

# Inspiring journey of wheel chair boy Yogeshwar Singh: A poet who defies odds

## STATE TIMES NEWS

JAMMU: In a world that often overlooks the strength of the human spirit, Yogeshwar Singh, a young poet with a disability since birth, shines brightly as a beacon of resilience and creativity. Despite the challenges he faces, Yogeshwar's passion for poetry and his unwavering positivity have made him a source of inspiration for many. In an exclusive interview with STATE TIMES, Yogeshwar opens his heart out and reveals his life on camera.

Q: Yogeshwar, can you tell us what inspired you to start writing poetry?

Ans: Writing has always been a way for me to express my feelings and experiences. It helps me process my life and share my story with others. It was during lockdown that my friend Narinder Singh inspired me to write down my heart.

Q: Can you recite your couplets for our viewers?

Ans: Har koi mera haal poochta hai, par jaanta nhi ,har koi mujhe apna kehata hai par manta nhi, khuda se shikayat karun bhi to kya karun, jan insane he mujhe insane manta nhi.

Yogeshwar, who uses a wheelchair, has been expressing his thoughts and emotions through poetry for years. His work, which focuses on his life experiences and motivational themes, has garnered significant recognition. He has been awarded a gold medal for his poetry, a testament to his talent and dedication.

Q: You've faced many challenges. How do you stay positive despite difficulties?

Yogeshwar: I believe in focusing on the good things in life. Every challenge teaches me something valuable, and I try to find strength in my struggles.

Q: You've mentioned that you want to be known for your work rather than receiving donations. Why is that important to you?



Yogeshwar: I want my poetry to speak for itself. Earning recognition through my art is more fulfilling than relying on charity.

Q: How does your friend Narinder support you in your journey?

Yogeshwar: Narinder has been my rock. He's always there, encouraging me and helping me navigate the challenges I face. Our friendship means everything to me.

Q: What message do you have to convey through your poetry?

Yogeshwar: I want to inspire others to embrace their challenges and pursue their passions. Life can be tough, but our stories can empower us and others.

Qr: What are your future aspirations as a poet?

Yogeshwar: I hope to reach a wider audience and share my work in various platforms. My goal is to touch hearts and encourage people to see the beauty in their own journeys. Supporting Yogeshwar throughout his journey is his childhood friend, Narinder Singh. For over a decade, Narinder has been a steadfast companion, providing care and encouragement. Their bond exemplifies the power of friendship in

overcoming adversity.

Tragically, Yogeshwar faced a profound loss when his father passed away recently. This left him, his mother, and his sister grappling with both emotional and financial challenges. His mother, a talented tailor, works tirelessly to support the family, but the weight of their circumstances often feels overwhelming. Despite these hardships, Yogeshwar remains determined not to seek charity. He firmly believes in being recognized for his work and wants to earn a living through his poetry: "I don't want donations; I want to be acknowledged for my craft," he states. His ambition is not just to survive but to thrive through his art, using it as a platform to share his story and uplift others. Yogeshwar's positive outlook and enthusiasm are infectious. He often speaks about the importance of perseverance and self-worth, inspiring those around him to look beyond their limitations. His poetry resonates deeply with many, capturing the essence of human resilience and the beauty of hope.

As he continues to write, Yogeshwar seeks opportunities to share his work more widely, hoping to connect with audiences, who can appreciate his unique perspective. With Narinder by his side, he is determined to navigate the challenges ahead, focusing on what he loves most: creating poetry that reflects his journey and inspires others.

In a society that often defines individuals by their disabilities, Yogeshwar Singh stands out as a reminder that talent and determination know no bounds. His story encourages us all to recognize and celebrate the potential within each person, regardless of their circumstances. As he writes the next chapter of his life, Yogeshwar proves that with passion and support, dreams can indeed become a reality.

## CBC organizes programme on Mission Life, Poshan Abhiyaan

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LEH: The Central Bureau of Communication, Ministry of Information and Broadcasting, Government of India, through its field units Anantnag and Leh, today organized an Integrated Communication and Outreach Programme (ICOP) at Community Hall, Tangtse, Leh. The event aimed at raising awareness about Mission LiFE (Lifestyle for Environment) and Poshan Abhiyaan (National Nutrition Mission). The programme, held in one of the remotest regions, emphasized the importance of adopting a healthy lifestyle, understanding the significance of nutrition, and familiarizing the local population with India's new criminal laws. Resource persons from the Integrated Child Development Services (ICDS), Environment, and Education departments urged participants to embrace the principles of Mission LiFE and follow the guidelines of Poshan Abhiyaan for a healthy lifestyle. Sub Divisional

Magistrate, Tangtse, Mohammad Ismail, in his speech, highlighted the initiatives of the government, especially with special reference to environment, ICDS and sustainable development. He urged the participants to avail benefits of various schemes. Shahid Mohammad Lone, Field Publicity Officer, CBC Anantnag, delivered the welcome address, highlighting the crucial role CBC plays in outreach activities. He emphasized that these programmes focus on creating awareness among grassroots communities, especially in far-flung areas, enabling them to benefit from various government schemes and adopt a healthier lifestyle. Field Publicity Officer, CBC Srinagar Naseer Rather highlighted the role of CBC in field outreach, especially Jammu and Kashmir: He said such integrated communication programmes are being held across the Ladakh region for the next two weeks, ensuring broader reach and impact of various government schemes and welfare initiatives.



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