

Poetry & Poster Display Competition organized to observe Hindi Diwas

■ STATE TIMES NEWS
BHADERWAH: In observance of Hindi Diwas, GDC Bhaderwah conducted a series of engaging activities aimed at promoting and celebrating the profound cultural heritage of the Hindi language and literature. The events included a Poetry Competition and a Poster Display Competition, both of which were met with enthusiastic participation from students and faculty of the College.

The event was organized under the patronage of Principal, Prof.(Dr.) Attar Singh Kotwal. The program commenced with the lighting of auspicious lamp.

Dr. Rajni Kumari, Head of the Department Hindi presented a welcome address and threw light on the importance of Hindi language and encouraged students to deepen their understanding and foster appreciation for Hindi, our national language.



A resource person speaking during the event at Bhadarwah.

The Poetry Competition showcased the creative talents of participants, who expressed their thoughts and emotions through beautifully composed verses in Hindi.

The competition not only highlighted the literary skills of the contestants but also emphasized the importance of preserving and nurturing the Hindi language.

Furthermore, the Poster Display Competition provided a visual celebration of Hindi's significance.

Participants created vibrant and informative posters that depicted various aspects of Hindi literature, culture, and history.

The display was both educational and visually captivating, offering a unique perspective on the language's cultural impact.

The winners of both competitions were awarded with certificates and medals.

Prof. Shakeel Ahmad Khanday, Prof. Rakesh Sharma, Prof. Vijay Kumar, Dr. Rajni Kumari, Prof. Zain

Ul Abdeen Bandy, Prof. Anuradha Sharma also shared their views on this day and recited poems related to the theme of the event.

The event concluded with a spirited discussion on the future of Hindi in a globalized world, reinforcing the commitment to keeping the language alive and thriving.

Incharge Principal, Prof. Shakeel Ahmad Khanday congratulated the Department of Hindi for celebrating this day and he

added that this day is celebrated to promote and spread the culture and the importance of Hindi language.

The faculty members present on the occasion were Prof. Mohd Maqbool Pala, Prof. Malti Rajput, Prof. Yaseen Sirwal, Prof. Swarn Singh, Prof. Rajinder Kumar, Prof. Renuka Gorla, Dr. Deepika Devi, Dr. Ambish Malik, and Prof. Arti Devi.

A formal vote of thanks was presented by Prof. Zain Ul Abdeen Bandy, he expressed his views on the importance of Hindi Diwas and extended his heartfelt thanks to all participants, judges, and attendees for making Hindi Diwas a memorable and meaningful celebration.

The success of these events underscores the continued relevance and vibrancy of Hindi, as well as the community's dedication to preserving its legacy.

BJP candidate Manyal's campaign gains momentum



BJP Candidate Dr. Devinder Kumar Manyal addressing public gathering.

■ STATE TIMES NEWS
RAMGARH: Dr. Devinder Kumar Manyal, BJP MLA Candidate for Ramgarh, intensified his campaign today with a door-to-door outreach and address meetings in various regions, including Bandral, Khanpur Camp, Khanpur, Pakhri, Kamore, Govindgarh, Rangoor, Babral, and Kamare Camp. Through his interactions, Dr. Manyal

emphasized the need for development-driven governance and highlighted the benefits of Modi Sarkar's initiatives, reaffirming his commitment to working tirelessly for the people of Ramgarh and ensuring their voices are heard.

Dr. Manyal urged the people to vote and support the BJP, stating, "You are the power to bring the right party to governance. BJP stands for

Development, Skill Development, women empowerment, and health initiatives, all gifts from the Modi government. Vote BJP to transform Ramgarh."

As the first Assembly Constituency in J&K, Ramgarh deserves a leader who can bring about positive change. Join Dr. Manyal in his mission to bring prosperity and development to Ramgarh.

Major General RK Sachdeva felicitates NCC cadets for outstanding performance at Thal Sainik Camp 2024



Major General RK Sachdeva, ADG J&K addressing NCC cadets at Nagrota.

■ STATE TIMES NEWS
NAGROTA: Major General RK Sachdeva, Additional Director General, Jammu, Kashmir, and Ladakh NCC Directorate, felicitated and appreciated the exceptional achievements of NCC Cadets who participated in the prestigious Thal Sainik Camp in Delhi.

