

E BOLD VOICE OF J&K Vol. 30 Issue 255 • Jammu • Monday • September 15, 2025 • Pages 12 • ₹ 3.00

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Microplastics and Nanoplastics-Hidden Threats to Cardiovascular Health: Dr Sushil

Regd. No. L-29/JK-346/2025-27

VCA JK XI outplays Narayana Cricket Club by 36 runs in night encounter

Website: www.statetimes.in, Email: statetimes1@gmail.com

J&K's Yudhvir Singh Charak makes India-A cut

Next-Gen Better & Simpler



>> FERTILIZERS & AGRICULTURAL MACHINERY **WILL BE CHEAPER**

>>> TRACTORS & BICYCLES



Cong backing Pak-groomed terrorists instead of supporting Indian Army: Modi

STATE TIMES NEWS

MANGALDOI (ASSAM): Prime Minister Narendra Modi on Sunday alleged that the Congress, instead of supporting the country's army, was backing terrorists groomed by Pakistan.

Addressing a programme at Mangaldoi in Assam's Darrang district, he accused the grand old party of "protecting" infiltrators and antinational forces.

The Prime Minister also asserted that the BJP would "not allow infiltrators to grab land and conspire to change the demography"

"The Congress, instead of supporting the Indian Army, backs terrorists groomed by Pakistan. During 'Operation Sindoor', the Congress, instead of supporting our armed forces, which destroyed the terrorist infrastructure in Pakistan, was engaged in protecting infiltrators and anti-national forces," the PM alleged,



while addressing the public meeting. 'Operation Sindoor' was successful due to Ma Kamakhya's blessings,

Modi said, adding that he was honoured to be present on this sacred ■ CONTD ON PAGE 9

PM to launch campaign for strengthening healthcare for women on Sep 17

NEW DELHI: Prime Minister Narendra Modi will on September 17 launch the 'Swasth Nari, Sashakt Parivar Abhiyaan' and the 8th 'Poshan Maah', marking a historic step towards strengthening healthcare and nutrition services for women, adolescent girls, and children, the Union health ministry said on Sunday.

The initiative is being jointly led by the Union ministries of Health and Family Welfare (MoHFW) and Women and Child Development (MoWCD)

The MoHFW will anchor the delivery of preventive, promotive and curative health services through health camps and facilities nationwide, while ■ CONTD ON PAGE 9

India beat Pakistan by seven wickets in Asia Cup match

DUBAI: Kuldeep Yadav's craft and Axar Patel's discipline was way beyond comprehension for a clueless group of Pakistani batters as India displayed absolute dominance to register a convincing seven-wicket victory in a lopsided Asia Cup match here on Sunday.

Despite calls for boycotting the match from certain quarters as a mark of protest for the Pahalgam terror attack in April, a near full-capacity crowd dominated by 85 percent Indian fans witnessed a clinical decimation of Pakistan -- one ball at a time.

And to rub it in, neither at the toss nor at the end of the match did the India players shake hands with their counterparts from Pakistan, even



Jubilant fans celebrate India's win at Jammu City's Kacchi Chawni area late Sunday night. (Pic by Ashok Anand,

as they waited in a queue moments after skipper Suryakumar Yadav sealed the issue with a six.

Spinners Axar (2/18 in 4 overs), Kuldeep (3/18 in 4 overs) and Varun (1/24 in 4 overs) were immaculate in terms of line and length as

showed the wherewithal to play the troika from their hands. The result was a lowly 127

none of the Pakistani batters

for nine from Pakistan which was at least 50 runs below the par-score.

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Pilgrimage to Mata Vaishno Devi Shrine remains suspended

STATE TIMES NEWS

KATRA/JAMMU:Pilgrimage to Mata Vaishno Devi shrine atop Trikuta hills remained suspended for the 20th day owing to inclement

The pilgrimage was suspended on August 26, hours before a major landslide hit the route leading to the shrine that resulted in the death of 34 pilgrims and injuries to 20 others.

The shrine board announced to resume the yatra from September 14 but

Nepal Police re-arrest 3,723 jail inmates who escaped during 'Gen Z' protests STATE TIMES NEWS

KATHMANDU: More than 3,700 inmates, who had escaped from different jails during the violent anti-government protests in Nepal last week, have been arrested

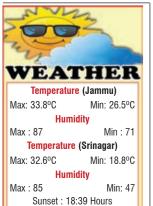
again, police said on Sunday. Deputy Inspector General Binod Ghimire, spokesperson of Nepal Police, said that 3,723 inmates have been brought to jails till Sunday afternoon.

