

JK Public School Kunjwani conducts workshop on 'Emotional Intelligence' under HOL



Glances of workshop on 'Emotional Intelligence' being organised at JK Public School, Kunjwani on Friday.

STATE TIMES NEWS

JAMMU: To bring forth effective leadership skills in the students, a workshop on 'Emotional Intelligence' was organised by JK Public School, Kunjwani on Friday. The Chief Guest of the event was Shashi Chaudhary, Director JK Educational

Society. Other dignitaries present on the occasion were Rajesh Rathore Principal JK Public School Kunjwani, Roopinder Kour Vice Principal JKPS Kunjwani. Randeep Wazir, Principal IDPS Jammu and Pooja Gupta, Principal Cybernetics School Jammu graced the

occasion during the closing ceremony of the event. Principal JKPS Kunjwani, Rajesh Rathore formally welcomed the honoured guests and students. "The objective of the workshop was to optimize the use of the present life skills, aiming to achieve the optimum

output of the students and preparing them for uncharted waters. The programme targeted to maximize the students' abilities of coping with stress & emotion from Grades IX to XI". Students from 5 HOL member schools in Jammu region, namely, JK Public

School Kunjwani, APS, BD BARI, IDPS Jammu, Cybernetics School Jammu and KV Miran Sahib participated in the workshop. Sheeva Arora, a Soft Skills and Personality Development Trainer was the resource person. Emotional Intelligence allows us to respond instead

of react. She made them aware about different emotions by emotion vocabulary exercise. She emphasized to identify and analyse the source of various emotions and how they can be effectively managed. She even made them do enactment pin pointing a

trigger that is affecting their personal or professional lives. With this, students shared their personal experiences also. She shared her experiences and motivated Young Minds how to be a successful person in their lives and have clear visions. Students actively participated in the

Workshop and got the best out of it. Overall, it was an engaging and innovative session. Vote of thanks was presented by Roopinder Kour, Vice Principal JK Public School, Kunjwani. All Participants were given with E-Certificates.

Khelo India J&K Wushu League concludes

STATE TIMES NEWS

SRINAGAR: Two-day Khelo India Wushu Women's League competition, involving 700 girls from 15 districts of J&K, concluded at SKISC Srinagar on Friday.

Safina Beigh, DDC Baramulla was the Chief Guest, who distributed medals among the winners in the presence of Guest of Honour, Secretary J&K Sports Council (JKSC), Nuzhat Gul.

The Chief Guest, congratulated Secretary JKSCC and Wushu Association of J&K for engaging the youth in sports.

She was all praise for the Wushu Association for engaging female athletes in the game. Speaking to the gathering,



Secretary JKSC, Nuzhat Gul posing with officials and winner players.

the Secretary JKSCC, informed that Surya Bhanu Partap Singh and Kuldeep Handoo (National Chief Coach) from J&K have been made part of the Indian Wushu team heading for 19th Asian Games scheduled to be held in Hangzhou (China)

from September 23. She termed the Women's league a great initiative of the Sports Authority of India (SAI) which really boost the women folk in the Indian sport.

She congratulated Wushu Association of J&K for conducting , mega events in

Kashmir, including that of India camp for the Asian Games. Khelo India is the scheme of the Union Ministry of Youth Affairs and Sports. Earlier 24 Khelo India State Wushu Women's League champi-

onships organised across the country in August last. Zonal and National League Wushu championships will be organized before December 2023. Prizes worth Rs 60 Lakhs will be disbursed among the winning women athletes in all division of the country.

Among others present were Maqsood Rather, Mohd Iqbal, Kamal Kishore, Faisal Dar, Ajaz Hassan, Ajaz Ahmed Palla and Mudassir Ahmed.

Meanwhile, President of the Association, Vijay Saraf and General Secretary, Bhavneet congratulated the organising committee for the successful event. They also thanked Wushu Association of India, SAI and JKSC for the immense support and making this mega event a great success.

