

5th J&K UT Yoga Sports Championship 2024 concludes

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JAMMU: The 5th J&K UT Yoga Sports Championship 2024, organized by the Yoga Association Jammu & Kashmir under the aegis of the J&K Olympic Association, concluded at the Brahma Kumari's Om Shanti Meditation Centre, here on Sunday.

The championship saw participation from boys and girls across various districts of the UT. The event was inaugurated by Prof. Ashutosh Sharma, an exponent of SARAL Yoga and President of the J&K Olympic Association, who performed a candle lighting ceremony with the Brahma Kumaris. Rajyogini B.K. Sudarshan Didi, Patron-in-Chief of the Yoga Association, served as the Chief Guest, while B.K. Ravinder Bali was the Guest of Honour. They presented mementos, medals, and certificates to the winners in the presence of Ashwani Katoch, Rajinder Kumar, Sonia



Participants posing with officials at 5th J&K UT Yoga Sports Championship 2024.

Sharma, Sabita Sharma, Veena Chib, Sunita Raina, and Anushka Kaul.

Earlier, Vinod K. Bhatia, Secretary General of the Yoga Association, welcomed the Chief Guest and provided a brief overview of the association's activities.

The J&K UT Yoga team is set to participate in the 49th Sub-Junior and Junior National Yoga Sports Championship in Una (HP), he said.

The championship was officiated by national referees

and judges from the Yoga Federation, including Dayal Ram, Mukesh Sharma, Sanjeev Kumar, Rajesh Bandral, and Aryaaveer Singh.

B.K. Ravinder Bali commended Akhil Kapahi, President of the Yoga Association Jammu & Kashmir, for his efforts in promoting yoga among youth.

RESULTS
BOYS (8-10) yrs: Parth Samnotra (Reasi), 1st, Aadhya Gupta (Jammu),

2nd and Harshit Wazir (Reasi), 3rd. (10-12) yrs: Divyesh Sharma (Jammu), 1st, Rahul Singh (Reasi), 2nd and Navjot Singh (Jammu), 3rd. (12-14) yrs: Mridul Raj Gupta (Jammu), 1st, Banshu Sharma (Jammu), 2nd and Arnay Singh (Jammu), 3rd. (14-16) yrs: Krishna Choudhary (Jammu), 1st, Lakshya Mahajan (Jammu), 2nd and Shaurya Bandral (Jammu), 3rd. (16-18) yrs: Surinder Rajput (Jammu), 1st, Sandeep Kumar (Jammu),

2nd and Arun Singh (Samba), 3rd. (18-21) yrs: Himanshu Verna (Jammu), 1st, Sahil Singh (Jammu), 2nd and Dev Mehra (Jammu), 3rd.

GIRLS (8-10) yrs: Urvashi (Reasi), 1st, Nishita Memiya (Jammu), 2nd and Anishka Gupta (Jammu), 3rd. (10-12) yrs: Ananya Kotwal (Jammu), 1st, Gunjan Sharma (Jammu), 2nd and Aliya Akhter (Reasi), 3rd. (12-14) yrs: Sadiya Sharma (Jammu), 1st, Veenakshi (Jammu), 2nd and Vasavi Sharma (Jammu), 3rd. (14-16) yrs: Akshi Sharma (Reasi), 1st, Kritika Sharma (Jammu), 2nd and Ankita Pangotra (Samba), 3rd. (16-18) yrs: Akriti Singh (Jammu), 1st, Aditi Verna (Jammu), 2nd and Sukriti Verna (Jammu), 3rd. (18-21) yrs: Siya Suryavanshi (Jammu), 1st, Sunakshi Rajput (Jammu), 2nd. (21-25) yrs: Sonika Sharma (Jammu), 1st.

J&K Badminton team to leave for Chandigarh today



Selected J&K senior and junior (boys and girls) Badminton team posing for a photograph.

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JAMMU: A 25-member J&K senior and junior (boys and girls) Badminton team shall depart for Chandigarh tomorrow to take part in the North Zone Inter-State Badminton Championships. The event is being organised by Chandigarh Badminton Association.