However, as 10,320 prisoners are still at large, he urged the public to remain alert.

Some of the prisoners returned voluntarily while Indian police also helped to arrest those who tried to escape to India, he said.

A campaign by the Nepali Army, Nepal Police and Armed Police Force to arrest the escaped prisoners is underway, DIG Ghimire said. The prisoners had escaped on September 9 due to the vandalism, arson

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Sunrise: 06:13 Hours

had to change the decision due to safety concerns owing to incessant rains all along

sanctorum since Friday. Some pilgrims including women gathered Banganga Darshani gate, the starting point of the yatra, in Katra town on Sunday and raised slogans like 'Jai Mata Di' and tried to move ahead on the track to pay obeisance at the hilltop shrine. However, police force deployed in strength did

the track and the sanctum

CB books Pvt Company Directors, notorious scammers, Govt employee among 8 in major fraud cases fiting themselves.

STATE TIMES NEWS

JAMMU: The Economic Offences Wing (EoW) of Crime Branch Jammu has booked eight individuals, including directors of a private company, a government employee, notorious fraudsters, and proprietors of businesses, in multiple fraud cases involving a total amount of Rs 3.11 crore, along with securing jobs through fake qualification

In accordance with direc-

tions from the court, an FIR was registered based on a complaint by Guninder Jeet Singh Wazir of Trikuta Nagar, Jammu, against the Promoter Directors of Shreekatyani Metal Pvt. Ltd.-Nitin Gupta and Nidhi Gupta of Yojna Vihar, Delhi, and Nitin Maheshwari of Suryanagar, (U.P.). They have been accused of fraudulently causing a wrongful loss of Rs 2.64 crore to the com-

In a separate case, an FIR was lodged following a complaint by Sanjeev Mahajan of Jammu against Nishaan Ghaziabad

Singh, proprietor of M/S Sanbun Investments, resident of Rajdoot Marg, Chankvapuri, South West Delhi, for criminal breach of trust and misappropriation of Rs 35 lakh. Additionally, a fresh FIR

has been registered against notorious fraudsters Saroop Lal (son of Manga Ram,

Bari Brahmana) and Ashish Bhandari (son of late Satish Bhandari, Subhash Nagar, Jammu) for duping Jawahar Lal and Bibi Ram, residents of Akhnoor, of Rs 12.30 lakh. The accused allegedly lured the victims by promising government jobs as Forest Guards and provided fake appointment orders. Both Saroop Lal and Ashish Bhandari are already named in several other FIRs for similar fraudulent

Three terror sympathisers held with huge cache of arms tion and relentless investiga-

STATE TIMES NEWS

POONCH: Three terrorist sympathisers were arrested along with a huge cache of arms and ammunition in Poonch district, police said on Sunday.

Officials said the arrested accused are overground workers of proscribed Hizbul Mujahideen terror outfit which was trying to revive terror activities in the border district.

"Fantastic investigation JKP (Jammu and Kashmir tion leads to the arrest of 3 terror sympathisers, along with the recovery of 7 AKs (4 recovered earlier) and a large quantity of warlike stores in Poonch," Inspector General of Police, Jammu, Bhim Sen Tuti said in a post on X.

The officials identified the arrested accused as Riyaz Ahmad, Tariq Sheikh and

Mohd Shafi. While Ahmad and Sheikh were arrested on August 31

along with two AK

Hindi should be language of science,

From safe houses to subterranean sanctuaries: **Terror outfits change tactics**

STATE TIMES NEWS

SRINAGAR: In a change of tactics, terror outfits in Jammu and Kashmir are now constructing elaborately-designed underground bunkers deep inside thick forests and elevated ridges instead of taking shelter in local houses, officials said on

This tactical shift, fuelled by eroding local support, presents a new challenge to the Army and other security

This came to fore last week during an encounter in the higher reaches of Kulgam district, where two terrorists

were killed. As the operation progressed, security forces found a secret trench with rations, miniature gas stoves, and pressure cookers, as well as weapons and ammunition.

One senior security officer. requesting anonymity, said the trend has become widespread in the Kulgam and Shopian districts, as well as south of Pir Panjal in Jammu region where thick forests provide a perfect camouflage for terrorists.

Though security personnel have managed to trace a few of these new hideouts, officials are becoming increasingly worried, especially after

getting intelligence inputs that terrorists have been asked to stay in higher and middle of ridges and carry out attacks when directed from across the border.

