

## JKAACL organizes valedictory ceremony of Hindi Pakhwara

**■ STATE TIMES NEWS**  
SRINAGAR: The Jammu and Kashmir Academy of Art, Culture & Languages (JKAACL) concluded its Hindi Pakhwara celebrations with a grand valedictory ceremony held on Saturday at Tagore Hall, Srinagar.

The event highlighted JKAACL's sustained commitment towards promotion of Hindi and its role in celebrating linguistic diversity across the region.

Principal Secretary, Culture, Suresh Kumar Gupta presided over the ceremony.

In his keynote address, Suresh Gupta lauded JKAACL's pivotal role in promoting Hindi as a language of cultural unity and national pride. He stressed the importance of Hindi in



Prpl Secy Culture, Suresh Gupta and others at a programme.

uniting India's diverse regions and appreciated the enthusiasm of participants, particularly the youth, who showcased their talents across various literary and cultural platforms.

As part of the valedictory program, Principal Secretary felicitated outstanding participants from various competitions organized during Hindi Pakhwara. The students from prestigious institutions like Tyndale Biscoe School, Mallinson School, Burn Hall School, and The Kashmir Valley School were awarded for their remarkable performances in events such

as essay writing, poetry recitation and debates held as part of the Hindi Diwas celebrations.

In her welcome address, Secretary, JKAACL, Harvinder Kour emphasized the critical role of Hindi not only as a national language but as a bridge that fosters communal harmony and national integration. She expressed gratitude to the literary community for their dedication and active participation in making the Hindi Pakhwara programs a resounding success. She called upon the scholars and writers to continue their efforts to give Hindi its rightful place in India's cultural landscape.

The event featured two scholarly papers presented by Dr. Mohammad Yaqoob and Toiba Alam, who highlighted the increasing relevance of Hindi in both academic and cultural arenas. Their presentations offered insightful perspectives on the role of Hindi in India's multi-cultural framework and

encouraged the audience to continue championing the language.

Another highlight of the day was the poetic symposium, which featured notable poets including Dr. Mudassar Bhat, Dr. Shabnam Showkat, Dr. Mukti Sharma, Dr. Sukhbir Kour, and Dr. Mohammad Yaqoob. Their passionate recitations of Hindi poetry captivated the audience, adding a layer of artistic expression to the day's proceedings and exemplifying the beauty and power of the language.

Concluding the event, Sanjeev Rana, Additional Secretary, JKAACL, presented vote of thanks. He emphasized JKAACL's commitment to continuing its efforts to promote Hindi and other regional languages of Jammu & Kashmir, ensuring that they remain integral to the cultural fabric of the region.

The event was expertly hosted by Nasreen Ali Nidhi, while Dr. Abid Ahmad served as the Program Coordinator.

## Arush Seth honoured as Shining Star in e4m's Digital 40 Under 40 List for 2024



Co-Founder Exchange4media, Nawal Ahuja handing over award to Arush Seth.

**■ STATE TIMES NEWS**  
MUMBAI: Son of soil, Arush Seth, son of Onkar Seth, was celebrated as one of the top digital marketers in India under the age of 40 at a prestigious event held at the Four Seasons Hotel, Mumbai.

This recognition is part of exchange4media's coveted Digital 40 Under 40 list for 2024, which highlights the most promising young talents in the digital marketing space.

Arush, who serves as Partner and Pricing and Investment Head at Mindshare(Group M), expressed his heartfelt grati-

tude upon receiving the award, stating, "I am truly honored to be recognized as a shining star in the e4m 40 Under 40 list for 2024! A heartfelt thank you to everyone who has been part of this journey."

He thanked Mindshare India for their unwavering support, as well as his seniors and leadership team for their invaluable guidance.

"I also want to extend my deepest appreciation to my amazing colleagues and clients for inspiring me every day. A special mention to my family- my late mother, my father, my

wife, and all my loved ones-who have been my cornerstone, encouraging me to strive for greatness and goodness," he added.

The Digital 40 Under 40 Awards aim to honor innovative minds driving the digital ecosystem in India. This year, the jury, chaired by Sushant Dash, CEO of Tata Starbucks, meticulously evaluated candidates through multiple rounds. They based their decisions on parameters such as Career History, Leadership, Creativity, New Initiatives, and Impact.

Arush Seth encourages the youth of Jammu, in particular, to study and learn about this emerging industry, emphasizing that digital marketing is poised for significant growth in India and that the industry needs more talent.

The awards aim to honor the innovative minds driving the digital marketing landscape in India, showcasing talents that are set to shape the future of the industry.

## Crab-e-con Ekadash: Eleventh Conference of Lajwanti Bhagatnath Radiations of Hope Trust inaugurated



Peer Rajinder Nathji at the Mahant Peer Kho Shrine in Jammu with other dignitaries at a conference.

**■ STATE TIMES NEWS**  
JAMMU: The Eleventh Conference of the Lajwanti Bhagatnath Radiations of Hope Trust, titled Crab-e-con Ekadash, was inaugurated by Peer Rajinder Nathji at the Mahant Peer Kho Shrine in Jammu.

