

Kamala Devi W/o Bishan Kumar R/o H.No.381, Lane

DOB 15-01-1947 Bishan Kumar

No.3, Shakti Nagar, VTC: Jammu, Sub District: Jammu, District: Jammu, State: Jammu & Kashmir Pin Code:180001 state that my husband's name & my DOB has wrongly been written as Bisham Kumar & instead of & DOB 05-04-1946 in my Aadhar Card bearing No. 364193890871 Now I amapplying for correction of the same. Objection if any may be conveyed to concerned

NOTICE

PUBLIC NOTICE , Momin Hussain Rather S/o

Muzaffar Hussain Rather, R/o H.No.161, Ward No.6, Gujjar Nagar, Jammu, hereby state that my father's name has been recorded as Muzaffar Rather in my academic instead of Muzaffar Hussain Rather. Both refer to the same person. Objections, if any, may be

communicated within 7 days to the undersigned. Sd/

(Momin Hussain Rather)

NOTICE

Rukhasana Kouser W/o Shahid Abass R/o Jaran Wali Gali, Tehsil Mendher, District Poonch state that my son's name & DOB has wrongly been vritten as Altaf Ahmed & DOB 29-12-2015 instead of Altaf Shahid & DOB 07-07-2014 in his Aadhar Card bearing No. 569032712624. Now I am applying for correction of the same. Objection if any may be conveved to concerned

only the following persons are legal heirs of Lt. Sh. Ram Sharma S/o Vishwa Nati namely as under:

Sanjay Sharma S/o Ram Sharma R/o 9

Acharva Mohalla, Peer Metha, Jamm

egarding legal heir certificate and state that

. Sanjay Sharma - Son, . Anu Sharma - Daughter

. Ritika Sharma - G. Daughter

. Santosh Sharma - Daughter-in-law . Sahil Sharma - G. Son,

5. Rajni Sharma - G. Daughter 7. Vijay Lakshmi - Daughter Any person having objection in the mentione names can file his/her objection personally of through any authorized person before Office of publication of this notice failing which it shall b presumed that there is no objection regarding legal heir certificate.

People often waste their time without enhancing their consciousness, leading to sorrow'

STATE TIMES NEWS

JAMMU: Believing his purpose in life is to spread love, compassion, and humanity, the famed spiritual person of India, Anil Bhaiya Ji during his visit to City of Temples in his sermons highlighted that people often waste their time without enhancing their consciousness, leading to sorrow.

Bhaiya ji -a guide and advisor to people worldwide and a guiding light for thousands who have followed his teach-

LMD imposes Rs 1.31 lakh penalty on erring traders

STATE TIMES NEWS

JAMMU: Acting swiftly on consumer complaints, Deputy Controller Legal Metrology Enforcement Jammu has booked three traders for indulging in overcharging and short weighment.

The action was taken under the direct supervision of Controller Legal Metrology, Rajinder Singh Tara.

In one instance, a departmental store was caught charging Rs 5 extra over the Maximum Retail Price (MRP)

At Jumbo Zoo, a consumer was overcharged under the false pretext of GST.

In another case, a rice seller was found supplying underweight rice bags. All three cases were registered under the Legal Metrology Act, 2009, and the rules framed The Deputy Controller, Legal Metrology (Enforcement). Jammu. issued show-cause notices to the offenders, who admitted to the violations.

A penalty of Rs 1.31 lakh was imposed as composition money, which has been recovered. The defaulters were further warned against repeating such unfair trade practices. Controller Rajinder Singh Tara stressed that the department has intensified its enforcement drive and officers have been directed to keep strict vigil on such malprac-

He assured that all genuine consumer complaints will be dealt with on priority to strengthen public trust and encouraged citizens to report unethical trade practices with-

ings on meditation, emphasized that many young people lack proper direction for this energy the energy which is abundant in them but without right direction leads many to wasteful chase of unfulfilling goals.

"Spirituality is introduced as a universal need, not limited by age or religion, serving as a guiding light in life, he said, adding, "regretfully many young people find spirituality boring or hypocriti-

Citing a survey from America, Bhaiya Ji said that many terminally ill elderly patients in the survey findings expressed regret over not living a happier, more meaningful life, underscoring the need for deeper awareness beyond material pursuits.

mention of a grave issue of increasing suicides among youth in India, noting that the country is nearing the top globally in suicide rates, potentially surpassing Japan. "Despite India's vast knowl-

Spiritual activist also made

edge and scientific advancements, the lack of proper guidance leads young people astray, causing their lives to be wasted.

