# Talent Corner

# Poem — My Dearest Friend

Blessed to have you, a friend so loyal and true, In life's grand journey, I found rarest you.

With every smile and every tear we share, In our friendship's clasp, nothing can compare.

Through the seasons of life, entwined we stride, In you, dearest friend, I find joy and pride.

A bond so covalent, it will never end, I am luckiest to have you, as my eternal friend

In gratitude to God, I raise my husky tone on high, Just for your precious gift of friendship, I can't deny.

You, my dearest friend, a treasure trove from above, Sent to fill my life with joy, boundless as God's love.

> In the tapestry of life, you brightly blend, A cherished gift, my dearest, loyal friend.

Through ups and downs, you always commit by my side, In joy and sorrow, with me you confide.

You're a beacon in the darkness, guiding me along, A melody of emotions in life's sweetest song.

> In times of need and times of glee, Your friendship's grace is a balm to me.

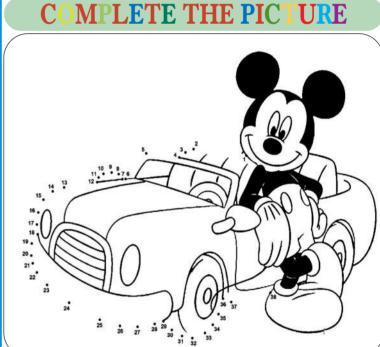
I thank the almighty each day and night, For bringing you into my life so bright.

With you by my side, I am truly blessed, In God's great plan, you are the best.

Jugesh Singh Thakur, Pogal Paristan.

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### **CAREER AID**

### Respiratory Therapy

espiratory therapy is a branch of allied health sciences that deal with diagnosis, treatment, manage-Ument and care of patients with respiratory or cardiopulmonary (heart/lung) ailments and breathing disorders. Respiratory care is a professionally and personally rewarding career with a balanced blend of technology and patient interaction. Patients with acute and chronic respiratory problems require direct care of Respiratory therapists.

Respiratory therapists (RTs) alias Respiratory care practitioners are specialized, skilled health care professionals who diagnose, monitor and treat patients suffering from breathing problems. Respiratory therapists are the important members of the health care team, who work under the medical direction of specialised doctors. They are educated to treat all age groups, from newborns to the elderly and offer intensive care and therapeutic treatments to patients with respiratory dis-

RTs provide temporary relief to patients who have breathing difficulties such as asthma, bronchitis, emphysema, pneumonia, cystic fibrosis and chronic obstructive pulmonary disease. The primary duty of a respiratory therapist involves administration of oxygen, cardiopulmonary resuscitation, management of mechanical ventilators, administering drugs to the lungs, monitoring cardiopulmonary systems and measuring lung function.

They work with other health care professionals and carry out treatment plans, which involves removing mucus or liquid secretion from a patient's lungs by suction or inserting a ventilation tube into the patient's windpipe and connecting it to a machine that delivers oxygen. Respiratory therapists work also involves management, disease prevention, emergency care, and the early detection of pulmonary disorders.

#### **Educational Qualification:**

To be a Respiratory Therapist, one should possess a bachelor's or master's degree in Respiratory Therapy and some work experience in the field. Those who have passed 10+2 with Physics, Biology, Chemistry and Mathematics with a minimum of 60% marks can apply for bachelors degree course in respiratory therapy. Some institutes admit stuRESPIRATORY THERAPY

dents on the basis of merit in the entrance examination. Graduates with any science background can also become a respiratory therapist by pursuing a diploma course in Respiratory therapy/ technology. There are several institutes in India offering 1-year diploma course, 2-year Postgraduate diploma and advanced Postgraduate diploma in Respiratory Therapy. Aspiring candidates can do any of these courses and become a professional.

Colleges and Institutes:

Yashoda Academy of Medical Education and Research, Secunderabad Alexander Road

Secunderabad (Ranga Reddy Dist.) - 500003 Telangana

Yashoda Academy of Medical Education and Research, Somajiguda, Somajiguda

Rajbhavan Road, Somajiguda (Hyderabad Dist.) - 500082

Yashoda Academy of Medical Education and Research,

Hyderabad Nalgonda X Roads,

Malakpet Hyderabad (Hyderabad Dist.) - 500036

Telangana

Christian Medical College, Vellore Ida Scudder Road,

Vellore (Vellore Dist.) - 632004 Tamil Nadu

KMCH Institute of Allied Health Science, Coimbatore

KMCH Campus, Avinashi Road, Coimbatore (Coimbatore Dist.) - 641014 Tamil Nadu JSS University, Mysore JSS Medical Institutions Campus, Sri Shivarathreeshwara Nagara, Mysore (Mysore Dist.) - 570015

Karnataka Manipal School of Allied Health Sciences (SOAHS) -Department of Respiratory Therapy, Manipal

Manipal University, Madhav Nagar Manipal (Udupi Dist.) - 576104

Karnataka Amrita Center for Allied Health Sciences, Kochi

Amrita Vishwa Vidyapeetham AIMS Ponekkara P. O., Kochi (Ernakulam Dist.) - 682041

Symbiosis Institute of Health Sciences (SIHS), Pune Senapati Bapat Road

Pune (Pune Dist.) - 411004 Maharashtra

Amrita Institute of Medical Sciences (AIMS): Schools and Research Centers, Kochi

Amrita Health Sciences Campus,

AIMS Ponekkara Post, Elamakkara,

Edappally. Kochi (Ernakulam Dist.) - 682041 Manipal College of Allied Health Sciences (MCOAHS),

Manipal Madhav Nagar, Manipal (Udupi Dist.) - 576104 Karnataka

If you have any ideas, poems, stories, paintings that you would like to share with us, please send it to

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