This two-day mega cancer conference, organized by the LBN Radiation of Hope and supported by the American Oncology Institute Jammu, ASCOMS, and NZAROI, brought together leaders in oncology from across India to showcase their latest research.

The conference, which commenced on Saturday, featured an impressive lineup of events, including workshops, symposiums, panel discussions, debates, expert lectures, and one-on-one discussions.

Dr. Pavan Malhotra, Director Principal of ASCOMS, and Dr. G K Rath, former Head of the NCI, commended the organizers for consistently hosting such impactful events in the field of oncology.

Dr. Deepak Abrol, a senior radiation oncologist from Jammu, served as the Executive Chairman of the conference, while Dr. Satyanker Gupta, a senior medical oncologist, held the position of Academic Chairman. The organizing secretary was Dr. Sunny Jandial, also a senior medical oncologist.

A notable highlight of the conference was the curtain raiser for "ONCOGEETA," the largest compendium in oncology, which recognized three years of dedicated research and hard work by experts in the

field.

Prominent dignitaries in attendance included Dr. Rakesh Kapoor, Chairman of the Indian College of Radiation Oncology; Dr. Suparno Chakraborty; Dr. Sameer Kaul, a leading surgical oncologist; Dr. Shyam Aggarwal, a leading medical oncologist; Brigadier Rajeshwar Singh, also a leading medical oncologist; Rayhan Hussaini from PD AOI Jammu; Prof. K B Abrol, Chairman of LBNROH; and Shashi Khajuria, Secretary of LBNROH.

The conference gathered a plethora of experts and senior doctors from various prestigious institutions across the country, highlighting the collaborative effort to advance cancer research and treatment in India.

## Randhawa praises BJP's manifesto, calling it "people's manifesto"

**■ STATE TIMES NEWS**  
JAMMU: Bharatiya Janata Party's (BJP) senior leader MLA candidate for Bahu Constituency, Vikram Randhawa, emphasized the commitment to empowering youth and poor people in every field, under the leadership of Prime Minister Narendra Modi. During the public meeting in Nanak Nagar and its adjoining areas, Randhawa's vision is to make Bahu Constituency a model for all, providing hi-tech facilities to everyone residing in the assembly seat. Randhawa highlighted the unprecedented development in Jammu and Kashmir under PM Modi's regime. The region has witnessed significant growth in various sectors, including education, healthcare, and infrastructure.



BJP candidate for Bahu Constituency, Vikram Randhawa addressing public meeting.

Speaking on the occasion Randhawa reiterated that Article 370, which granted special status to Jammu and Kashmir, is now a "thing of the past." He emphasized that the article,

which was abrogated in August 2019, would never be reinstated.

"Now, Article 370 has become a thing of the past. It is not a part of the constitution. I have read the agen-

da of NC and seen the silent support of NC, but I want to make it clear that Article 370 is a thing of the past and it'll never return again," Randhawa declared.

He also blamed the article for fueling separatist sentiments among the youth, stating, "It was the spirit of separatism that used to force youth towards terrorism." Randhawa praised the BJP's manifesto, calling it the "people's manifesto."

"Daily wagers, home guards, Anganwadi workers, Asha workers-BJP will solve everyone's problems. Youth, government employees-BJP will solve their problems too because BJP will work with the mission of 'Sabka Sath, Sabka Vikas, Sabka Vishwas,'" he stated.

Randhawa asserted that Sabka Saath, Sabka Viswas,

and Sabka Vikas are inclusive development for all sections of society. He reiterated his commitment to the people of Bahu Constituency, ensuring that everyone has access to basic facilities and opportunities for growth. He emphasized the importance of voting, urging citizens to exercise their fundamental right and participate in the democratic process.

Under PM Modi's leadership, J&K has entered a new era of development and growth. Randhawa's vision for Bahu Constituency aligns with the BJP's agenda for J&K's progress, aiming to make the region a model for others to follow. With the BJP's commitment to empowering youth and poor people, J&K is poised for a brighter future.

## Dr MR Attri brings laurels to J&K at National Conference of Hernia Surgeons at Indore

**■ STATE TIMES NEWS**  
JAMMU: Recently concluded Annual National Conference 2024 from 27-29th September of Hernia Surgeons at Indore M P organised by the Hernia Society of India (HSI) which is the largest body of Hernia surgeons in the country had invited Dr M R Attri who is a Professor of Surgery in the Department of General And Minimal Access Surgery, GMC Srinagar, as an Operating faculty, a responsibility given for the first time from the State of Jammu & Kashmir.

It is pertinent to mention here that Professor Attri is Executive member of Hernia Society Of India ( HSI )from North India. Prof Attri who has vast experience of Laparoscopic repair of Various types of Hernias. He demonstrated live surgery of Bilateral laparoscopic Inguinal Hernia by repair by E -Tep Technique at Sri Aurobindo Institute of Medical Sciences (SAIMS), Mohak Superspeciality and IRCAD Center Indore showcasing his skills and techniques at this National event. Prof Attri was accompanied by Dr Irfan Nazir Mir, who is working as Assistant Professor in Surgery department at GMC Srinagar. Dr Mir presented his experience on videos of intraoperative difficulties during laparoscopic hernia surgery and the ways to tackle these difficulties.