Earlier, the Badminton Association of J&K conducted the selection trials to name the UT teams. J&K Contingent: Raghav Dogra, Bhavya Sharma, Divum Gupta, Gopesh Singh, Harsh Mahajan, Puranjay Sharma, Akshay Mahajan, Abhijit Jasrotia, Shourya Pratham, Vaibhav Mehta, Shaouryaveer Jasrotia,

Thakur Aneesh, Bhavdeep Singh, Unnati Jaral, Skiedeeep Kour, Krishika Mahajan, Antima Naruka, Suhani Sharma, Gania Singh, Diamond Rajput and Yashaswani Pandoh. Officials: Rahul Sharma (manager), Sukhvinder Kour (female manager), Vikram Saini (male coach) and Rekha Rajput (female coach).

Magnifique Creation' 24 at Jodhamal: A Glimpse into Future of Science



Chief guest, Garib Dass, Director SKPA Udhampur along with Jodhamal Public School faculty and students.

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JAMMU: Jodhamal Public School recently presented "Magnifique Création '24," a captivating exhibition that featured innovative projects across the field of Science.

The event was inaugurated by the esteemed Chief Guest, Garib Dass, Director of SK Police Academy, Udhampur, J&K. The venue, Open-Air Theatre (OAT) was transformed into a grand science hub, drawing a significant audience of parents and students who marveled at the creative ingenuity and groundbreaking ideas on display.

The exhibition showcased an array of fascinating working models that ignited the curiosity of everyone present. Some of the most notable projects included a Water Distillation

System, Dehumidifier, Wastewater Treatment Plant, Regenerative Braking System, Smart Dustbin, Incubator, Graphite Conductivity experiment, Tesla Coil, a functioning Human Heart model, a demonstration of Pascal's Law, Rainwater Harvesting System, Plastic Waste Management solutions, Remote-Controlled Car, Hydraulic Lift System, and a Telescope.

Students from classes VII to XII presented over 300 innovative projects, complemented by special displays from the Drone and F1 teams that demonstrated their technical expertise.

The two-day event saw enthusiastic involvement from both students and parents, aiming to nurture creativity and encourage the development of models and prototypes with social

impact.

The young innovators received guidance from their dedicated teacher-mentors, including Rimjhim, Aashima, Nirmaljit, Avinash, Chandan, Damandeep, Shailu Jamwal, Sangeeta, Elizabeth, and other distinguished members of the Science Department.

The Chief Guest praised the students and their mentors for their efforts in fostering scientific curiosity and commended the exceptional creativity and talent showcased throughout the event.

The young Jodhamal Innovators also received widespread acclaim from all visiting parents, recognizing the extraordinary efforts of the students and the school in nurturing the future scientists and innovators of tomorrow.

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JAMMU: Short Term Upskilling Training Programme for Women candidates conducted by School of Business Studies, Central University of Jammu at GCW Bagwati Nagar concluded on Sunday with an impressive Certificate distribution ceremony organised by the College.

The Upskilling Training Programme on Social Media Executive was conducted by School of Business Studies in collaboration with GCW Bagwati Nagar under the mentorship of Prof. Sanjeev Jain, Vice Chancellor, Central University of Jammu and Mission Directorate, Department of Skill Development, J&K. It is pertinent to mention here that number of Job oriented courses were offered by the University during the last academic session including Social Media Executive, Community Journalist, Yoga and Wellness, Digital Marketing, Soft Skills and Personality Development, Homestay Entrepreneurship Development Programme, Multipurpose Associate (Tourism) etc. In this series course on Social Media Executive concluded today at Government College for Women, Bhagwati Nagar Jammu in presence of Dr.



Students posing for a photograph with faculty members.

Meeru Abrol, Principal, Project Team Members comprising of Prof. Jaya Bhasin, Dr. Shahid Mushtaq & Dr. Neelika Arora from School of Business Studies, Central University of Jammu.

Prof. Meeru Abrol in her valedictory address appreciated the efforts of faculty members from School of Business Studies, Central University of Jammu under the visionary leadership of Prof. Sanjeev Jain in carrying out such outreach activities in collaborative mode. She congratulated the learners and organizers of the Programme from the College for its successful completion. Speaking on the occasion Prof. Meeru Abrol impressed

upon the participants to utilize the skills learned during the course for supporting themselves and others by starting their own enterprise. She highlighted that NEP-2020 envisions that skill courses to be made available to students enrolled in all Bachelor's Degree Programmes irrespective of disciplines.