He exhorted upon youth not to blindly trust anyone but to ask logical questions.

Highlighting India's ancient tradition 'Gurukuls' for years to learn meditation and develop understanding, he said now days this things have drastically changed after the foreign invasions and the lure to western thoughts that destroyed our heritage.

Calling young people to practice meditation to keep their cool, he said that modern life's pressure, brings anxiety and depression even among well-paid professionals who have huge money but no peace of mind.

He underscored the exter-

nal achievements don't wipe inner restlessness of a mind instead it is the meditation that plays significantly to address the inner turmoil of a

Recalling a research study at Boston University, he said, "It (the study) validates meditation's effects on brain waves and its therapeutic potential for mental health issues where conventional psychiatry may fail.

Bhaiva proudly highlighted that growing global acceptance of traditional Indian meditation methods like mantra chanting which surprisingly keeps a mind peaceful and awake.

Laying emphasis upon 'Meditation' for healthy and happy human mind in tiresome wordily affairs, Bhaoya ji described meditation as a powerful therapy uniquely contributed by Indian sages to the world as potent weapon to anxiety, and urged youths to dedicate 30 minutes to an hour daily for meditation and other spiritual practices to discover life's true purpose.

Reasi Admin releases Rs 90 Lakh for disbursement of relief among rain, flood affected people

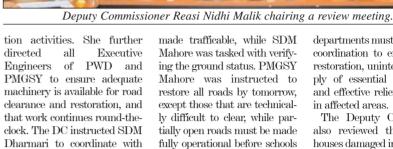
STATE TIMES NEWS

REASI: Commissioner Reasi Nidhi Malik today chaired a review meeting with the SDMs, XENs of PWD and PMGSY and other concerned officials to take a detailed assessment of the progress of relief and restoration works after the recent

The DC emphasised that with weather conditions now clear, all SDMs and Tehsildars must expedite the damage assessment and submit final relief cases by tomorrow to ensure immediate assistance to the affected people. She informed District Administration Reasi has

released around ?90 lakh as relief for loss of life and livestock, besides Cattle shed damage. Emphasising timely the Deputy Commissioner said that measures are being taken to provide prompt relief to affected fami-

The DC also reviewed ongoing restoration works across all subdivisions and directed officials to utilise the clear weather to fast-track repair and restora-



under their jurisdiction. The Executive Engineer PMGSY Mahore was directed to prioritise the clearance of vital roads. Both PWD and PMGSY departments were asked to submit detailed reports on the current status of all roads in their areas.

the GREF department for

immediate restoration of roads

The Deputy Commissioner directed the ADC to obtain a from Executive Engineer PWD Mahore by this evening on the number of roads

made trafficable, while SDM Mahore was tasked with verifying the ground status. PMGSY Mahore was instructed to restore all roads by tomorrow, except those that are technically difficult to clear, while partially open roads must be made fully operational before schools

On reviewing power restoration efforts, the DC took an update from JPDCL officials regarding areas where electricity has been restored and where it is still pending. She stressed timely repair of feeder lines and transformers to ensure uninterrupted power supply.

The DC also directed Executive Engineer Jal Shakti to ensure repair of all damaged pipelines and restoration of safe drinking water supply to the public. She reiterated that all departments must work in close coordination to ensure speedy restoration, uninterrupted supply of essential commodities, and effective relief distribution in affected areas.

The Deputy Commissioner also reviewed the status of houses damaged in Mahore due to land sinking. She directed SDM Mahore to ensure safe and prompt evacuation of affected families to safer locations or relief camps. She further directed that additional relief materials-including tents, mattresses and food supplies be dispatched immediately.

The meeting was attended by Sukhdev Singh ADDCmeeting virtually.

Asmita League transforms women athletes



STATE TIMES NEWS

JAMMU: Asmita Women's League has truly emerged as one of the finest platforms for women athletes across the country in various sports disciplines

It was a matter of pride that three of Indian women athletes have stormed into the finals of the 17th World Wushu Championships in Brazil due to the exclusive platform provided by the Union Ministry of Sports.

The final bouts for the women will be played this evening, whereas the men's final bouts will be held tomorrow.

Adding to the glory, Sagar Dahiya has entered semifinals, while Vikrant Balivan will be competing in the medal

"This year, the Wushu Association of India (WAI) fielded athletes in the Asian Games weight categories and events at the World Championships to assess their performance at highest

Association has already shortlisted the top eight athletes in the first round of selection trials held at Srinagar. The coaching camp for the best four athletes will be organized in mid-October 2025.informed general secretary of the WAI, Vijay Saraf.