In an impressive ceremony at the NCC Training Academy, Nagrota, Maj Gen

Sachdeva commended the outstanding performances of both the Boys and Girls Contingents. The Girls Contingent excelled by winning Silver Medals in Health and Hygiene, Tug of War, and Bronze Medals in Line Area and Tent Pitching Competitions, showcasing significant improvement in the FC/BC Competition compared to last year.

The Boys Contingent secured Bronze Medals in Tug of War and Quiz Competitions, demonstrating notable improvements in Health Hygiene, Tent Pitching, and FC/BC Competitions.

Maj Gen Sachdeva lauded the Contingent Commanders, Capt Shivani Sharma and First Officer Kanwar Singh, and the instructional staff for their dedication and hard work. He also complimented Brig PS Cheema, SM, VSM, Group Commander, Jammu Group, for his meticulous planning and execution of the training, kitting, and logistics for the event.

The ceremony was a testament to the NCC Cadets' unwavering commitment, discipline, and teamwork, inspiring others to strive for excellence.

Madhuparamhans delivers religious sermons

■ STATE TIMES NEWS
SAMBHA: Sahib Bandgi's Sadguru Madhuparamhans Maharaj, while delighting the congregation with the nectar of his discourses at Rakhbandhu, Jammu, said that going to a pilgrimage gives one fruit, but if you meet a saint, you get all four fruits. But if you meet a saint, you get many fruits.

Sahib said that this world is a land of action. All living beings have the same soul. You should not kill any living being. Therefore, eating meat is a grave sin.

Our religion establishes the power of the Almighty. Truth and non-violence are its two principles. Truth also has eight parts and so does non-violence. In non-violence, no living being should be hurt by mind, words and actions. This is a great sin. All the actions



we are doing reach the conscience. And the intellect will be formed according to the action. Those who always do sinful actions, their conscience and intellect will never go in that direction. The person whose intellect gets polluted by sinful deeds, cannot see God even in his dreams. He will never go towards good deeds. Our ancestors did not commit sins. But today we have gone towards the western cul-

ture. There sex partners keep changing, but our culture never accepts it. The food you are eating will have an effect on your intellect. Similarly, the deeds you are doing will have an effect on your conscience.

There are seven streams of sin. The first stream of sin is-lying. Lying will give birth to all crimes. That is why Sahib said that there is no penance equal to truth and there is no sin equal to lying. When a person takes intoxicants, the cells become intoxicated, when he gets angry, the cells become angry. He always keeps getting angry. In this way, a power comes inside the person who does Sumiran.

Sahib is saying that Japa, Tapasya, Sanyam, Sadhna, all are obtained through Sumiran. The second door of sin is-violence. That is why religion says that we should not kill any living being. First we should become a good per-

son, then we can move ahead.

In this way, there are eight parts of non-violence. We should not harm anyone through our thoughts, words or deeds. We should not be jealous of anyone, we should not have feelings of revenge, we should not wish harm to anyone, we should not insult anyone. We should become virtuous.

Then it is said that we should not consume intoxicants. We should renounce all the impure things. Then it is said that we should not have sexual relations with other women. This is the gate to hell. This is a great sin. Ravan lost his ten heads because of other women. Then we should not steal. Theft is the gate to hell. Then we should not gamble. This is the gate to hell. Dushasan and Duryodhan had the audacity to disrobe Draupadi. But they had lost because of gambling. That is why it happened. Then we should

not cheat. Earlier, crimes were committed by illiterate people, ignorant people, now educated people are committing crimes. You should not get trapped. Cheating has become a business these days.

These are the seven gates to hell. You should avoid them. It is up to you where you want to go. It is clearly mentioned in the scriptures that where you will go due to which sins. There is different punishment for different crimes in hell. One who goes towards another's wife, Yamraj heats up an iron wife and makes him embrace her. One who scares someone, his hands are chopped off there. Man is thoughtful. He has to do every work after thinking. Eat pure food.

Eat food earned through pure earnings. Otherwise the intellect will get frustrated. One who always commits sinful acts, never understands the message of self-knowledge.).

