. The programme kick started with the Krishna Vandana, which invoked the blessings of the Almighty. On the occasion, Zumba

and free style dance performances presented by the little kids stole the show, followed by a party song by our juniors. Games and Fun-items arranged for the beloved grandparents brought about a mystical feel, bringing every-

body closer to each other as they thoroughly enjoyed the activities. Active participation of all the grandparents in the

games showed that age is just a number; and can never curb the zeal. The J&K Juniors made everyone sway and enter their world of fun and frolic, thus making the Grandparents' Day a huge success. The programme began with lighting of the auspicious lamp by the Chief Guest, Amit Sharma, IAS, guest of honour, Lalima Sambyal (Interior Designer), Nandan Kuthiala (Trustee) and Arati Kuthiala (Director). Welcome address was given by Girish Kumar Principal of the school.



Students performing during the event at school on Tuesday.

Refrain from falling prey to fraudsters: Brig Gupta to cricketers

STATE TIMES NEWS
JAMMU: It has been observed that some fraudsters have been issuing fake selection letters to young cricketers on fake Letter Head of National Cricket Academy and asking them to pay Rs 11, 500 for clothing and cricketing gear. This was informed by Brig Anil Gupta in a statement issued today. He told that NCA does not conduct any such trials. NCA is for the cricketers already on the BCCI panel. The players and parents are requested to note that nobody other than JKCA is competent to carry out trials/selections for JKCA teams," Brig maintained, he told. He further said all such intimations are hosted on the official website of JKCA:

www.jkca.tv He said that two such fake letters were with JKCA—one congratulating a player for being selected in the National Camp to be held at MA International Stadium Jammu from October 3 to 10, 2023, bearing registration number 629017 and another addressed to yet another player for his selection in the National Camp for U-23 men and women to be held from October 10 to October 27, 2023, under registration number 1638676458. "It's my earnest appeal to all budding cricketers to not to pay any amount of money to anybody for the lure of selection. All such cases should be promptly brought to the notice of JKCA," Brig added.

Brig Gupta to cricketers

GHSS Garhi students excel in Wrestling



Faculty along with winner students posing for photograph.

STATE TIMES NEWS
UDHAMPUR: Young Savitar Singh and Sudesh Singh brought laurels to Government Higher Secondary School (GHSS) Garhi winning gold and silver medal in the UT level Wrestling competition held at district Doda. Now, both these students of 11th standard shall represent J&K at the National level. In addition, the school has excelled at the district level inter-school and inter-zone events held under the banner of

Department of Youth Services nad Sports recently. In district level kabaddi, GHSS Garhi won gold, while in Tug of War the school remained runners-up and finished third in Kho-Kho. For their improved performance in team and individual events, Principal of the school, Ajay Vashist congratulated the athletes for bringing laurels to the institution and the district as well. Physical education and sports staff of the school, Ashwani Kotwal (PEL), Rekha Kiran Kotwal (PEM), Pooja Sharma (PET) were complimented by the school administration for their efforts.

Athletics meet of Zone Miran Sahib begins



Athletics meet of Zone Miran Sahib.

STATE TIMES NEWS
JAMMU: Annual inter school Zonal level (boys and girls) Athletic meet of Zone Miran Sahib commenced today at Government Boys High School Simbal on Tuesday. To begin with around 150 boys drawn from different private and government educational institutions of Zone Miran Sahib turned up to compete in various events of field and track. The competition is being held under the supervision of Rakesh Kakar, Zonal Physical Education Officer (ZPEO) and guided by Sukhdev Raj Sharma, district (DYSS) officer Jammu. Earlier, briefing the participants, the ZPEO informed about the upcoming district, UT and then National level competitions. He thanked the Headmistress of the host school, Kailash Devi for the cooperation and support in extending the infrastructure and allied facilities. He was all praise for the field staff including Hardeep Kour, Ravinder Singh Bali, Gurmeet Singh, Ravinder Singh, Nisha Sharma, Ravinder Kumar, Anolak Singh, Anita Kour, Rama Rani, Anil Sharma, Subham Bakshi, Raghunandan, Koushal Sharma and Sunny Kumar.

Kathua team leaves for participation in J&K UT Senior Volleyball Championship



Association members along with team and coach posing for photograph.

STATE TIMES NEWS
KATHUA: Kathua District Senior Volleyball Team left for participation in J&K UT Senior Volleyball Championship-2023 on Tuesday. Madan Lal Toofan Patron-in-Chief of Distt. Volleyball Association Kathua conveyed his good wishes to the team and expressed hope that his team will perform best in the 35th J&K UT Senior Volleyball Championship 2023 being held at Kupwara (Kashmir).

The team comprises of Rahul Verma (Captain), Vishal Sharma, Koushal Verma, Sumit Singh, Varun Badyal, Dilip Sharma, Naveen Sharma, Kanhaiya Bhardwaj, Ravinder Singh, Nitin Sharma and coach Ram Lal.

Social activist sensitises students about importance of preserving Environment at Sarwal school



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STATE TIMES NEWS
JAMMU: Kewal Krishan Wadhara, Social activist organized programme at Govt Boys Higher Secondary School Sarwal to sensitise students about the importance of preserving Environment and keeping it Green and Clean by adopting the Eco -friendly way of life.

On the occasion, Wadhara urged students and staff members to follow clean and Green habits. He motivated the students by showing informative Posters and explained the usefulness of handmade materials in place of single use plastic. He also presented Cloth bags and two plants & Holy Baghwat Gita were presented to the students to encourage them to use these material in their daily life and follow the Karma Theory of Holy Gita. The session was highly interactive.

GGM Science College organises workshop on 'Swatchta hi Sewa'

STATE TIMES NEWS
JAMMU: NSS unit II GGM Science College under the patronage of Prof. Rajesh Kumar Gupta and guidance of NSS PO Dr. Deepali Mahajan organized a seven days workshop theme Swatchta hi Sewa from 19th to 26th Sept. 2023 commemorating Gandhi Jayanti. The thought behind the campaign by the GOI is to mobilize the participation of crores of citizens across the country. The theme for SHS 2023 is "Garbage Free India". NSS unit II GGM Science College volunteers took swatchta pledge and wrote slogans on Swatchta hi sewa, Nashamukt Bharat, truth and nonviolence for the awareness among the youth. An awareness nukadnatak was also organized swatchta hi sewa



Faculty along with students during the workshop.

in the campus. The volunteers gave the message about swatchta a duty of every responsible citizen, segregation of waste, use of dustbins, say no to polythene and e-waste. An essay writing theme GANDHIAN PHILOSOPHY was also organized. Say no to Corruption commit to the nation Bhrashtachar Ka Virোধ Kre Rashtriya Ke Liye Samarjit Rahe awareness was also organized. NSS volunteers with staff and PO took pledge. They also wrote slogans for awareness among youth and community for Corruption free JK. Screening of Documentary movie on Gandhian Philosophy, 7 deadly sins, swatchta hi sewa, Nashamukt, brash-tacharmukt was held in campus. NSS unit II volunteers visited Home for Aged & Infirm Ambphalla theme Not Me But You. NSS volunteers took rally and outreach community with the awareness Say no to polythene on the last day i.e today. The Principal and Staff appreciated the efforts of NSS volunteers.