Heritage School wins rolling trophy at Global Assembly Youth conclave



Heritage School Jammu team in jubilant mood after receiving trophy.

STATE TIMES NEWS

JAMMU: The students of Heritage School, Jammu participated in the Shri Ram Universal School, Jammu, Global Assembly Youth Conclave Model United Nations held on September 1 and 2, 2023. The event was organized by the former alumni of Heritage School Sidharth.

The programme started on September 1 with the opening ceremony and further pro-

ceeds with Committee Session-1, Committee Session-2 and concluded with the Socials.

The day two started with Committee session-III and proceeded with Committee session IV, V, feedback and ended with the closing ceremony.

Out of various schools and more than 230+ delegates, students of Heritage School were able to win most of the prizes and clinched the Rolling Trophy.

DPS Jammu students excel in district Yogasana Sports Championship



Medal winner students of DPS Jammu.

STATE TIMES NEWS

JAMMU: Students of Delhi Public School (DPS) Jammu brought laurels to the school and their parents by winning three silver medals, one bronze medal and certificate of merits in District

Yogasana Sports Championship organized by Yoga Association of Jammu and Kashmir at Om Shanti Meditation Centre, Jammu on September 3, 2023.

Divyesh Sharma (V-F), Mohammed Aamir Qazi (V-

D) and Bhavya Sharma (III-F) win silver medals while Dhriti Langeh (III-F) bagged bronze medal. All the students were trained under the guidance of Veena Chib, School Yoga Faculty. She was also felicitated with appreciation award.

The management of DPS Jammu including President- RCT, Ajatshatru Singh, Pro VC-Dr Ritu Singh, Director-S.S Sodhi along with Principal- Ruchi Chhabra congratulated all the winners and their parents. They also extended their best wishes for all their future endeavours. Headmistress, Meenu Gupta too lauded them.

Investiture Ceremony 'Udaan' hosted by DPS Udhampur

STATE TIMES NEWS

UDHAMPUR: Delhi Public School (DPS) Udhampur, on Friday celebrated Investiture Ceremony for the academic session 2023-24. The newly invested office-bearers also pledged to bestow their duties to the best of their abilities.

The elected Leaders of Jr. School Council & Sr. School Council were conferred with badges and sashes. The Student Council took the pledge to hold the school motto of Loyalty, Truth and Honour in high esteem.

The Prefects, House captains, Vice Captains etc took the oath along with the Junior and Senior



DPS Udhampur faculty posing with student council members.

Head Boy and Head Girl, to abide by the school rules and the school motto- 'Service before Self.

The event was attended by Saloni Rai, DC Udhampur as Chief Guest,

Pro Vice Chairman of the School, Dr. J. C. Gupta as Guest of Honor while MD of the School, Vivek Gupta and Director Academics, Sucheta Gupta presided over the function. Principal, Dr. Kunal Anand along with Head Mistress of both the wings and Chief Coordinators of the school

along with parents were also present.

Chief Guest expressed her joy to be the part of this special ceremony of the school and congratulated the team of students and Teachers for putting forward a captivating Program. She appreciated the team DPSU for mar-

velous success of school in the academic session.

Dr. J. C Gupta wishes the council good luck for this session 2023-24. Vivek Gupta and Sucheta Gupta congratulated the newly elected council with a lot of luck. The Principal expressed his delight for having new leaders to set a new path of success.

He further added that with great power comes great responsibility and newly elected council to be ready for new challenges coming their way with full zeal. Sr. School HM Bhanvi Sharma, Jr School HM Shivani Koul, Chief Coordinator Sr Wing Sangeeta Nargotra, Chief CCA Coordinator Rakhi Gupta & Chief Coordinator Jr. wing Lakvinder Kour were also present on the occasion.

Senior men volleyball trial from Sept 15

STATE TIMES NEWS

JAMMU: District Volleyball Association Jammu is conducting selection trials to Select Jammu District Senior Volleyball team for Men on September 15 and 16, 2023 at 4:00 PM at MA Stadium, here.