Tribal upliftment sabotaged: Khatana exposes long-running NC-Congress conspiracy

■ STATE TIMES NEWS
INDERWAL: In a blistering address, BJP Rajya Sabha MP Er. Gulam Ali Khatana launched a scathing critique of the National Conference (NC) and Congress, accusing both political parties of systematically depriving Jammu and Kashmir's tribal communities of their constitutional rights and fundamental amenities.

Speaking at the Kithar panchayat in the Inderwal constituency, Khatana, while campaigning for BJP candidate Haji Tariq Hussain Keen, condemned the NC-Congress alliance for their deliberate neglect of the tribal population.

"These parties have actively conspired to deny basic amenities such as education, healthcare, electricity, drinking water, and roads to tribal communities for decades," Khatana declared, adding that despite constitutional safeguards, these fundamental rights were consistently withheld from some of the most vulnerable sections of



BJP Rajya Sabha MP Er. Gulam Ali Khatana during public meeting at Inderwal.

the population.

The BJP MP alleged that the NC-Congress regimes were responsible for not only ignoring the Tribal communities but also creating obstacles to their progress. "Instead of uplifting the Tribals, NC and Congress intentionally sidelined them. Developmental schemes aimed at improving their lives were either stunted or outright blocked under their leadership," he stated, shedding light on the long-standing conspiracy to keep the tribal population in the shadows of backwardness.

Contrasting the dismal past with the efforts of the current BJP government, Khatana praised Prime Minister Narendra Modi and Home Minister Amit Shah for their initiatives targeting marginalized groups. "The BJP government has broken the shackles that bound the tribal communities for decades. Under Modi ji's leadership, welfare schemes have been implemented on the ground, finally reaching the people who were denied these benefits for so long," Khatana said.

The BJP's inclusive poli-

cies, he argued, are the real game-changers for the tribal communities. Welfare measures such as the provision of basic amenities, education, health, electricity, road, drinking water and other basic facilities, once denied to them, are now accessible. Khatana's remarks resonated with the local audience, many of whom expressed agreement with the BJP MP's assessment of the prolonged neglect under NC and Congress rule.

Under the Modi government's initiatives, Khatana emphasized, the living stan-

dards of tribal communities have visibly improved. "The development they never saw in decades of Congress-NC rule is now at their doorsteps. This is why the tribal communities are now embracing Modi ji's vision for a progressive India," he asserted.

As the campaign for the BJP's candidate, Haji Tariq Hussain Keen, gains momentum, Khatana's sharp attack on the NC-Congress alliance has brought the plight of tribal communities back into the political spotlight, raising questions about the true motives behind the policies of past regimes in Jammu and Kashmir.

Haran Banoo, ex Sarpanch, Kithar, Noor Mohd Gors, Farooq Ahmed Kashmiri, Qasam Din, Mohd Ibrahim Choudhary, Mohd Ibrahim Kashmiri, Shams Din, Mohd Ismael, Aftad, Sher Din and other BJP leaders and workers were present during, MP's meeting at Kithar.

Rajouri embraces Art of living's happiness programs & mental health sessions

■ STATE TIMES NEWS
RAJOURI: The Art of Living's Happiness Program made a profound impact in Rajouri, engaging 88 participants in various batches from 11th to 15th September 2024. This initiative was complemented by transformative mental health and meditation sessions, both offline and online, which significantly benefited the local community. Supported by civic leaders and dedicated AOLites, the program reached over 800 individuals, providing essential tools for managing stress, anxiety, and emotional well-being.

Under the guidance of Art of Living teachers Vinod Ji and Rajan Sharma, participants experienced the profound benefits of Sudarshan Kriya, a globally acclaimed breathing technique.

Attendees from diverse backgrounds-including doctors, bankers, educators, government officials, homemakers, business leaders, students, and senior citizens-reported significant improvements in physical and mental health, emotional resilience, and stress management.

The initiative also featured over 80 free mental health sessions conducted across banks, schools, colleges, offices, homes, and government establishments, benefiting more than 800 individuals. These sessions addressed the increasing need for mental health support and offered practical strategies for long-term well-being.

Under the leadership of Vivek Vansal Ji and with the selfless efforts of the AOL team and local community leaders, The Art of Living has humbly served the people of Rajouri, setting a compassionate and impactful precedent for holistic health in the region.

