

# The impact of a Role model can last a lifetime: Principal JKPS Kunjwani



Principal JKPS Kunjwani Rajesh Rathore along with students addressing morning assembly.

**STATE TIMES NEWS**

JAMMU: "Role Model and Mentors inspire us to be better versions of ourselves, provide guidance in times of confusion, and offer valuable insight based on their own experience". With these powerful quote, Shanaya of Grade VII Galaxy created the ripples in the placid waters during the morning assembly at JK Public School Kunjwani.

Elaborating further on the topic pitched in Jaanvi by saying, "Role models are individuals we look up to, admire, and aspire to emulate. They can be anyone - a family member, a teacher, a public figure, or even a friend. What makes them special is their ability to inspire us through their actions, values, and achievements. They

show us what is possible and motivate us to strive for our best".

"For instance, consider someone like Malala Yousafzai, who, despite facing immense adversity, stood up for girls' education and became a global symbol of courage and resilience. Her story teaches us the power of standing up for what we believe in, no matter the obstacles", she added.

Another promising student Agransh reflected further, "On the other hand, mentors play a more direct and personal role in our development. They provide guidance, support, and wisdom based on their own experiences. A mentor is someone who takes the time to understand our goals and challenges, offering advice and

encouragement to help us navigate our paths".

Summing up the topic, Shanaya stated, "Both role models and mentors are crucial in shaping who we are and who we aspire to be. They provide us with the inspiration and guidance needed to overcome challenges and achieve our dreams. So, let's take a moment to appreciate the role models and mentors in our lives and strive to be positive influences for others as well".

Poetry being a powerful tool, some poetic interpolations were made by the budding poet from the class Prabhav:

In life's vast journey, winding and long,  
We seek the wise, the steady,  
The strong.

A mentor's voice, a guiding

star,  
Shows us the way to who we are.

Through trials faced, their lessons shine  
Their wisdom gently shapes the line,

With every fall, they're there to guide,  
And help us find the strength inside.

Long after their words fade away,  
Their influence in our hearts will stay.

For in each step, their light remains,  
A part of us, through joys and pains.

Principal JKPS Kunjwani Rajesh Rathore applauded students for enthusing the audience with their substantial views on the topic. Sharing his

perspective on the theme, he said, "Role models have a profound impact on individuals, shaping their values, behavior, and aspirations.

"They inspire people by setting a standard for what can be achieved, motivating individuals to pursue their goals and dreams. Having observed the actions and attitudes of role models, we feel encouraged to develop positive habits, work ethic, and a sense of responsibility".

"Role models offer a clear sense of direction, helping people to identify their own goals and find purpose in their pursuits, whether personal or professional.

Their milestones teach people how to deal with failure, stress, and setbacks in a constructive

way. The impact of a role model can last a lifetime, influencing decisions, career paths, and personal development far beyond the initial inspiration", he added.

"In essence, role models, like, Arunima Sinha, who conquered Mt. Everest with her prosthetic legs; Dashrath Manjhi, who cut open a passage in the chest of a mountain single-handedly in 26 years; Commander Abhilash Tommy, who successfully attempted the Solo circum-navigating of the Globe; Archer Sheetal Devi, who became world's first archer to compete internationally without arms and innumerable other examples, act as powerful examples of success, character; and perseverance, guiding us toward self-improvement and fulfillment", he concluded.

# Kuldeep Gupta calls on LG Sinha, submits demands



Secretary VSSF, Kuldeep Kumar Gupta along with Technical Director, S.S Gill calling on LG Manoj Sinha.

**STATE TIMES NEWS**

JAMMU: Secretary Vansh Sabre Sport Foundation, Kuldeep Kumar Gupta along with Technical Director, S.S Gill called on the Lieutenant Governor (LG), Manoj Sinha here on Tuesday to raise burning issues of SO 12 and medical facilities within the sports hubs of MA Stadium and Bakshi Stadium.

A detailed memorandum was submitted to the LG by the visiting duo highlighted the problems of outstanding sportspersons of the Union Territory (UT), especially those who qualify the eligibility criteria of being outstanding sportsperson. While interacting with the LG, Kuldeep Gupta asked LG Manoj Sinha to clear the pending files of outstanding sportspersons so as to provide them the much needed relief.

The memorandum also highlighted and demanded setting up of medical facilities in the

shape of dispensaries within sports hub of MA Stadium in Jammu and Bakshi Stadium in Srinagar.

While discussing the issues Kuldeep Kumar Gupta commended the efforts of LG, Manoj Sinha, who happens to be president of Jammu and Kashmir Sports Council. Gupta complimented the LG for the initiatives including introduction of much needed sports policy for the outstanding sportspersons.

As per the SO 12, five outstanding sportspersons from J&K are to be absorbed as Gazetted Officers while other 25 as non-gazetted officers in a calendar year.

The detailed document also appreciated the efforts made by Sanjeev Verma Commissioner Secretary GAD as member of committee in scrutiny of the outstanding sportspersons under to be absorbed under SO-12.

# Shopain Judo Championship held at IDPS



Medal winners posing with officials.

**STATE TIMES NEWS**

Srinagar: Around 150 young boys and girls turned up to contest and excel in the District Shopain Judo Championship that took place at International Delhi Public School Shopain in collaboration with J&K Sports Council (JKSC). Principal of the host school, Dr Sajid was chief guest while Adil Ahmad was guest of the honour. Both the special

guests felicitated the medal winners of various weight categories. Later, organising secretary of the event, Hafiz Mohd Asif thanked the participants and officials for the cooperation in making the event a success.

Earlier, Govher Khan (joint secretary J&K Judo Association) and Abdul Hameed Khan (vice president J&K Judo Association) declared the event open.