Prof. Jaya Bhasin in her address thanked College authorities for successful culmination of the Upskilling, Training Programme for women in making them self-reliant. In her address she observed that for economic empowerment of women in today's changing job market is of

paramount importance for bringing a change in society. Dr. Neelika Arora in her address pointed out that Project Team members are ready for hand-holding and supporting entrepreneurial ventures by providing necessary mentorship and in establishing market linkages. She appreciated the efforts of Resource Persons viz. Dr. Asif Ali, Assistant Professor, School of Business Studies and Mr. Naman Chibber for conducting the course.

Speaking on the occasion Dr. Shahid Mushtaq apprised the gathering about new initiatives including development of skill app for Youth providing inte-

grated e-learning platform and Project YUVA which J&K Govt. will be launching for the benefit of the youth to ensure sustainable income and employment opportunities by creating a supporting ecosystem.

He stressed on the need for changing the mindset from Job seeking behaviour to Job creation as opportunities in Govt. sector are shrinking as well as new type of Jobs are created because of technological advancements. He further pointed out that women empowerment is one of the key pillars for achieving Viksit Bharat@2047 as envisaged by Prime Minister of Narendra Modi.

The entire programme was coordinated by Project Team members and faculty members from Career Counselling Cell of College. Earlier Dr. Pavanjeet Bali, Assistant Professor, Department of English and Coordinator Career Counselling Cell welcomed the Guests to the valedictory session and. Nisha Bhagat, Assistant Professor, Department of Sociology and Coordinator IQAC proposed formal vote of thanks. Ms. Simranjeet Kaur and Ragini Kohli conducted the proceedings of the Programme.

Aarti Chowdhary receives recognition as 'Most Promising Fashion Brand' at New Age Business Summit 2024

■ STATE TIMES NEWS

JAMMU: The New Age Business Summit 2024, a distinguished event celebrating excellence and innovation, was held at the Hilton Garden Inn, Lucknow, under the theme "Inspire, Integrate, Innovate". Organized by The Global Triumph Foundation and The Business Ascent, the event attracted over 200 prominent business leaders and educators from across India.

During the summit, two remarkable women from Jammu were recognized for their outstanding achievements.

Varuna Anand, Sole Proprietor of The Splendor of Kashmir, was honoured as



Aarti Chowdhary receiving 'Most Promising Fashion Brand' award at New Age Business Summit 2024.

"Women Entrepreneur of the Year" for her extraordinary entrepreneurial journey. Aarti Chowdhary graciously accepted the award on her behalf.

Aarti Chowdhary's fashion brand, Luxury of Kashmir, was honoured as the Most Promising Fashion Brand,

acknowledging her unwavering dedication to promoting fusion apparel that seamlessly blends traditional craftsmanship with the contemporary demands of the ever-evolving fashion industry.

The event was graced by eminent guests and speakers, including Prof. (Dr.) Dinesh

Sharma, Former Deputy Chief Minister of Uttar Pradesh and Member of Parliament (Upper House), Awanish Kumar Awasthi, IAS, Chief Advisor to the Chief Minister of Uttar Pradesh, Jitendra Kumar Dubey, Additional DCP, Commissionerate Lucknow, Dr. P.K. Rajput, Former Vice President, Cadilla Pharmaceuticals, Prof. (Dr.) Punit Kumar Dwivedi, State Govt. Nominee to Pvt.

University, M.P Higher Education Dept. (Avantika University, Ujjain, M.P), Vice-Chancellor (Proposed), University of Indore (Upcoming Nov 2024), Rishabh Rai, Sr. Manager, UP State, MP Tourism MP Gov, and Dr. Shashank

Kharabanda, CEO, Angel Life Cosmetology and Wellness.

The summit also featured the launch of The Business Ascent magazine by Prof. (Dr.) Dinesh Sharma and Awanish Kumar Awasthi.

A captivating panel discussion on "The Role of Resilience in Nurturing an Entrepreneurial Mindset" was held, where expert panelists shared their valuable insights.

Aarti Chowdhary's brand, Luxury of Kashmir, not only stood out as an emerging fashion leader but also earned her a feature on the cover of The Business Ascent magazine, marking another significant milestone in her journey.