The initiative concluded with addresses from Sh. Jai Kumar Aggarwal (Apex Member, TAOL), Prof. Rajan Salalia, and Bhagwati Prasad, State Teachers' Coordinator (STC's) for Jammu, Kashmir, and Ladakh. They highlighted The Art of Living's mission to promote a disease-free body and a stress-free mind, emphasizing the essential role of these practices in today's demanding world.

Week long induction programme for B.Tech Students concluded at BGSBU



Faculty members along with students during the programme.

■ STATE TIMES NEWS
RAJOURI: The week-long B.Tech Induction Program 2024 at BGSB University concluded. Designed to ease the transition of new students into university life, the program featured a dynamic mix of activities aimed at fostering a strong foundation for academic and personal growth. Throughout the week, students participated in various interactive sessions, including lectures by expert faculty and guest speakers on cutting-edge technologies, innovations in engineering, and the future of the tech industry. In addition to academic sessions, students engaged in numerous team-building activities, campus

tours, and ice-breaking events.

Vice Chancellor Prof. Akbar Masood conveyed the appreciation on the successful completion of the Induction program. Dean Academics Dr. A A Shah and Registrar Shahbaz Ahmad Mirza (JKAS) also conveyed their appreciation.

A key highlight of the induction was a comprehensive orientation on BGSB University's legacy, core values, and its commitment to producing world-class professionals. University leaders emphasized the importance of innovation, ethical leadership, and adapting to technological change in today's fast-evolving world. The program culminated with a motivational address by senior uni-

versity faculty encouraging students to strive for excellence, stay curious, and take full advantage of the resources and opportunities available at BGSB University. The successful completion of the induction program marks the beginning of a promising academic journey for the new batch of B.Tech students. The teachers present in the valedictory function were Dr. Vishal Puri, Khalil Ahmad, Rakesh Singh Sambyal, Dr. Manmeet Singh, Dr. Shafiqat Nabi Mughal, Dr. Parvaiz Alam, Shahid ul Islam, and Yasir Arafat.

At the end of the event Dr. Malik Mubasher Hassan (Convener of the program) presented the vote of thanks.

Natrang presents Hindi play 'Bhrasht Tantra'

■ STATE TIMES NEWS
MENDHAR: Natrang presented Hindi play 'Bhrasht Tantra' written and directed by Neeraj Kant here today at Bus Stand, Mendhar. The play is based on the youth's perspective on the corrupt administration of the country.

The play started with the aggression of the frustrated youth who is breathing in the contaminated air of corruption, scandals and dishonesty. Then they hold

the common people responsible for this corruption and say that corruption is spread by anarchist elements who get the protection of those in power. And in this democracy, the general public is completely responsible for establishing power.

In this way, full participation of the common people is directly ensured in this corrupt system. Then it is told how corruption starts. A street fruit seller becomes a victim of the corrupt guardians of the system and the prices in the markets increase and the general public bears the burden.

Then, by mentioning the different side effects of corruption, it is told how it affects the common people and the progress of the country. There are no strict rules to stop corruption. The courage of corrupt people is increasing



Artists performing during the play.

day by day and so are the number of scams.

In another scene it is told that Tatkal tickets are not available to common passengers for train travel. But due to collusion with the officials, middlemen indulge in black marketing and get huge profits by purchasing tickets and selling them at higher prices. A passenger who is a vic-

tim of this fraud takes alertness and informs the Vigilance Department and gets the officer in charge arrested. In this way the solution to the problem is also given.

In one another the leader is luring the general public by distributing gifts during elections. The officer involved in all this gets his son admitted in college

with the money he gets through bribery. But his son, to teach his father a lesson, steals in his own house.

A police officer does not file a theft report without a bribe. Thus, he realises the fate of a person having no money to pay as bribe. Upon realizing this, the father takes a pledge that he will neither take nor give bribe in future. And the play ends with this message that they would say no to corruption and commit to the Nation.

Actors who outshined in their respective performances and left an impact of their acting included Kananpreet Kaur, Palshin Dutta, Vrinda Gujral, Mihir Gujral, Aadesh Dhar, Vishal Sharma and Kushal Bhat. The presentations of the play were conducted by Neeraj Kant and the show was coordinated by Mohd. Yaseen.

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