Apart from that FNB scholar in laparoscopic surgery, Dr Razia presented paper on advanced laparoscopy, other postgraduate students, namely Dr Beera Krishna and Dr Shahzaib showcased the work done in laparoscopic hernia surgery at GMC Srinagar.

The work and skills of senior laparoscopic surgeon were appreciated by one and all at the event. It is pertinent to mention here that the



Dr M R Attri at National Conference of Hernia Surgeons at Indore.

Department of General and Minimal Access Surgery, GMC Srinagar had held a national event in July, 2024 titled the Hernia Summit 2024 which was a great success and the Department of General and Minimal Access Surgery, GMC Srinagar was awarded as Centre of Excellence (COE) in hernia surgeries by the HSI at that event.

Speaking on the occasion Prof Attri said, "We have seen the department of General And Minimal Access Surgery growing over these years at GMC Srinagar. We expect many such moments of pride and honour in future also, its our responsibility to carry along the younger surgeons from the department and expose them to where the surgeons and surgery stand at National Level so that they are abreast with latest updates, and the high standards set in training and education all for the benefit of patients who are the ultimate beneficiaries of such events at highest level."

## Dr Tandon elected as National General Secretary of Indian Society of Rational Therapeutics

**■ STATE TIMES NEWS**  
JAMMU: Prof. Dr Vishal R. Tandon from Govt. Medical College Jammu is elected as National General Secretary of prestigious Indian Society of Rational Therapeutics.

He took over the charge from Dr Sandeep Kausal, Professor and Head, Department of Pharmacology and Dean Academics, DMC Ludhiana.

Dr Vijay Motghare, Former Professor and Head Department of Pharmacology, GMC Nagpur is new President of the society, who took the



charge from Prof (Dr) CD Tripathi, Prof & Head, Pharmacology, Govt Institute

of Medical Sciences Greater Noida, Dr R Ravendran, Professor Department of Pharmacology, MGMCR, Pondicherry will be Vice President and Dr HS Reehan, Director Professor and Head Department of pharmacology, Lady Harding Medical College New Delhi will be the treasurer of the society.

The decision was taken at Distance and Online Learning (CDOE), University of Jammu, in collaboration with the Council for Teacher Education Foundation (CTEF) Jammu & Kashmir Chapter and Kalra College of Education, Kud (Patnitop), organized an insightful talk on "Positivism and Mental Health" at the committee hall of CDOE. Prof. Nilima Bhagwati, International Secretary General, Gauhati University, Assam, was the keynote speaker.



JCMS members honouring Bhanu Mahajan.

Mahajan community. This Sabha wished her more bright future.

Pahalgam organized by GMC, Anantnag. Dr Tandon is a course coordinator on PV and Drug Safety for ISRPT, he is also a President J&K ISRPT Chapter. He also remained

founder editor of official Journal of Society for one term. He has conducted national conference and many National CME of the society at GMC Jammu.

## Intellectual Talk on Positivism and Mental Health held at JU

**■ STATE TIMES NEWS**

JAMMU: The Centre for Distance and Online Learning (CDOE), University of Jammu, in collaboration with the Council for Teacher Education Foundation (CTEF) Jammu & Kashmir Chapter and Kalra College of Education, Kud (Patnitop), organized an insightful talk on "Positivism and Mental Health" at the committee hall of CDOE. Prof. Nilima Bhagwati, International Secretary General, Gauhati University, Assam, was the keynote speaker.

In her address, Prof. Bhagwati highlighted the importance of positivism as a key approach to promoting mental well-being and sus-



Prof. Nilima Bhagwati, Int'l Secy General Gauhati University, Assam being felicitated.

tainability. She emphasized how maintaining a positive mindset plays a crucial role in promoting both physical and mental health, particularly in today's increasingly competitive world. Prof. Bhagwati expressed concern over the growing risk of mental health issues among young people, from childhood through adolescence and into adulthood,

noting that academic, work, and career pressures have intensified these challenges.

She also stressed the need for timely and appropriate guidance to help individuals cope with academic stress, examination pressures, and career uncertainties. Furthermore, Prof. Bhagwati underscored how increasing competition and negative

emotions are having a detrimental impact on the mental health of younger generations worldwide, urging for a balanced focus on positivity alongside mental and physical health. The event began with a welcome address by Dr. Jaspal Singh, Chairperson of CTEF J&K and faculty member at CDOE, JU, who outlined the significance of the

talk. Other prominent attendees included Dr. Rakesh Sharma, Principal of Kalra College of Education (Kud), Dr. Inderjeet, Principal of Shere Kashmir College of Education, Jammu, and faculty members from Kalra College of Education, Chenab College of Education, and other affiliated institutions.

Students from the Centre for Distance and Online Learning, Department of Education, Kalra College of Education, and others affiliated colleges, actively participated in the event.

The program proceedings were ably conducted by Dr. Rakesh Bharti, Assistant Professor at Govt. College of Education, Canal Road, Jammu.