"It's not the number of kills," said one official, "It's a troubling trend that indicates terrorists are now wellestablished inside these underground bunkers."

According to retired Lt Gen D S Hooda, who led the successful 2016 surgical strikes, these high-altitude trenches and bunkers are reminiscent of tactics used by terrorists in the 1990s and

Man shoots himself dead

STATE TIMES NEWS

DODA/JAMMU: A 26-yearold man allegedly committed suicide by shooting himself inside his house in Doda, police said on Sunday.

Ravinder Katoch used the licensed rifle of his father Joginder Kumar, a village defence guard, to end his life at village Humbal on Friday evening, a police official said. Deputy Superintendent of

Police Ajay Anand said police have started inquest proceedings to ascertain the details of the incident. The body of the deceased was shifted to Government

Medical College (GMC), Doda for postmortem

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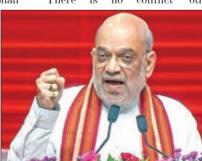
judiciary, police: Shah **STATE TIMES NEWS**

GANDHINAGAR: Union

Home Minister Amit Shah on Sunday said there was no conflict between Hindi and other Indian languages, and stressed that it should not just serve as a spoken tongue but must also become a language of science, technology, the judiciary and police.

Addressing the inaugural session of the 5th Bharatiya Raibhasha Sammelan, Shah said Indians must preserve their languages and make them "immortal", urging par-

ents to speak to children in their mother tongue.



between Hindi and other

Indian languages. Learned

Gandhi, KM Munshi, Sardar Vallabhbhai Patel, and many others accepted Hindi and

promoted it. Gujarat, where Gujarati and Hindi have coexisted, is an excellent example of the development of both languages," he said. The Union minister

said, "Hindi is not just a spoken language or a language administration. Hindi should also be

the language of science, technology, justice and police. When all these

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India on development path by proving everyone's predictions wrong: Bhagwat

STATE TIMES NEWS

INDORE: RSS chief Mohan Bhagwat on Sunday said India is moving forward on the path of development by proving everyone's predictions wrong as it is driven by faith in the traditional philosophy of knowledge, action, and devotion.

Bhagwat's comments came at a time when the Indian economy recorded a betterthan-expected growth rate of 7.80 per cent in the April-June quarter of the current fiscal, the highest in the last five quarters before the imposition of tariffs by the

Addressing a gathering



Pradesh minister Prahlad Patel's book 'Parikrama Kripa Saar' in Indore, Bhagwat said there was no global strife when and devotion in life.

for 3,000 years. He further stated that personal interests were responsible for conflicts in the world, which created all the prob-

Bhagwat said the forefathers of the Indian people had shown several paths through different sects and traditions, teaching how to maintain the balanced stream of knowledge, action,

"Due to its belief in the traditional philosophy of the balanced trinity of knowledge, action, and devotion, Bharat is continuously moving ahead on the path of development by proving predictions evervone's wrong," he said.

Referring to former British Prime Minister Winston Churchill, Bhagwat suggest-

ed that India proved him wrong by remaining united after British rule ended.

'Winston Churchill once said that after independence (from British rule), you (India) will not be able to survive and will be divided, but this did not happen.

"Now England itself is coming to the stage of division, but we will not be divided. We will move forward. We were once divided, but we will unite that again," he added. While the world runs on faith and belief, Bharat is the

Stressing that India ■ CONTD ON PAGE 9

land of faith with men of

action and logic, he said.

Broadband internet services restored in Doda

Dayanand

STATE TIMES NEWS

D O D A / J A M M U :Authorities on Sunday restored broadband internet services in Doda district where the situation started returning to normal after nearly one-week long restrictions following detention of sitting AAP MLA Mehraj Malik under the Public Safety Act, officials said.

Malik, who is also president of AAP's J-K unit, was detained on September 8 for allegedly disturbing public order in the district. His detention sparked violent protests, following which authorities imposed prohibitory restrictions and snapped mobile internet and broadband services.

The restrictions on the movement of people were eased for six hours from Saturday noon after Deputy Inspector General of Police, Doda-Kishtwar-Ramban Range Shridhar Patil along with Deputy Commissioner, Doda Harvinder Singh and Senior Superintendent of Police, Sandeep Kumar Mehta held a meeting with civil society members, including representatives of traders and transporters.

The representatives were assured that restrictions would be progressively eased out starting immediately, the officials said.

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