# J&K Rollball team leaves for Pune



J&K Rollball teams posing with officials before leaving for Pune.

**STATE TIMES NEWS**

JAMMU: A 26 members Sub-Junior (boys and girls) team today left for participation in the 17th Sub-Junior Rollball National Championship being held at Pune from September 12.

Earlier, the team was

cleared by the screening panel of the J&K Sports Council (JKSC) headed by Baljinder Singh, Sports Officer and assisted by Suraj Bhan Singh and Joginder Singh.

The selected team also underwent a mandatory

training camp which held under the supervision of Madhu Sharma, Suresh Kumar and Manvijay Singh Slathia.

Meanwhile, Suvidha Sareen, international Rollball player, motivated the team to perform well.

The Team:  
BOYS: Samuel Khokhar

(Captain), Bhavyansh Sharma, Mohd. Daiyan Bagdadi, Astitva Choudhary, Zehraan Talib, Vivan Sharma, Vaibhav Sharma, Anman Showkat, Agrim Bangotra and Sundandan Sharma.

GIRLS: Qurat Yaseen (Captain), Shahzadi Eleeza Makhdoomi, Arushma Mir, Dhvani Nanda, Areeba Mir, Urwah Sajjad, Sama Dhiman, Harshita Saini, Meera Verma and Qubrah Parvaiz.

Officials: Reyansh Sambhal Manvijay Singh (Coach), Udhav Sharma Rekha Nanda (manager), Suresh Kumar (coach) and Rekha Abrol (manager).

# 3 KCPS students selected for Senior National Aquatic Championship 2024



Selected KCPS students posing with faculty members.

**STATE TIMES NEWS**

JAMMU: Three swimmers from KC Public School, namely, Aayan Sharma, Chitrangna and Pranjal Gupta have been selected to represent the UT of J&K in the 77th Senior National Aquatic Championship scheduled to be held from September 10 to 13 at the International Swimming Complex, Yemmekere, Mangalore.

The event will be organised by the Karnataka Swimming Association under the auspices of the

Swimming Federation of India.

The J&K Swimming Association conducted trials for this Championship at Jodhamal Public School in which more than hun-

dred Swimmers from across the UT participated.

The J&K UT team left for Mangalore on September 9, escorted by their Coach Babita Rani.

# International Literacy Day celebrated by DLL JU

**STATE TIMES NEWS**

JAMMU: Department of Lifelong Learning (DLL), University of Jammu (JU) celebrated International Literacy Day on Tuesday. Prof. Prakash Narayan, Head Department of Continuing Education and Extension, University of Delhi was the key speaker whereas Dean Social Sciences, JU Prof. Sangeeta Gupta presided over the proceedings.

Dr. Priyanka Sharma, Director, DLL JU illustrated upon the work and contributions of the speaker in the field of literacy and adult education.

Speaking upon the occasion



Prof. Prakash Narayan, Head Department of CEE, DU with JU faculty and students.

Prof. Narayan focused on the role of educators in shaping social responsibility: bridging academia, community and industry gaps.

He also highlighted the pivotal role of educators

globally in integrating CSR, especially in bridging the gap between academia, industry and community.

Prof. Narayan reflected on International CSR Education model and sug-

gested strategies for effective collaboration in interdisciplinary research and incentivizing industry participation.

Prof. Sangeeta Gupta emphasized upon the 2024 UNESCO goals on literacy

and reiterated the need to continually work upon the issue to reach the targets envisaged.

She congratulated the organizers for choosing International Literacy Day to deliberate upon corporate social responsibility and role of educators in the globalized world.

Dr. Vivek Sharma, Associate Professor, DLL presented the Vote of thanks. Others present were Prof. Kavita Suri, Dr. Pallavi Sachdeva and Dr. Sandeep Singh faculty members DLL. Khushi Bitoria from the DLL coordinated the proceedings.

# Shiksha Niketan School conducts exam for participating in Philatelic Scholarship Scheme



Shiksha Niketan School students appearing in exam for participating in Philatelic Scholarship Scheme.

**STATE TIMES NEWS**

JAMMU: Shiksha Niketan Senior Secondary School, Jeevan Nagar on Tuesday conducted an exam to invite the students of Classes VI to IX to participate in Philatelic Scholarship Scheme i.e "Deen Dayal SPARSH Yojna" for the Year 2024-25 organised by Department of Posts Ministry of India. The objective for this was to promote Philately

among children at a young age in a sustainable manner that can reinforce and supplement the academic Curriculum in addition to provide hobby that can help them relax and de-stress. After the exam, refreshment were distributed among the Children.

Principal of the School, Rameshwar Mengi appreciated the students and motivated them to take part in such types of activities in future also.

**STATE TIMES NEWS**

JAMMU, Sep 10: In observance of World Suicide Prevention Day, the Urban Health Centre Sainik Colony, Jammu, organized an interactive session on "Prevention of Suicide" at Tiny Tots Higher Secondary School. The event aimed to raise

awareness and educate students on the importance of mental health and suicide prevention.

Dr. Rita and her team led the session, emphasizing the need for open conversations about fears and seeking help when needed. They discussed the devastating effects of suicide



Dr. Rita and others at a programme.

on individuals, families, and society.

The interactive session encouraged students to share their thoughts and concerns, providing a safe space for discussion.

Students from classes 9 to 12 actively participated in the session, engaging in meaningful conversations about suicide prevention. Gurpreet Handa, Director

of the School, expressed gratitude to Dr. Rita and her team for sharing valuable insights and expertise.

This event marked a significant step towards promoting mental health awareness and encouraging youngsters to prioritize their well-being.