The officials of the Sports Authority of India (SAI) and the WAI have congratulated the Indian Wushu team for their exemplary performance and extended best wishes for the gold medal.

The chief delegate of the contingent, presently competing in Brazil, Anand Jain (IPS), conveyed that the Indian Wushu team has performed brilliantly, and with such results, the team was expected to deliver outstanding outcomes on the concluding day. He further expressed confidence that performance will ensure India fields its very best at the forthcoming Asian Games, a handout issued here today disclosed.

KVK Reasi Trains Rural Women on Agri-entrepreneurship



KVK Reasi scientists with women farmers during training programme at Sirla village.

STATE TIMES NEWS

REASI: Krishi Vigyan Kendra (KVK), Reasi under the administrative control of Sher-e-Kashmir University of Agricultural Sciences and Technology of Jammu (SKUAST-J) organised training programme on "Agri-entrepreneurship development among rural women "here at Sirla village in Reasi distt. of J&K which was attended by the number of women farmers of the village.

The programme was organised under the stewardship of Vice Chancellor Prof.B.N.Triptahi and able guidance of Director Extension (DE), Prof.Amrish Vaid of SKUAST-J.Dr.Banarsi Lal, Chief Scientist & Head of KVK Reasidiscussed in detail on agri-entrepreneurship development among the rural women and discussed on the scientific production ofmaize, millets, pulses, oilseeds, poultry, goatery etc. of commercial level.

He said the participants that by commercial agriculture they can enhance their crop production and raise their income and employment. He further added that hilly areas have immense scope in natural farming and guided the farmers on the eco-friendly agricultural technologies required for the organic and natural farming. He stressed on the commercial cultivation ofmaize, millets, pulses, oilseeds crops etc. as these crops have potential in the area and farmers can fetch more returns by growing them of commercial level. He also guided farmers on commercial dairy farming, food processing, vegetable and fruit processing etc.He elaborated the formulation of natural farming inputs and stressed guided farmers to use in the farmers so that the farm income can be increased by reducing the cost of cultivation.

He discussed on the efficient farm management practices for the maximum results. Farmers thanked KVK Reasi for organising such a useful programme. The programme was concluded by Sh.Manohar Lal with formal vote of thanks.

of these products for athletes and fitness enthusiasts. The certified products include Nutrilite All Plant

Protein, Cal Mag D Plus K2. Glucosamine HCL with Boswellia, Salmon Omega 3 Softgels, and Nutrilite Daily Plus. These have been inde pendently tested and verified as compliant with international standards set by the World Anti-Doping Agency (WADA), ensuring they are free from banned

Commenting on the milestone, Rajneesh Chopra, Managing Director, Amway India, said, "At a time when safety and authenticity are key concerns for consumers, this recognition reinforces trust in our 90-year legacy brand Nutrilite. It strengthens our commitment to quality, transparency, and holistic wellbeing. Backed by global expertise, Nutrilite remains dedicated to delivering safe, science-based products for individuals and families alike."

Nutrilite, recognized as the world's No.1 selling brand of vitamins and dietary supplements, is supported by a team of over 800 scientists, engineers, and technicians globally, conducting over 5,00,000 quality tests annually. The NFSU certificability in the Indian nutrition market, particularly in the growing clean-label and

Supplement government-recognized lab established through a triparty MoU with the Ministry of Home Affairs, FSSAI, and the Ministry of Youth Affairs and Sports, granted the certification. Certified products now carry the NFSU-NSTS Trusted logo on packaging-an independent mark of trust, transparen-

Ganesh Visarjan celebrated with religious fervor in Poonch; DC, SSP join celebrations

STATE TIMES NEWS

POONCH: The Ganesh Visarjan festival was celebrated in Poonch with great religious fervor, enthusiasm and cultural spirit.

Commissioner Deputy Poonch, Ashok Kumar Sharma and Senior Superintendent of Police. Shafket Hussain Bhatt, ADDC Poonch. Pankai Magotra, ADC Poonch, Tahir Mustafa Malik, ASP Poonch, Mohan Lal besides other administrative and police officers also took part in the vatra. They greeted the devotees and extended their wishes on the occasion, appreciat-



DC and SSP Poonch participating in celebration.

ing the communal harmony and active participation of the people in ensuring a peaceful and joyous celebra-

Marking the culmination of the Ganesh Chaturthi celebrations, a grand Shoba

Yatra was organized, drawing a large number of devotees from across the district.