"The selected players shall participate in the forthcoming 35th J&K UT Senior Volleyball Championship for Men to be held at Maidan Chogul, Handwara, District Kupwara from September 28 to 30, 2023," said HS Gill Secretary Jammu District Volleyball Association in a handout issued on Friday.

All the interested players of Jammu District are asked to report as per the selection trials schedule and in case of any query may contact H.S Gill Secretary Jammu District Volleyball Association on Mobile No. 9419142292.

District Srinagar Rollball Championship from Sept 9

STATE TIMES NEWS

JAMMU: District Rollball Association of Srinagar is conducting District Rollball Championship on September 9 and 10, 2023 at Radpora Skating Rink, Srinagar.

About 150 players both male and female are expected to participate in the aforesaid championship. Selection for upcoming UT Championship will be made during the Championship. Ashraf Dijoo has been nominated as a Championship Director.

Jammu District Senior Judo Championship concludes



Judo players posing for photograph with dignitaries and officials during prize distribution ceremony.

STATE TIMES NEWS

JAMMU: Day-long Jammu District Senior Judo Championship concluded at Bhagwati Nagar Indoor Stadium, here on Friday.

Judokas from different schools and colleges from all over the Jammu District participated in the championship.

Gul-e-Surkhab, former sportsperson, Chairman Champions Sports Academy was the Chief Guest who distributed medals and certi-

icates among the winners.

The championship was organized by Jammu District Judo Association, under the aegis of J&K Sports Council. The bouts were officiated by Chief Coach Suraj Bhan Singh, Jugal Kishore and Ritika.

Prominent among others present on the occasion were Suraj Sharma (Secretary), Vikas Gupta (President), Manish Chatwal (Organiser).

The results:

Gold medal: Ashutosh Khajuria, Akshay Sharma, Sushank Baru, Varun Sharma, Danish Sharma, Ujwal Khajuria, Ansh Singh, Vanshika Manhas, Khushi Thakur, Yashika Jamwal, Nirali Sharma, Arohi Sharma, Anshika Sharma and Nirjala Kumari.

Silver Medals: Atul Sharma, Arihant Mahajan, Keshav Sharma, Yogesh Sareen, Lakhman baru, Niharika Sharma and Swastika.

Bronze Medals: Sumit Lal, Eshan Saini, Zayin Dabiryal, Ritikh Kumar and Divya Gupta.

Jodhamal student wins MIT App Inventor Appathon 2023

STATE TIMES NEWS

JAMMU: Sarthak Gupta, a student of Jodhamal Public School wins the prestigious MIT App Inventor Appathon 2023 in the People's Choice Category.

The competition was hosted by Massachusetts Institute of Technology (MIT) and the App Inventor Foundation saw participants from all over the world coming together to build apps with the power to change society.

Sarthak Gupta, a 10th grade student at Jodhamal Public School, built an AI-powered health app called 'Swasthya' for the



Jodhamal Public School faculty felicitating a student Sarthak Gupta.

appathon.

The application addresses the issue of mental health and wellbeing and contains numerous features such as GyanAI- An intelligent chatbot with a

brain in addition to emotion detection using computer vision.

The same accentuates emergency SOS and even exerts tips including pedometer and yoga.

Swasthya also detects nearby medical stores and hospitals and executes community SOS.

The Management, Staff and the students celebrate Sarthak's incredible

accomplishment and congratulate him for winning and demonstrating to the world, the innovative and visionary thinking of our students.

This stands as a testament to the hard work and dedication of our students and faculty.

The introduction video of the app can be watched on the YouTube Link: <http://www.youtube.com/@TechXSarthak>

Gyan AI is live on Google Play Store and Swasthya will also be live soon Google Play Developer: <https://play.google.com/store/apps/dev?id=7949526400066143521>.