■ STATE TIMES NEWS

JAMMU: The Department of Electronics and Communication at Central University of Jammu organized a full day hands-on workshop on Robot Programming using the Robot Operating System (ROS). The workshop was graced by Dr. Radhe Shayam Sharma, Assistant Professor from the School of Computing and Electrical Engineering at IIT Mandi, who, along with his team, delivered an insightful lecture along with practical training.

Dr. Sharma's session covered the diverse applications of robotics, emphasizing its crucial role in earthquake rescue scenarios and indus-



Dr. Radhe Shayam Sharma, Asstt Prof from at IIT Mandi being honoured.

trial tasks. He discussed advanced topics like detecting and removing task anomalies in 3D box packing, AI-based low-power, portable, radiation-safe devices, and a cutting-edge CSI signal concentrator. Additionally, he introduced a 3D imaging device for the autonomous detection and segmentation of internal impurities, highlighting its potential in improving safety and efficiency in various industries.

A significant portion of the workshop was dedicated to visual robot programming and programming for groups of robots. Dr. Sharma and his team provided hands-on training to the B.Tech students of the Electronics and Communication Department, spanning 1st to 3rd-year students. The inter-

active sessions allowed the students to gain practical experience and deepen their understanding of robotic programming.

The event, which was well-received by the participants, was organized by the Department of Electronics and Communication under the leadership of Prof. Rakesh Kumar Jha, Head DoECE. The workshop coordinated Dr. Sunil Datt Sharma along with other faculty of the department. The anchoring of the workshop was handled by Dr. Misbah, who ensured that the event ran smoothly and efficiently. The workshop provided students with a valuable opportunity to learn from experts in the field and apply their knowledge in real-world scenarios.

UCMAS holds 14th J&K UCMAS Abacus & Mental Arithmetic Competition 2024

■ STATE TIMES NEWS

JAMMU: The UCMAS Abacus & Mental Arithmetic Championship celebrated the exceptional talents of young students who have completed the UCMAS programme.

This year's theme, "The Journey of UCMAS Edu-Entrepreneurs: Empowering Women & Youth Through Education," highlighted the transformative impact of education in fostering entrepreneurship and empowerment among women and youth.

Attendees had the unique opportunity to engage with inspiring women who, having been trained by UCMAS, have become successful edu-entrepreneurs.

These individuals shared their experiences and achievements, offering valuable insights into their personal journeys.

Rupesh Masson, Founder Director of One Global Foundation and Regional Director J&K of UCMAS, welcomed guests by emphasizing UCMAS's role as



Participating students posing for a photograph with dignitaries.

a leading education franchise provider in J&K.

He noted that UCMAS has trained over 200 individuals and is actively expanding its network of authorized franchisees in the abacus education sector, aiming to educate youth, teachers, and women throughout J&K.

UCMAS is well-recognized for its abacus training programs across India and has gained significant popularity in

J&K.

The competition saw participation from over 400 students across various UCMAS authorized centers in Jammu, including Channi Himmat, Trikarta Nagar, Gandhi Nagar, Greater Kailash, Talab Tillo, Bohri, New Plot, Patoli, Paloura, Puni Chak, Patyali Chak, Mamta Sharma, Jatinder declared qualified for the Sharma, Anita Bhan, Arti Bedi, award of the Degree of Rashmi Aggarwal, Rajni Doctor of Philosophy

The event was attended by notable figures such as Sonia Masson, Academic Director J&K of UCMAS, and other dis-

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tinguished guests including KATRA: Purna Katoch, Shifali Dabgotra, Sheetal daughter of Suraj Singh Janwal, Nure Mohammad, Katoch and Sangeeta Laxmideep Gupta, Sonia Redhi, Katoch, has been Mamta Sharma, Jatinder declared qualified for the Sharma, Anita Bhan, Arti Bedi, award of the Degree of Rashmi Aggarwal, Rajni Doctor of Philosophy



(Ph.D.) in the School of

Prerna awarded in Ph.D

Business by Shri Mata Vaishno Devi University (SMVDU) Katra.

She has worked on the topic "The Relationship of Entrepreneurial Orientation, Digitalization and Firm's

Performance- A Study of Women Entrepreneurs of J&K" under the supervision of Dr. Syeda Shazia Bukhari, Assistant Professor, School of Business, SMVDU, Katra.