The vibrant procession commenced from Shiv Temple Power House and concluded at Pulast river near S.K. Bridge Poonch,

resonating with the chants of "Ganpati Bappa Morya.' Devotees participated in large numbers, dancing and singing devotional songs, creating an atmosphere of devotion and unity.

The district administration ensured all necessary arrangements for the smooth conduct of the event including security, traffic management and cleanliness drives.

The event concluded with the immersion of Lord Ganesha idols, symbolizing the end of the ten-day festival and invoking hopes for peace, prosperity and unity

improved livelihoods.

STATE TIMES NEWS

KATRA: Shri Mata Vaishno

Devi University (SMVDU) Induction Program (SIP-2025) with an energetic inaugural session held at the university campus. The program, aimed at welcoming and orienting new students, gathered faculty members, dignitaries, and newcomers in an atmosphere of inspiration and academic enthusiasm.

The event began with a warm welcome to the guests by Dr. Shafaq Rasool, Associate Dean, Academic Affairs (Non-Engg.), followed by the National Anthem and the ceremonial Lamp Lighting & Saraswati Vandana led by the students. Prof. (Dr.) Balbir Singh, Dean of Academic Affairs, highlighted the cation and student engagement at SMVDU.

Dignitaries at a Induction Program.

Two-week Student Induction Program

2025 for new entrants begins at SMVDU

The event was meticulously planned by Dr. Bharat

importance of holistic edu-Bhushan Jindal, Associate Dean, Academic Affairs (Engineering). Dr. Shafaq A documentary showcased Rasool delivered the Vote of Thanks, extending gratitude to all dignitaries, faculty members, and students. She also expressed her sincere

Prof. Pragati Kumar, Vice-Chancellor of SMVDU, urged students to embrace discipline, innovation, and values as key to their studies. Prof. Kumar emphasized the university's role in developing responsible global citizens. The Student took Oath designed by Dr. A. P. J. Abdul Kalam, was a solemn pledge of integrity, hard work, and service to

Dir Agriculture conducts an extensive tour of Ganderbal district vegetable cultivation, the round production

STATE TIMES NEWS SRINAGAR: Director Agriculture Kashmir, Sartaj Ahmad Shah, conducted an extensive tour of Ganderbal district to review agricultural activities and engage with the farming community. The visit focused on promoting sustainable practices and strengthening agricultural initiatives, with interactions centered on apiculture, vegetable cultivation, Farmer Organizations Producer

(FPOs), and organic farming in key areas, including Patishalbugh Organic Village, Zazna Village, and Kangan.

During the tour, Shah met with farmers involved in apiculture, emphasizing the potential of beekeeping as a sustainable income source. He highlighted the department's commitment to providing technical support and quality assurance for apiculture products to access broader markets. In the realm of Director interacted with farmers to promote crop diversification and modern farming techniques. He reviewed ongoing initiatives under $_{
m the}$ Agriculture Program (HADP), encourag-

yield, climate-resilient veg-

etable varieties. He assured

the provision of quality seeds,

poly houses, and technical

guidance to ensure year-

He also engaged with Farmer Holistic Development ing farmers to adopt high-

Producer Organizations (FPOs) in Ganderbal, discussing their role in collective marketing, resource sharing, and value addition. He emphasized the department's support in strengthening FPOs through training, infrastructure, and market linkages to enhance their operational efficiency and economic impact.

the university's achievements, facilities, and vision. Deans and Heads then shared the ethos and opportunities, welcoming new stu-The inaugural address by

appreciation to the entire organising team of the Student Induction Program, the Academic Affairs section, and the Universal Values Human SMVDU The event concluded with the National Anthem, motivating and inspiring the gathering. The Student

Induction Program will continue till September 15, 2025, featuring interactive sessions and activities aimed at fostering the students' academic readiness, cultural integration, and personal growth.

Samyal, ADC Rakesh Kumar, ACR Nitin Verma, XEN Jal Shakti and other concerned officers. The SDMs joined the Nutrilite by Amway

trusted by NFSU

STATE TIMES NEWS

towards enhancing trust in sports nutrition, Amway India announced that five key products from its flagship Nutrilite brand received the NFSU-NSTS Trusted Certification under the Trusted Certification Program by the National Forensic Sciences University (NFSU), Gujarat.

The certification reinforces the safety and authenticity

substances.

tion elevates Amway's credisports nutrition segment. The Centre of Excellence National Testing for Sportspersons (CoE-NSTS) at NFSU, a

cy, and compliance.